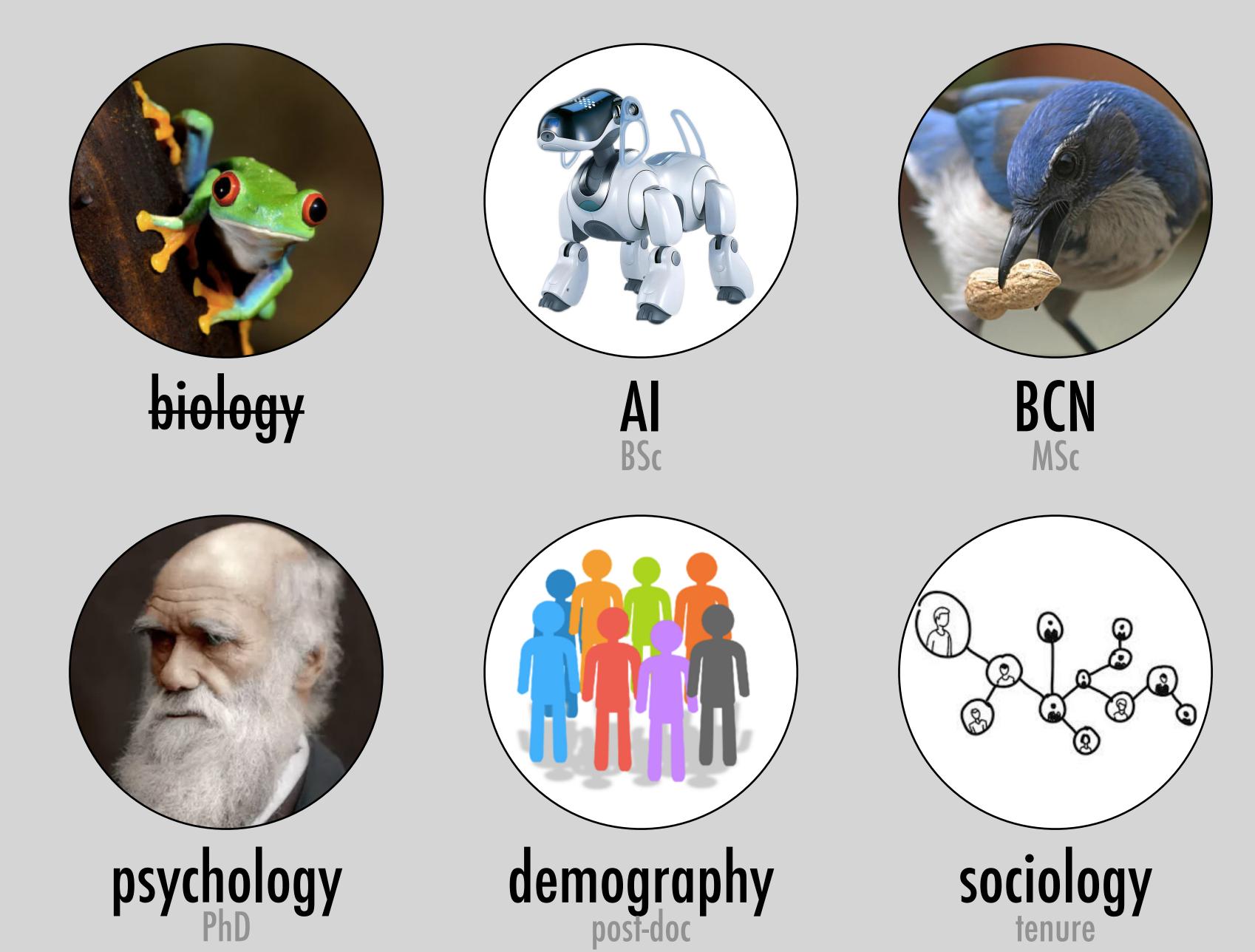


My Perspective

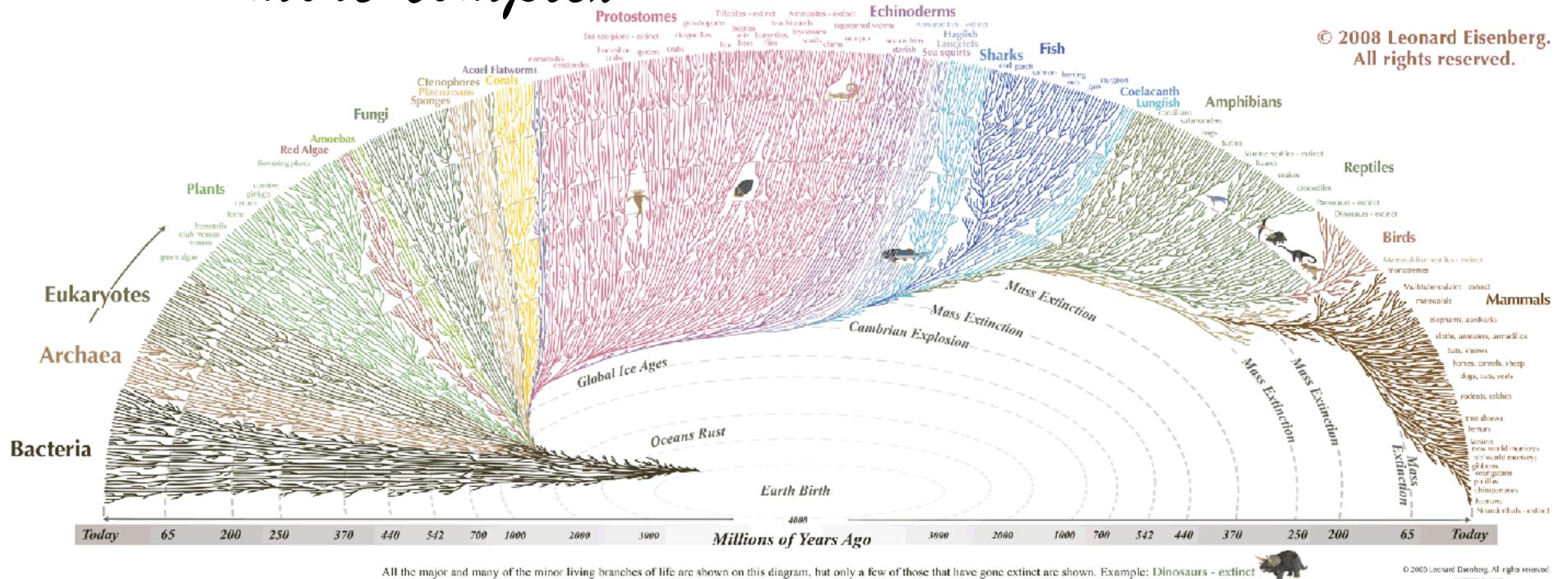


I think

I think
it's slightly
more complex

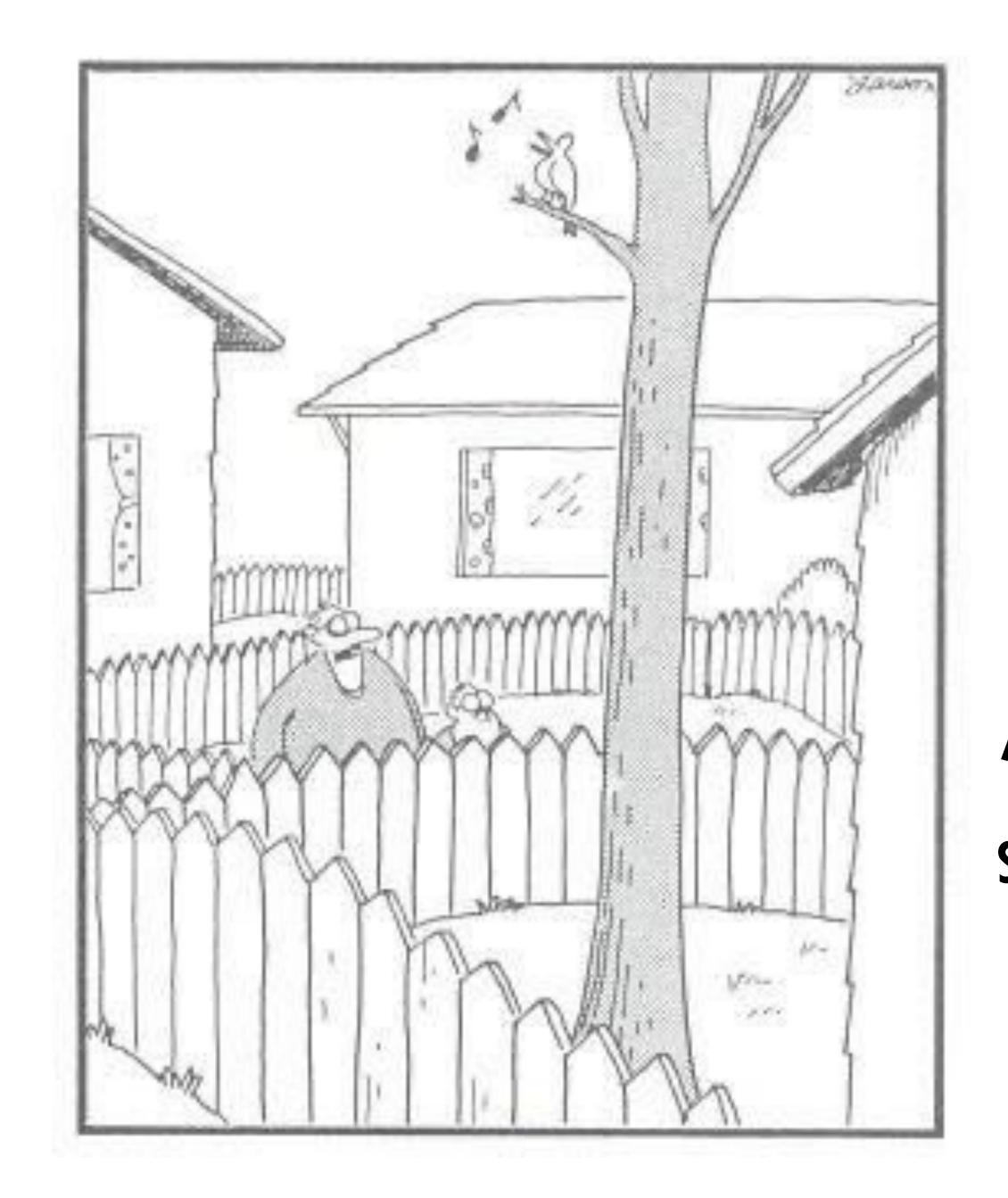


evagenear.com









"and now, Randy, by use of song, the male sparrow will stake out his territory... an instinct common in the lower animals

Is this haunting picture proof that chimps really do grieve?



Is this haunting picture proof that pears really do grieve?



This Talk

PART I: The Evolved Human Life History

PART II: Searching for trade-offs

PART III: The usefulness of LHT within species

PART IV: Evolutionary Perspectives on Human Behaviour

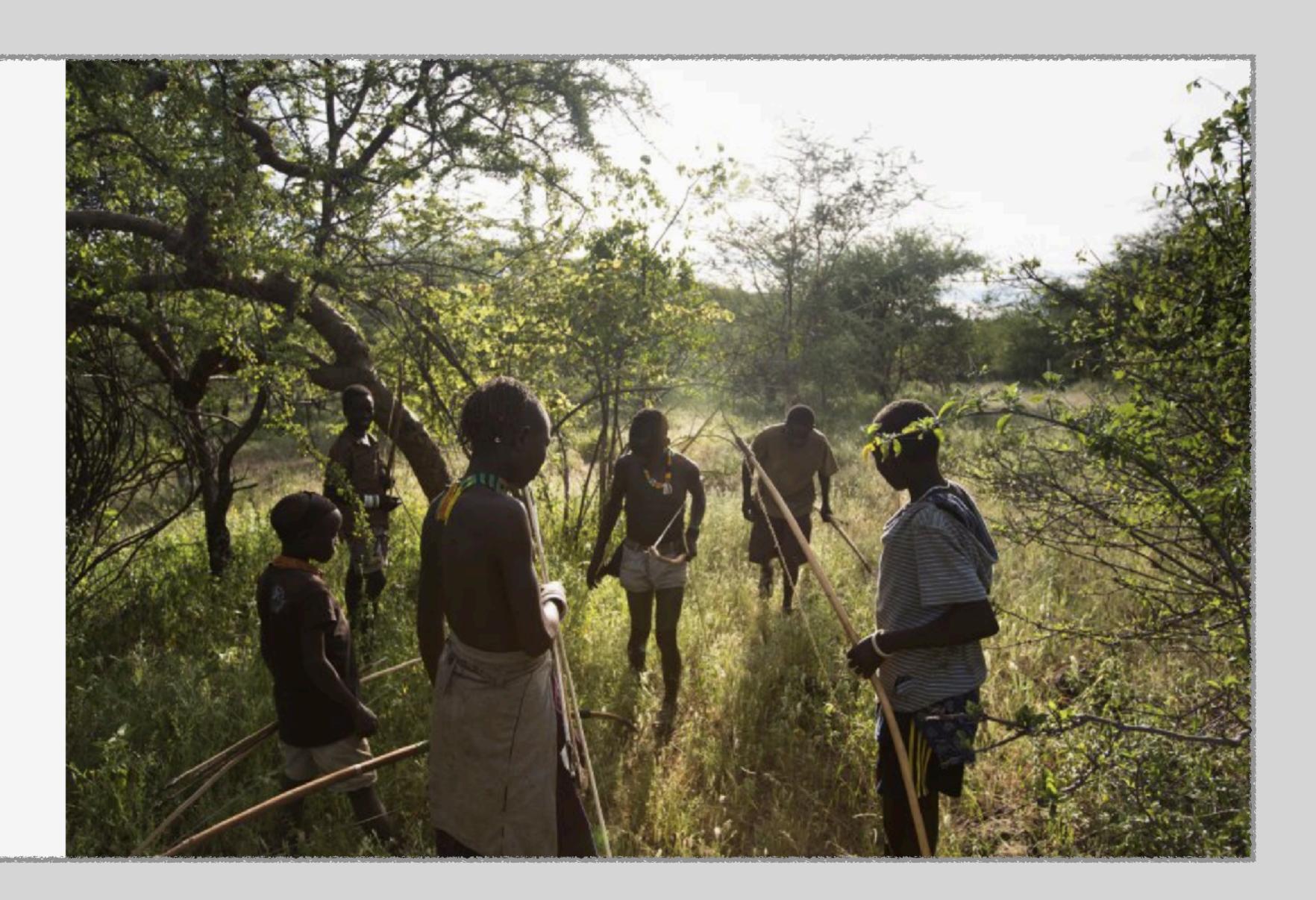
PART I: THE EVOLVED HUMAN LIFE HISTORY

IMAGE

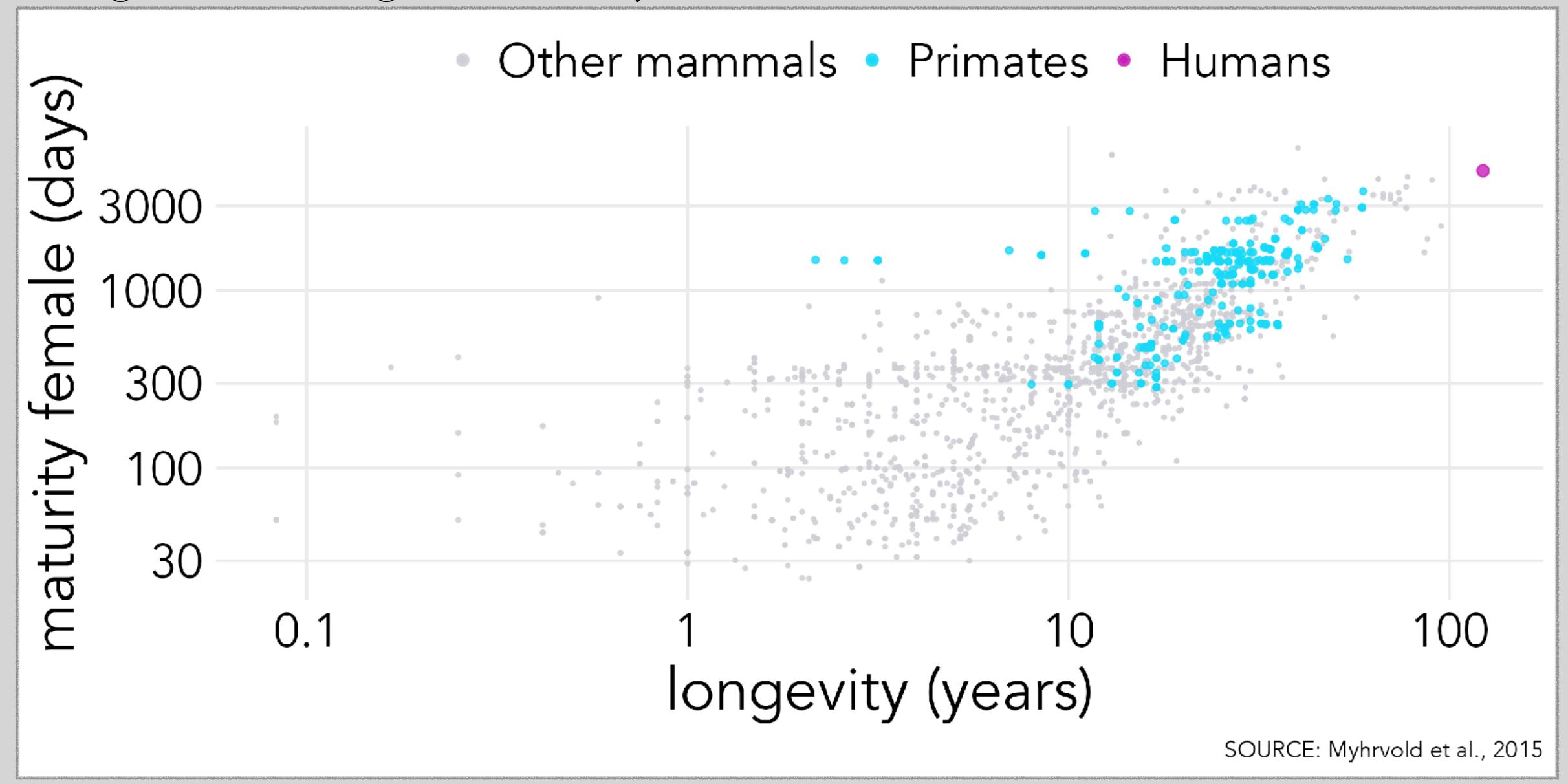
Hunting for Game

The Hadza people of Tanzania rely on hunting wild game for meat, a task that requires great skill in tracking, teamwork, and accuracy with a bow and arrow.

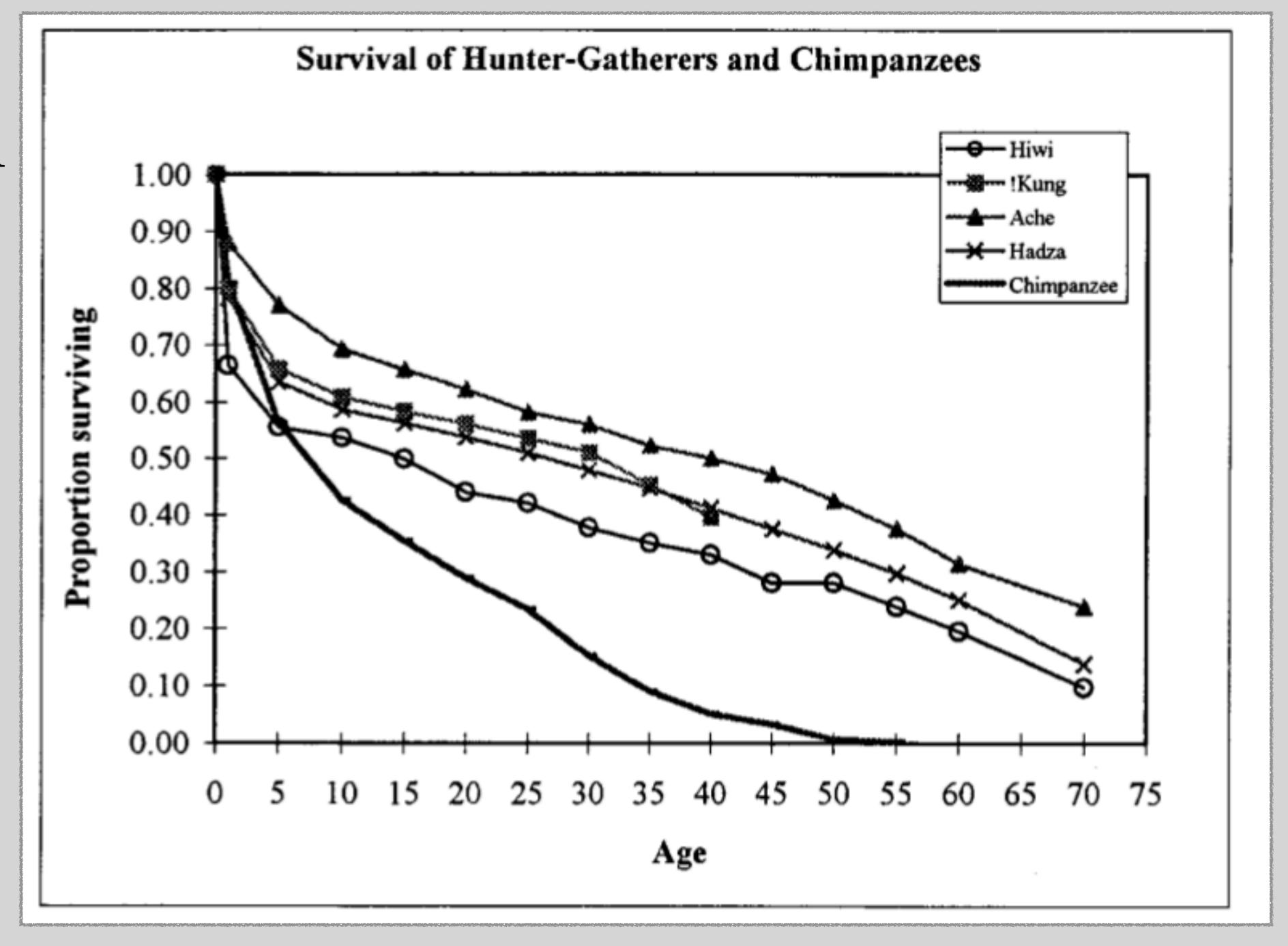
PHOTOGRAPH BY MATTHIEU PALEY



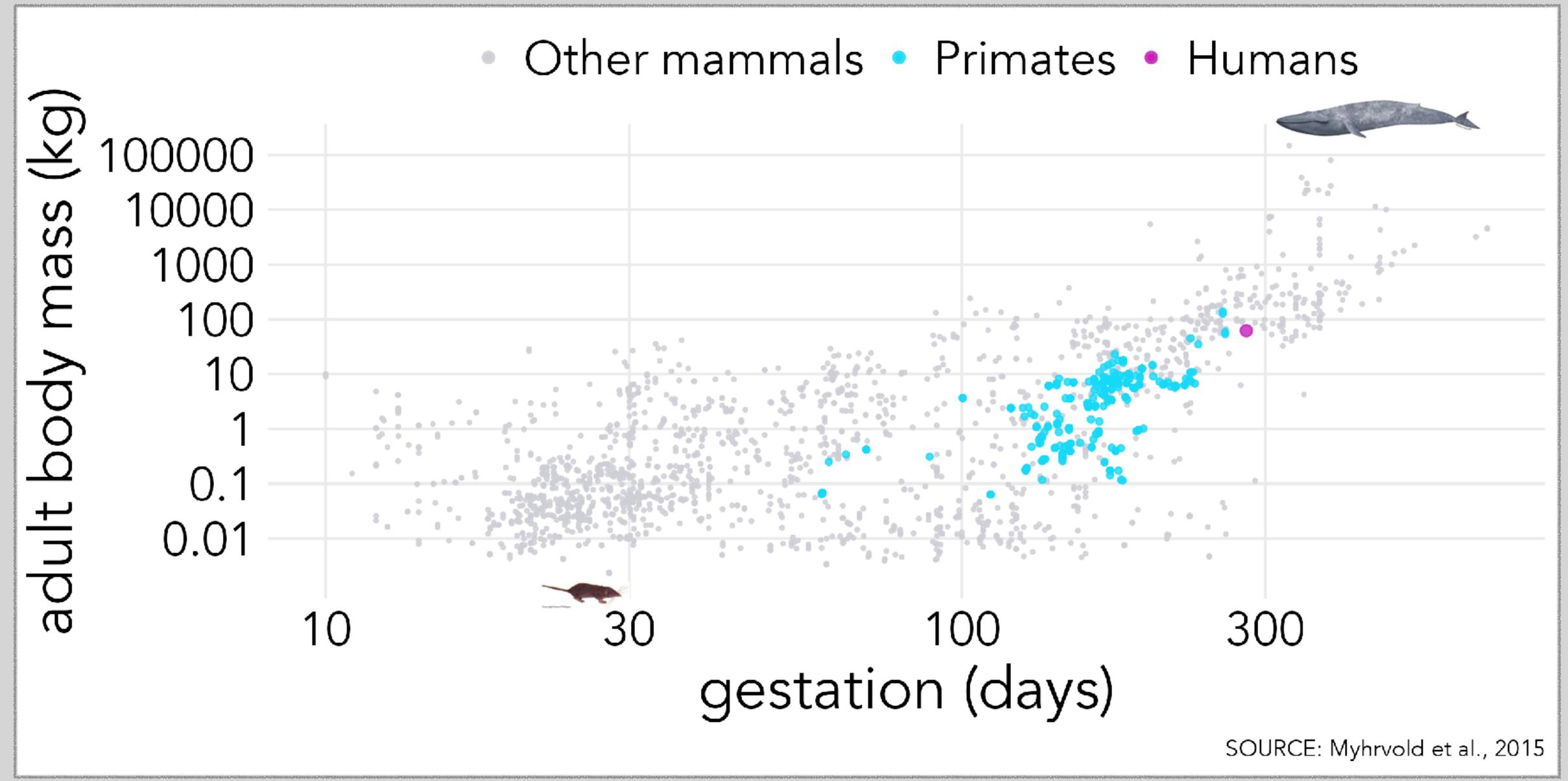
Long-lived, late age at maturity



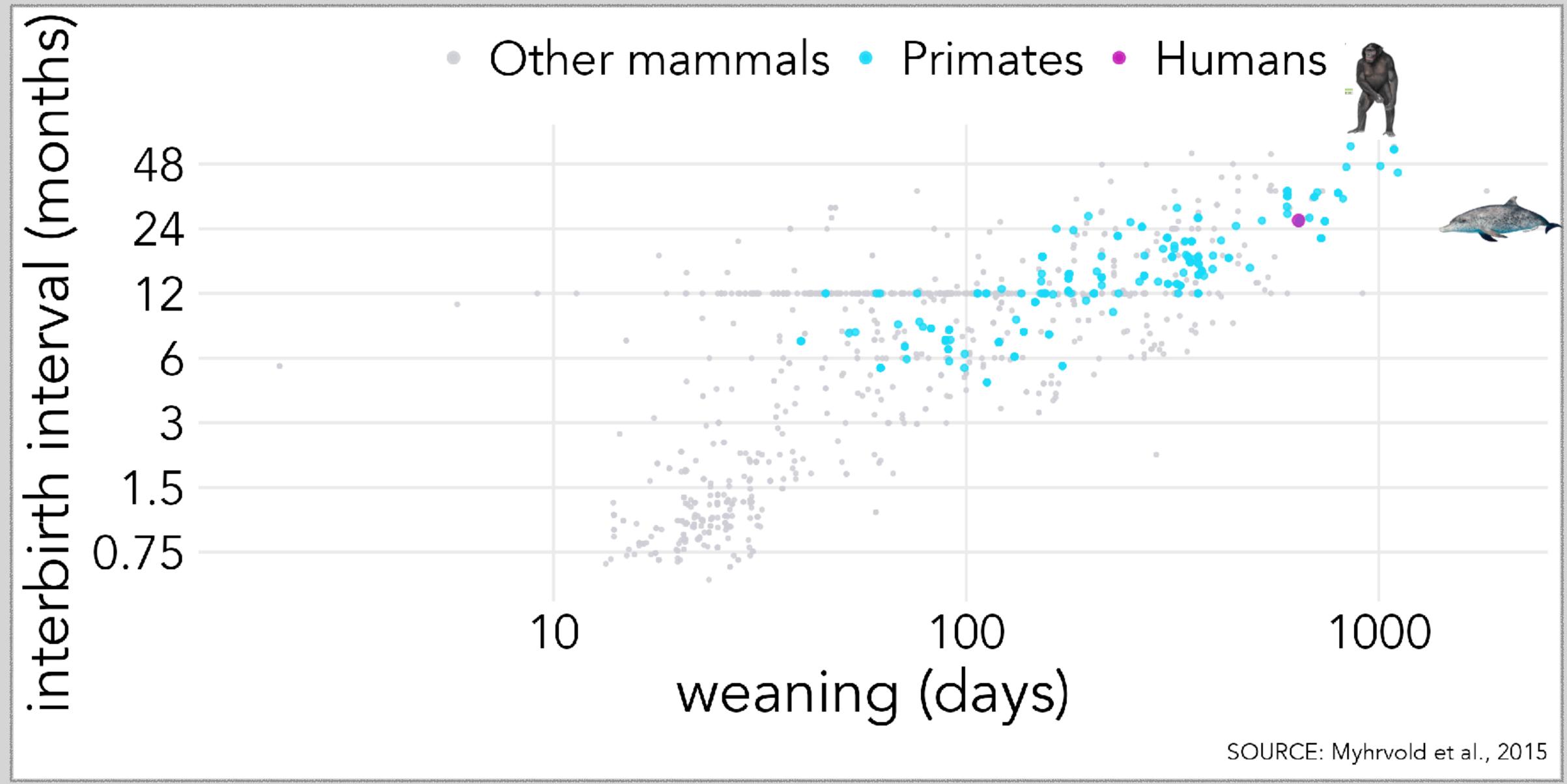
Long Lifespan



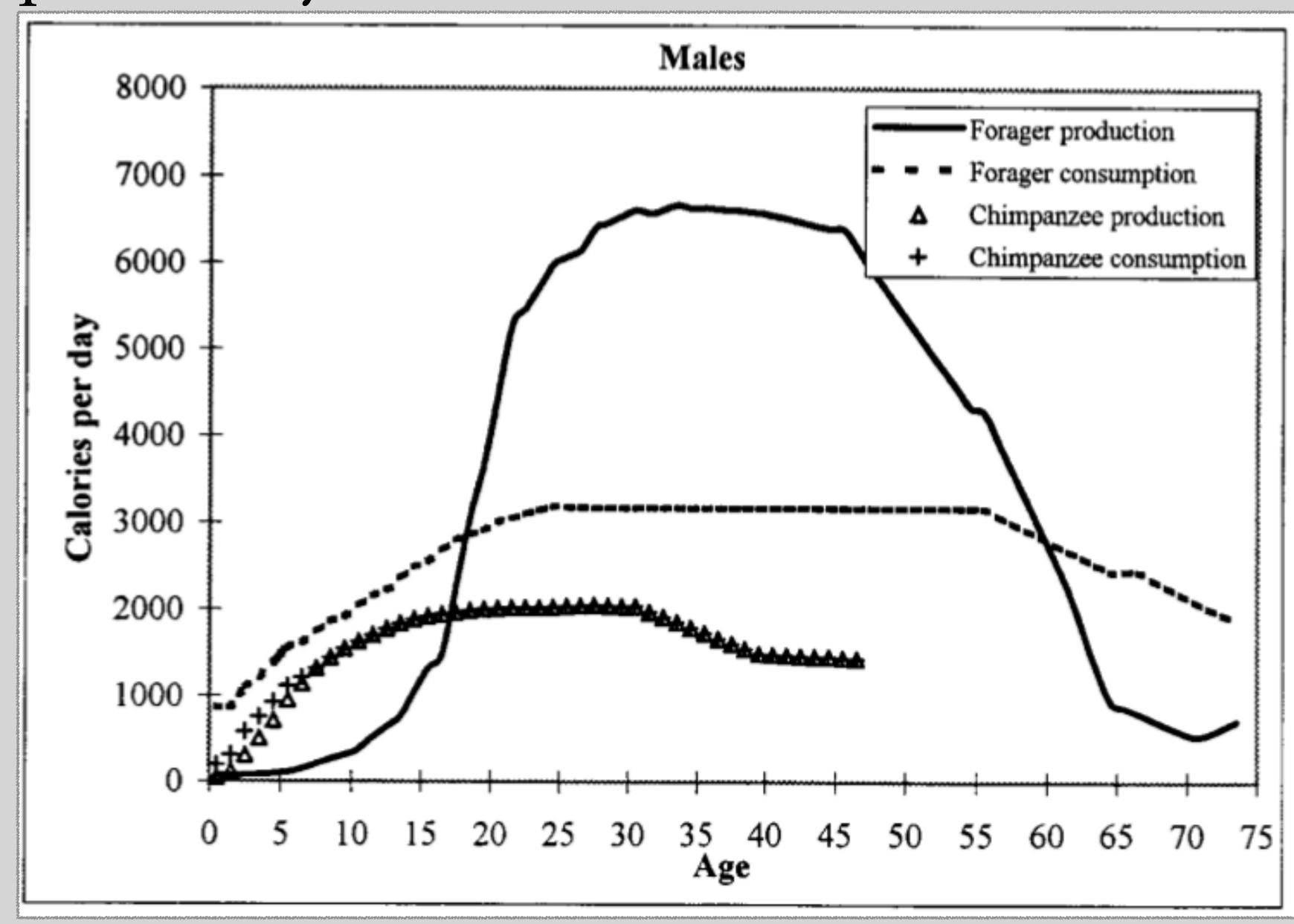
Relatively long gestation and large body size (particularly among primates)



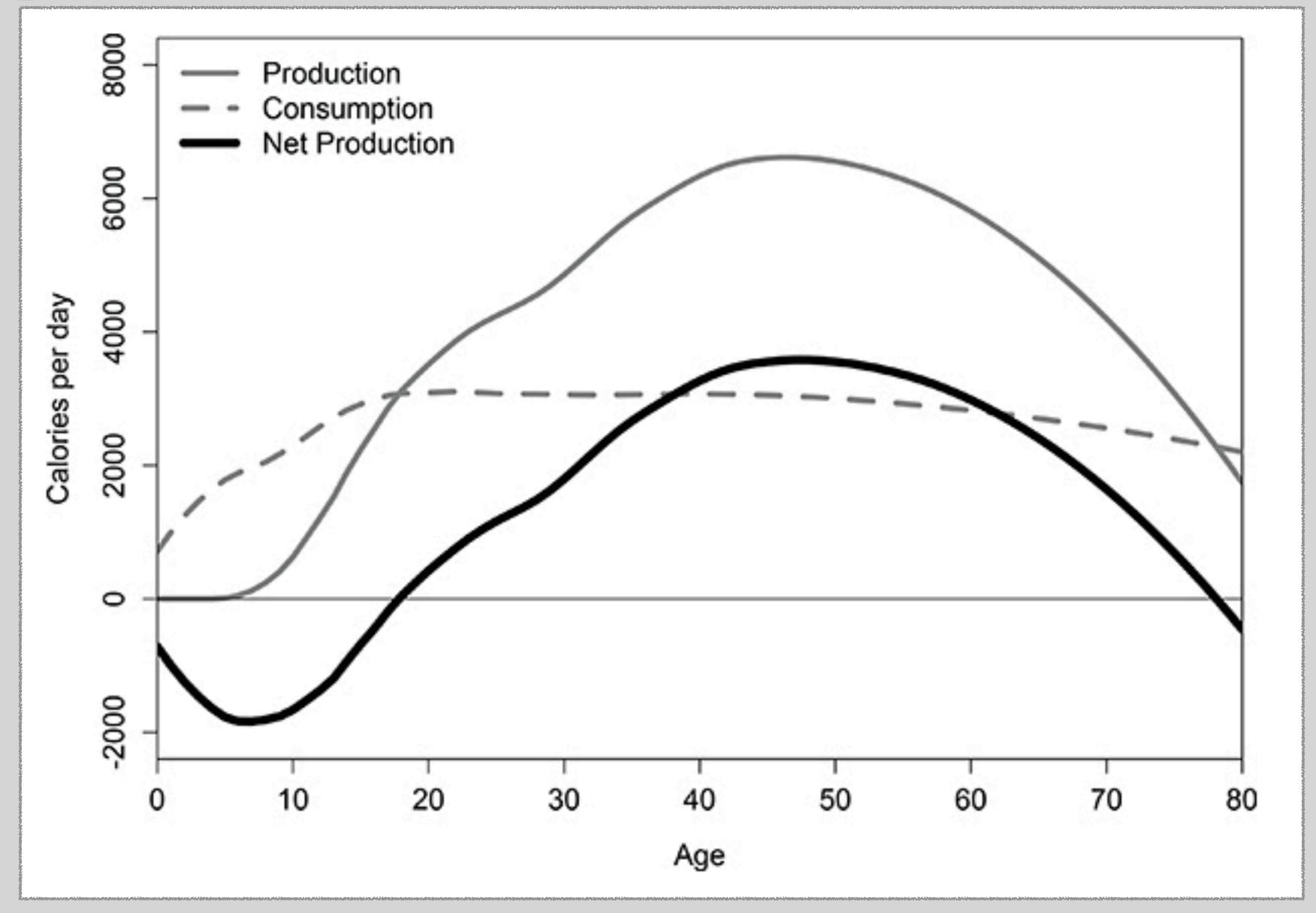
Late age at weaning, high interbirth interval (but not for a primate)



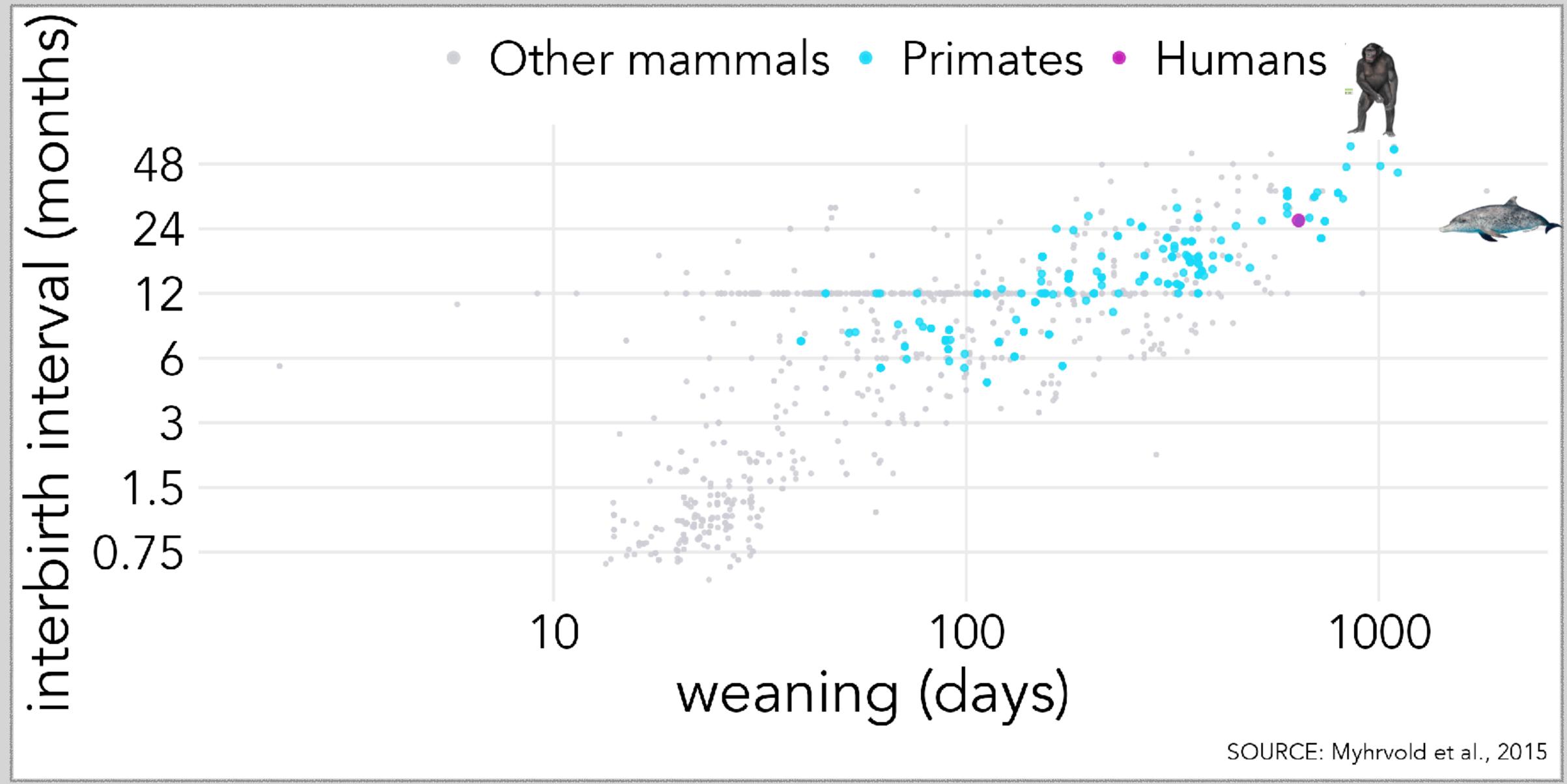
Long Dependency



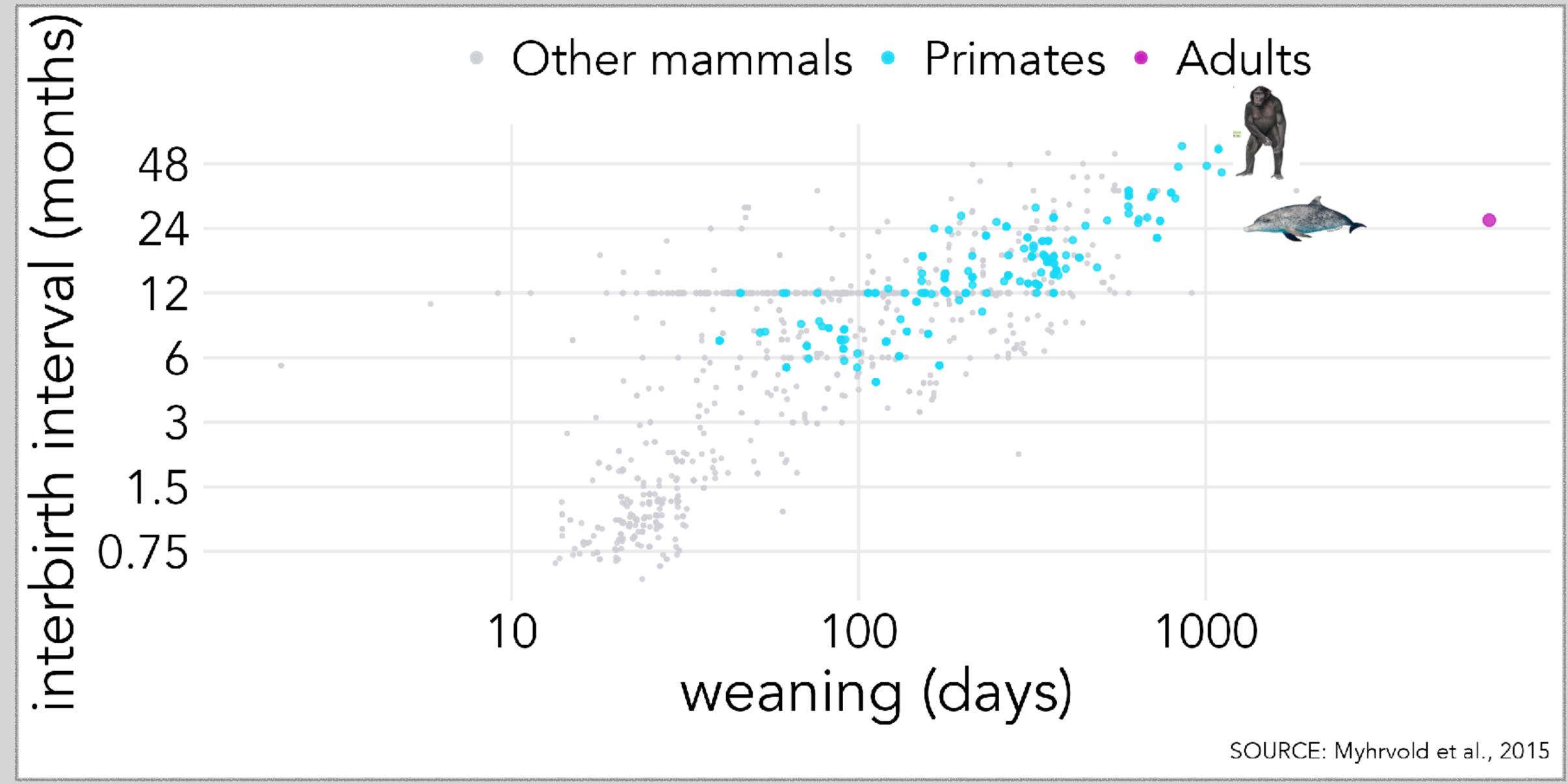
Long Dependency



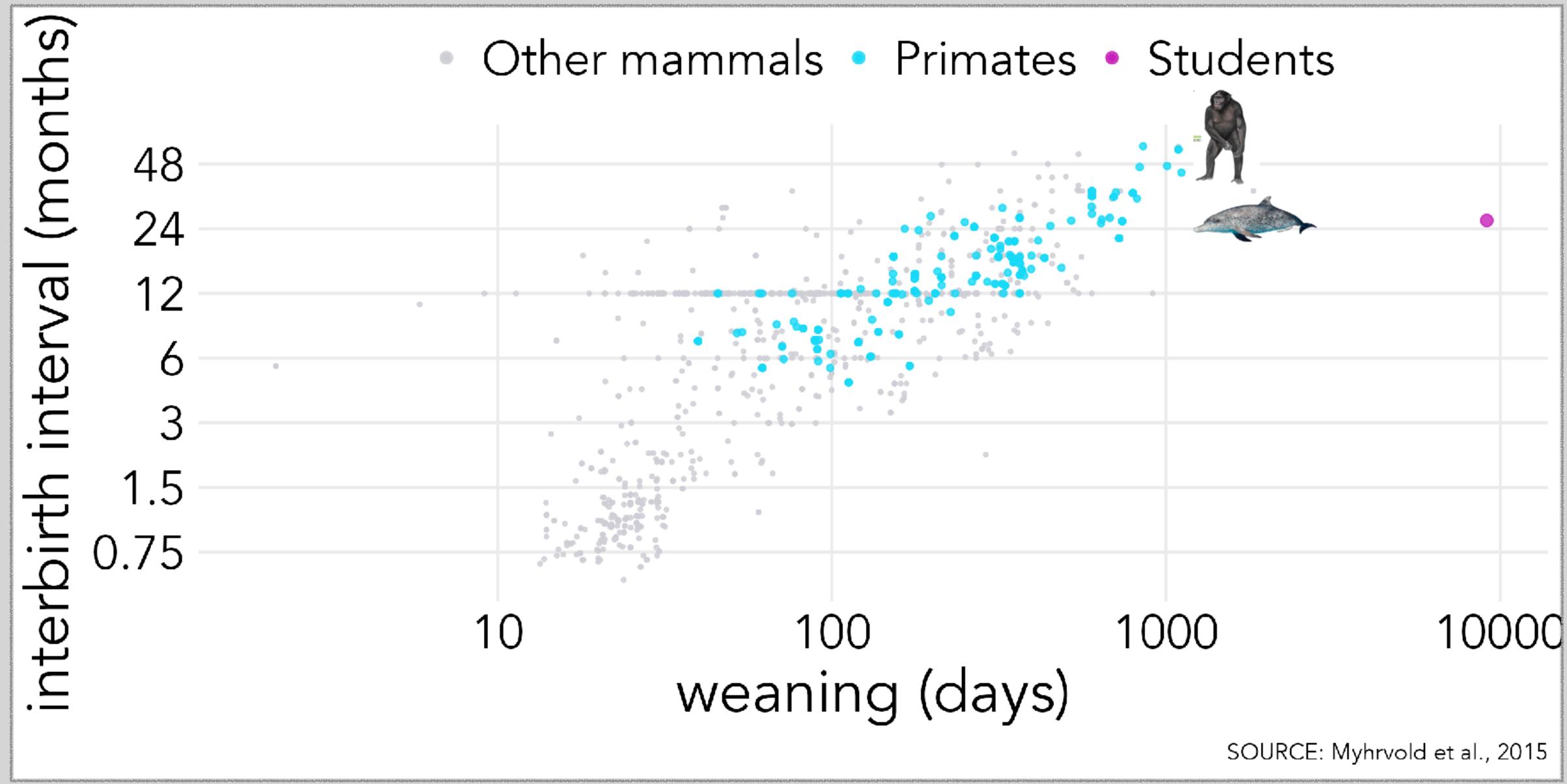
Late age at weaning, high interbirth interval (but not for a primate)



Late age at weaning, high interbirth interval (but not for a primate)

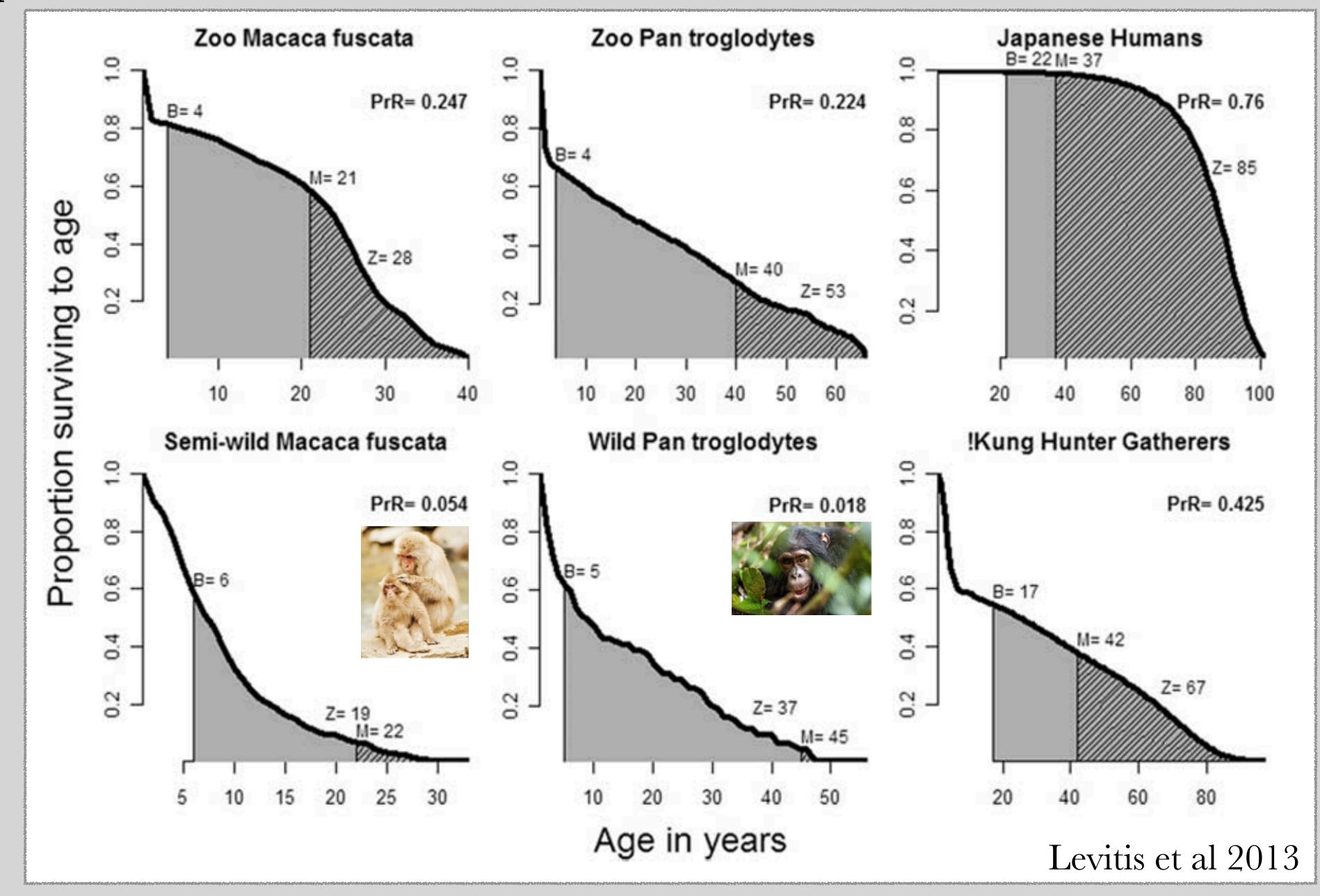


Late age at weaning, high interbirth interval (but not for a primate)



Postreproductive

phase



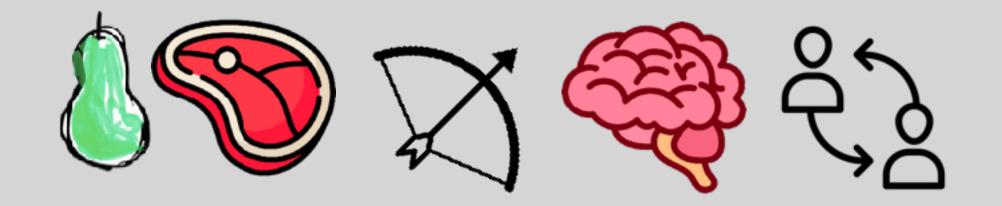
Human Peculiarities

- 1. Exceptionally long lifespan
- 2. Extended period of juvenile dependence
- 3. Long postreproductive periods

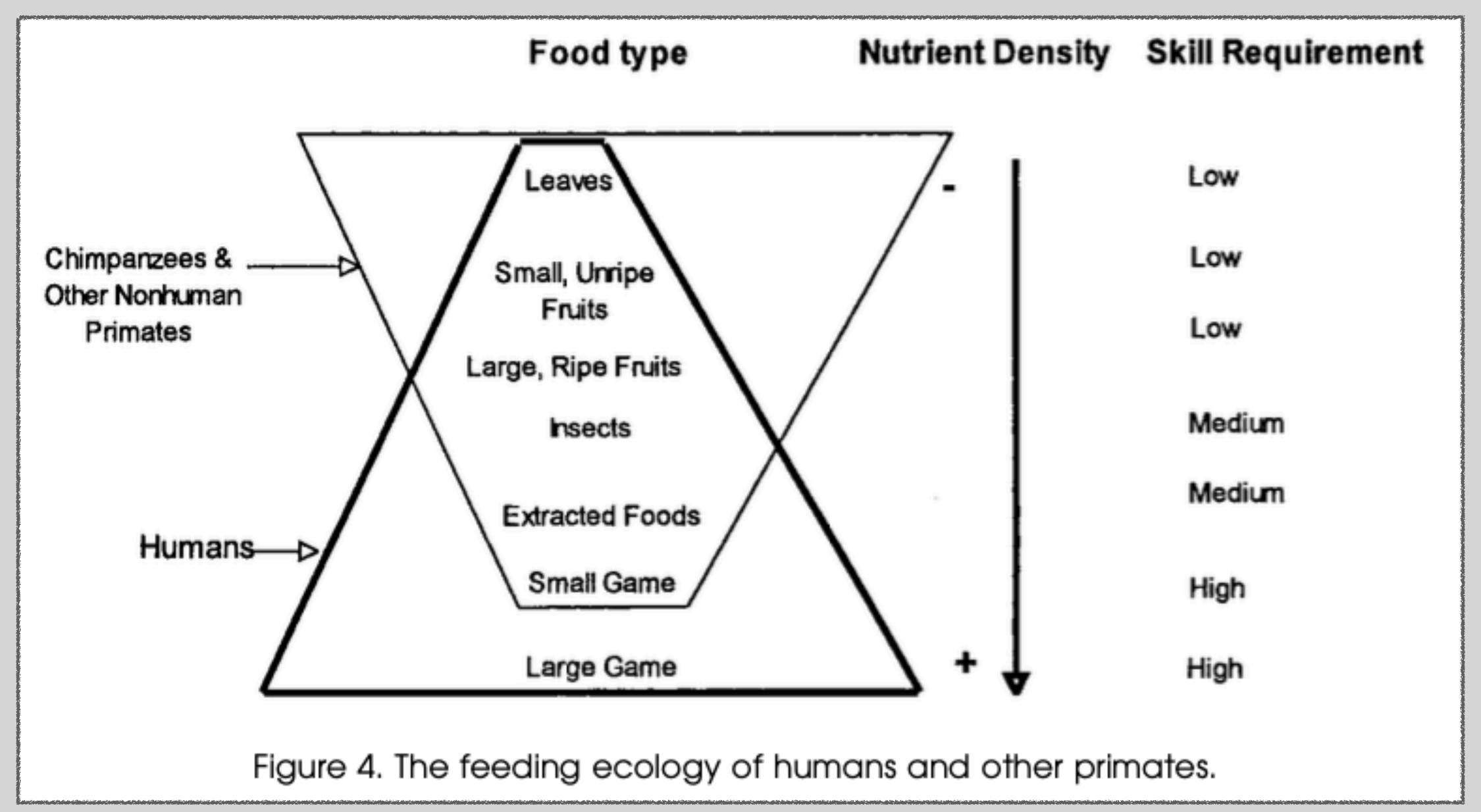
How did we evolve like this?

Why do we have such a high fertility rate, despite major investments in soma and offspring?

Where did we get the energy from?



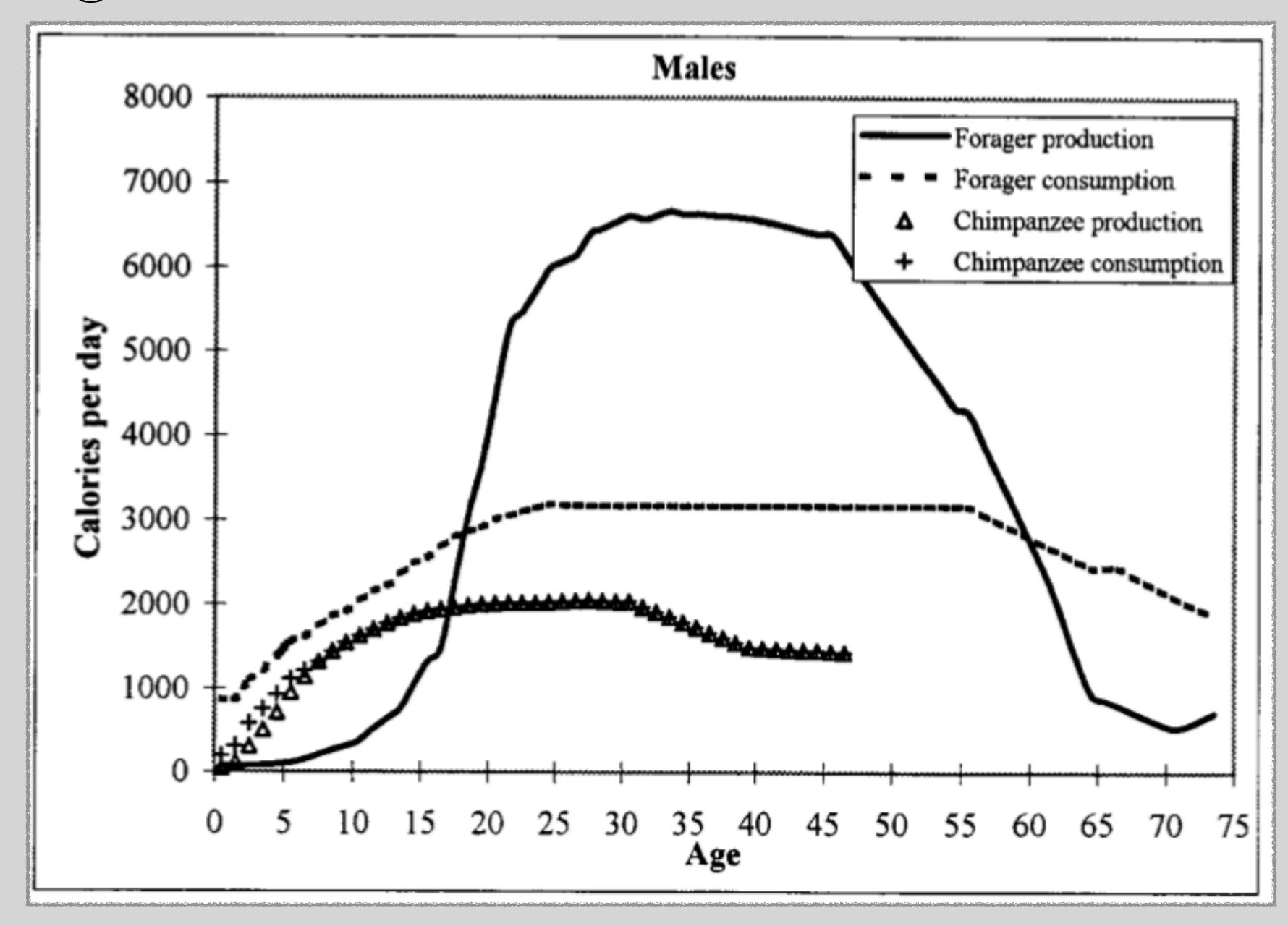
Energy through Food



Energy through Food

Chimpanzee per capita meat intake is estimated at about 10 to 40 g per day, while human meat intake ranges from about 270 to 1,400 g per person per day

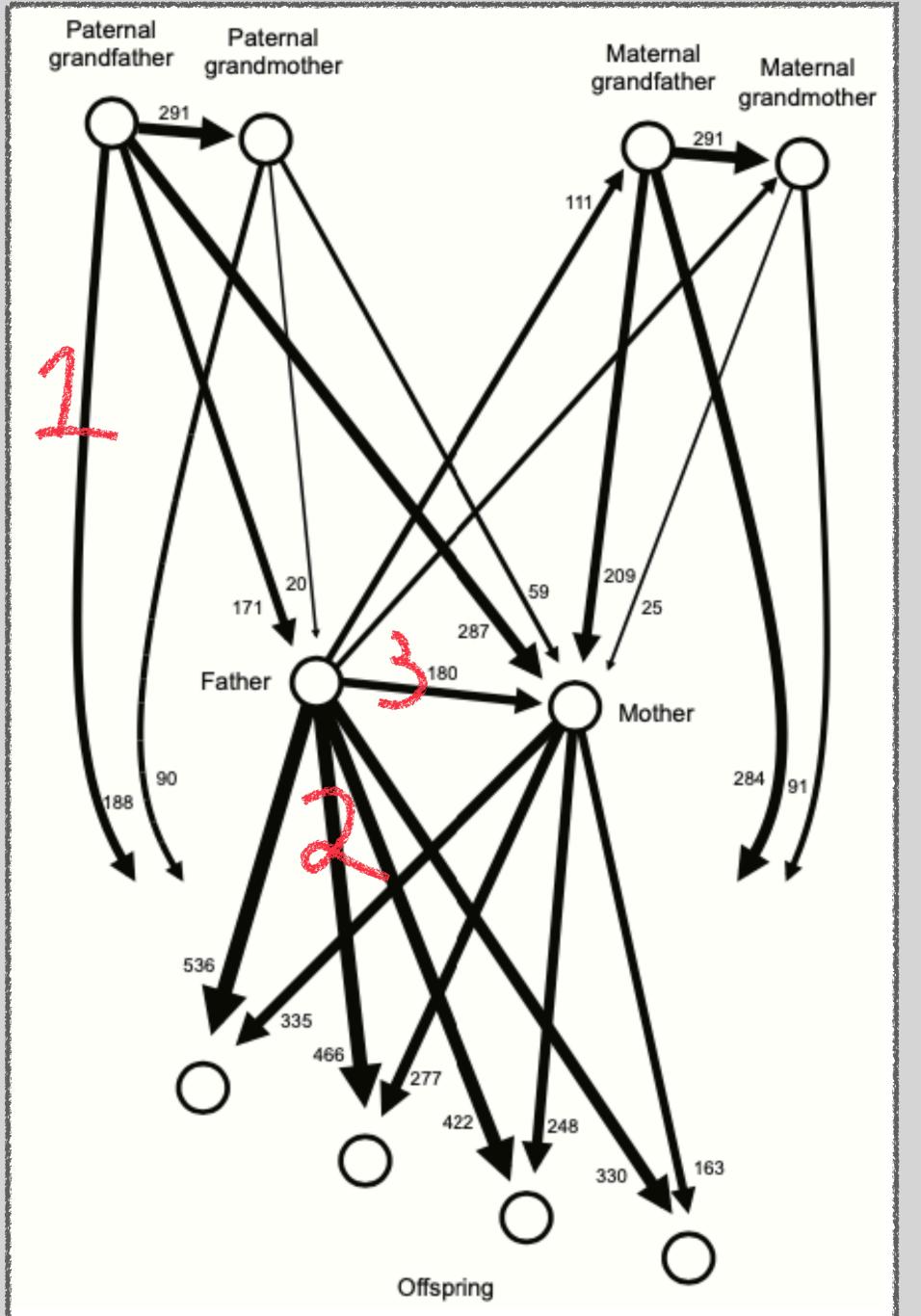
Developing Skills



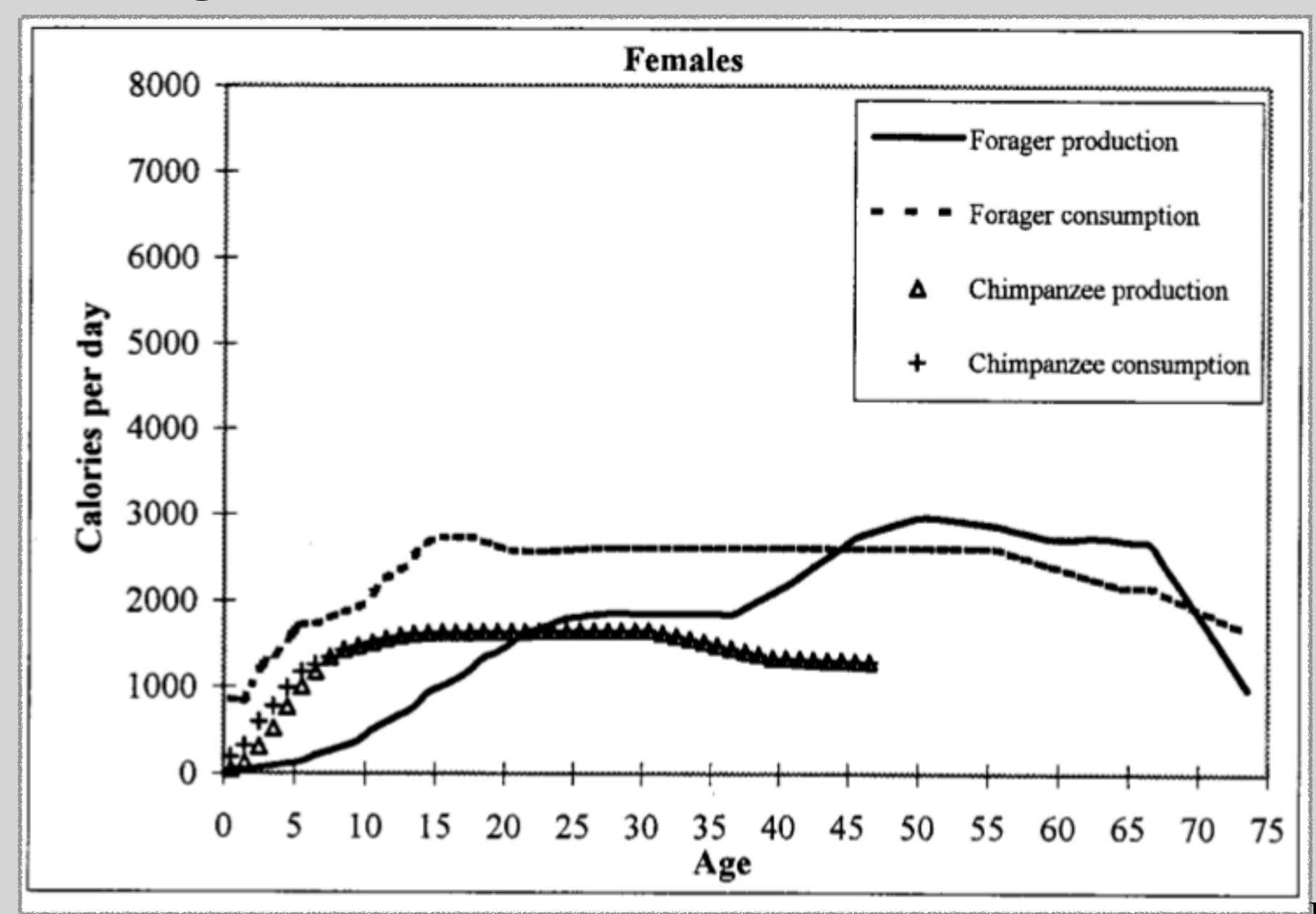
Kaplan et al 2000

Energy through Transfers

- 1. Intergenerational transfers
- 2. Male parental investment
- 3. Investment in partner
- 4. Reciprocity transfers

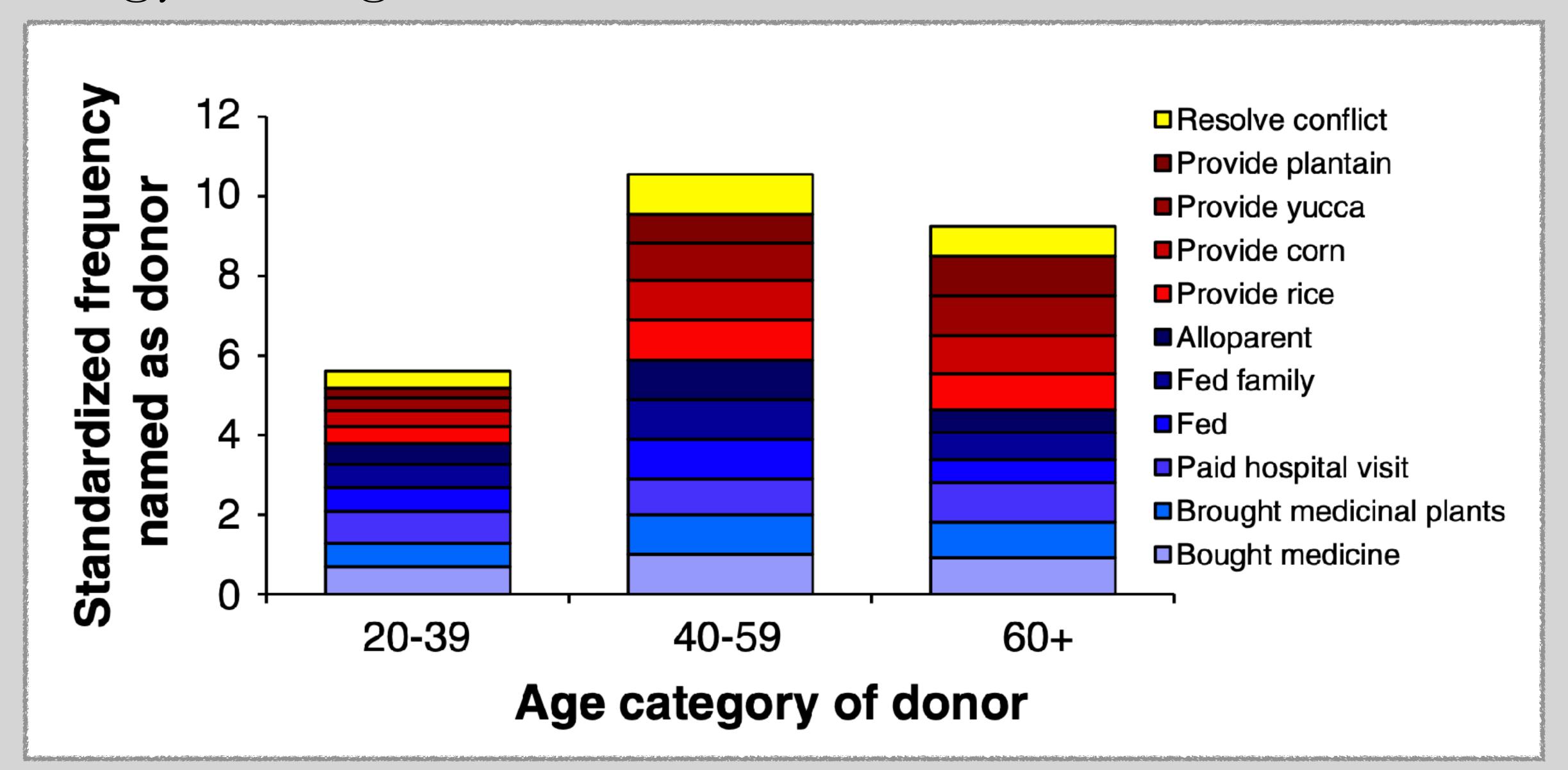


Energy through Transfers

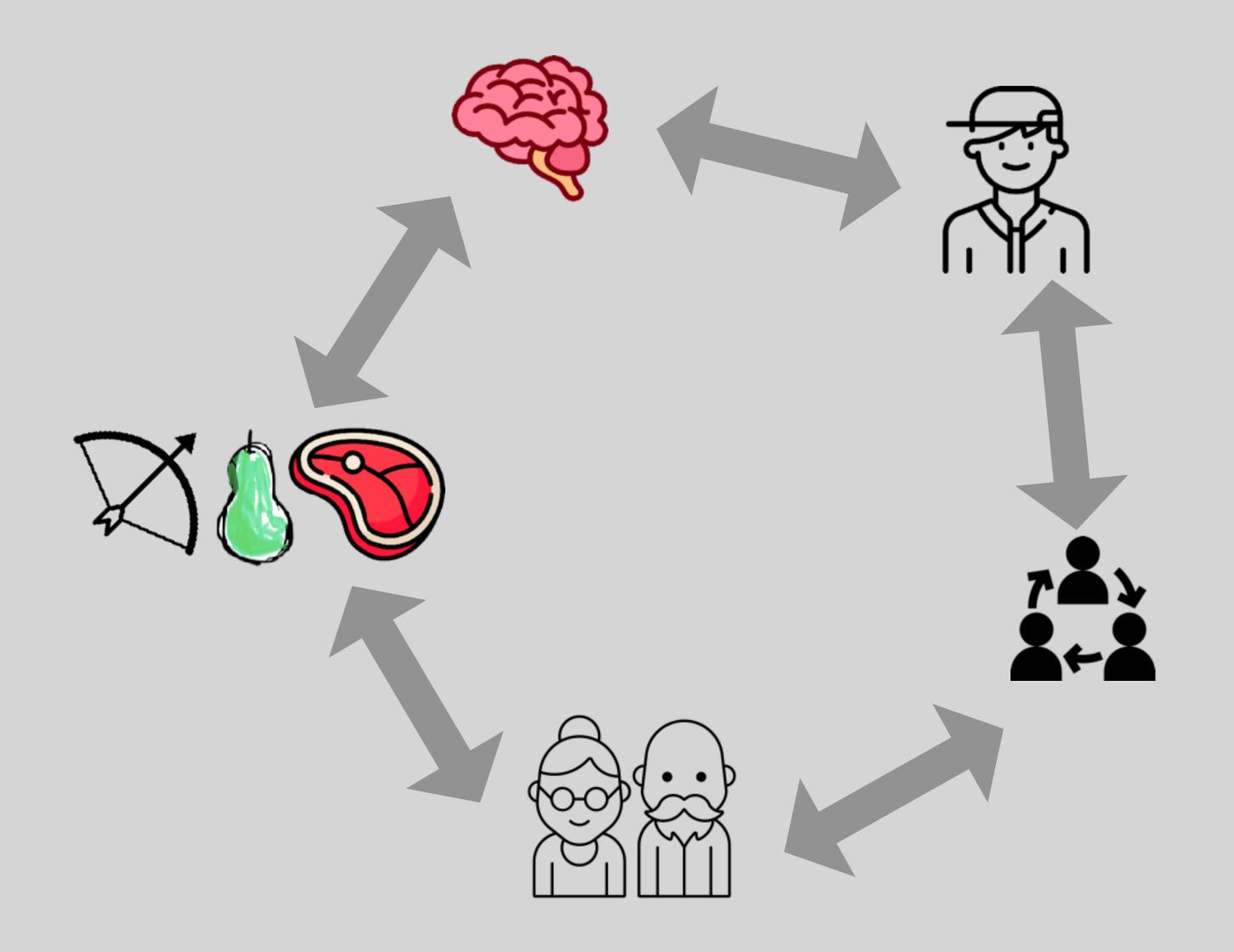


Kaplan et al 2000

Energy through Transfers



Co-evolution of Traits



Key Points

Humans have:

- 1. Exceptionally long lifespan
- 2. Extended period of juvenile dependence
- 3. Long postreproductive periods

Made possible through:

- 1. (Intergenerational) resource transfers
- 2. Nutrient-rich diets from difficult to acquire foods
- 3. Paternal investment

This Talk

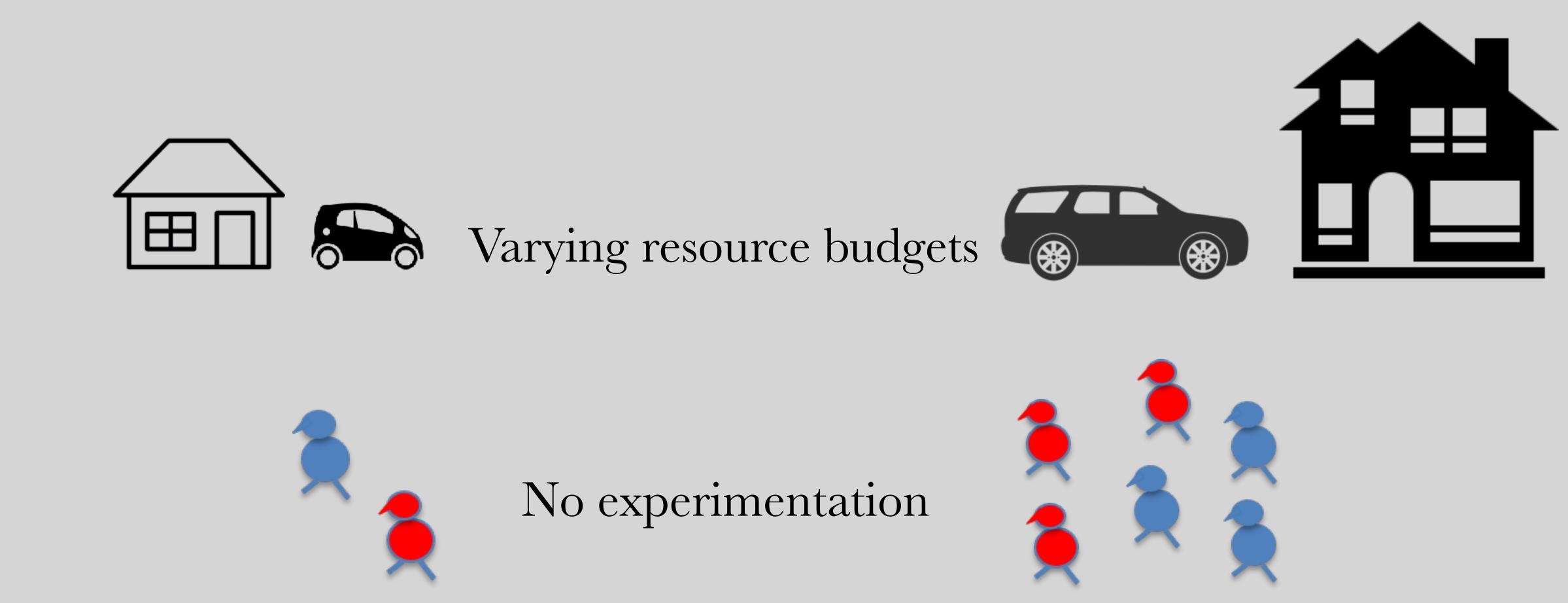
PART I: The Evolved Human Life History

PART II: Searching for trade-offs

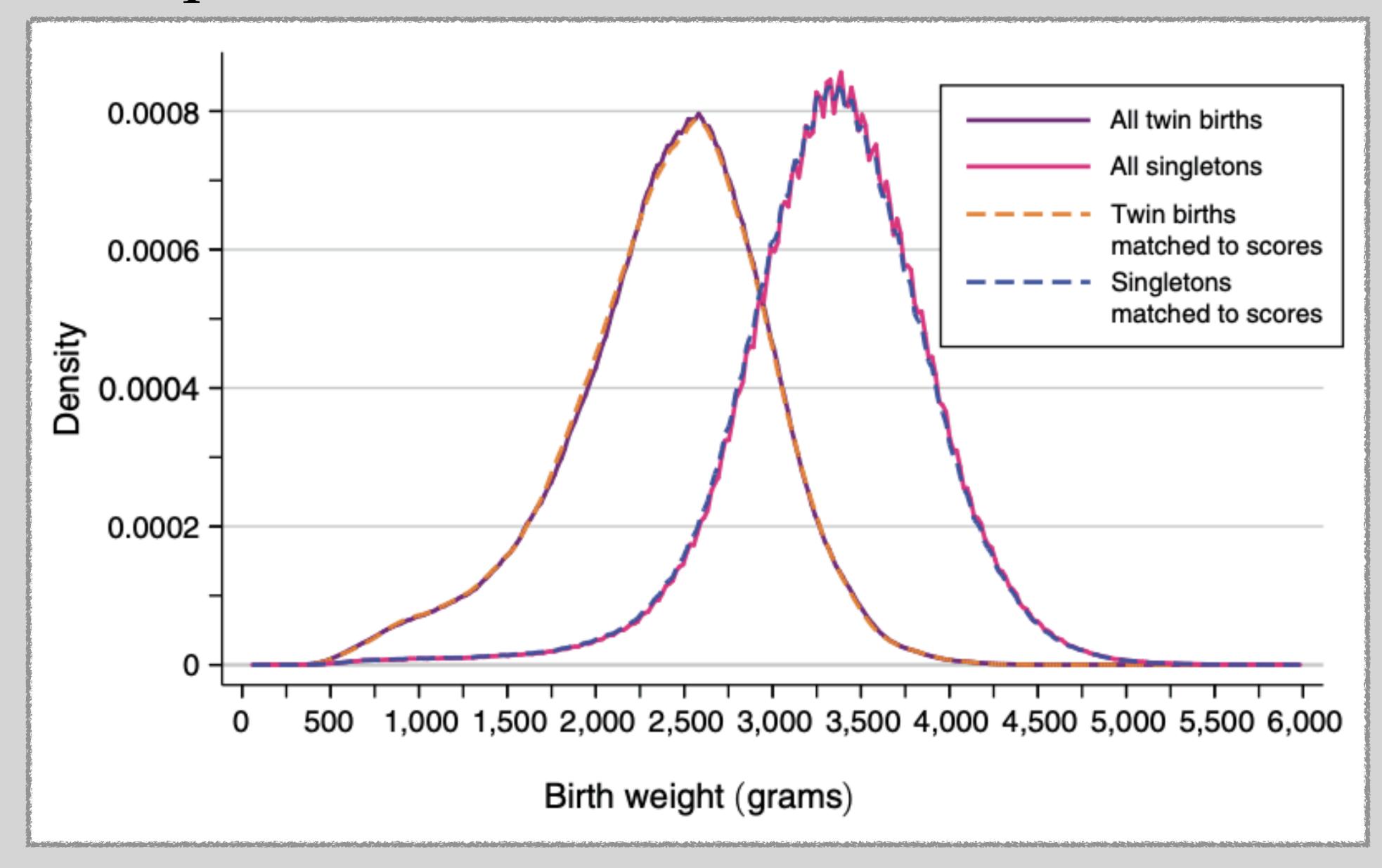
PART III: The usefulness of LHT within species

PART IV: Evolutionary Perspectives on Human Behaviour

PART II: Searching for trade-offs



Costs of Reproduction



Costs of Reproduction

Accelerated immunosenescence in preindustrial twin mothers

Samuli Helle*†, Virpi Lummaa‡, and Jukka Jokela§

*Section of Ecology, Department of Biology, University of Turku, FIN-20014, Turku, Finland; "Department of Animal and Plant Sciences, University of Sheffield, Sheffield S10 2TN, United Kingdom; and Department of Biology, University of Oulu, POB 3000, FIN-90014, Oulu, Finland

Edited by Kenneth W. Wachter, University of California, Berkeley, CA, and approved July 1, 2004 (received for review March 30, 2004)

Life-history theory predicts a tradeoff between reproductive effort and lifespan. It has been suggested that this tradeoff is a result of reproductive costs accelerating senescence of the immune system, leading to earlier death. Longevity costs of reproduction are suggested for some human populations, but whether high reproductive effort leads to impaired immune function is unknown. We examined how reproductive effort affected postreproductive survival and the probability of dying of an infectious disease in women born in preindustrial Finland between 1702 and 1859. We found that mothers delivering twins had reduced postreproductive survival after age 65. This effect arose because mothers of twins had a higher probability of succumbing to an infectious disease (mainly tuberculosis) than mothers delivering singletons. The risk among mothers of twins of dying of an infectious disease was further elevated if mothers had started reproducing early. In contrast, neither female postreproductive survival nor the risk of succumbing to an infectious disease was influenced by the total number of offspring produced. Our results provide evidence of a long-term survival cost of twinning in humans and indicate that the mechanism mediating this cost might have been accelerated

nmune function | cost of reproduction | longevity

immunosenescence and high reproductive effort has not been

The most significant ways in which females can increase their reproductive effort is through giving birth to many offspring and through delivery of multiples, usually twins. That twin deliveries may also pose an elevated cost to mothers is supported by the findings that, after twin births, mothers have longer birth intervals to subsequent deliveries and are more likely to terminate reproduction completely (especially after male-male twins) (25). Although twin births are known to increase the risk of maternal mortality at childbirth (26, 27), their long-term consequences on female survival are unclear.

Here, we aim to test the hypothesis that increased reproductive effort expressed as high total number of offspring born and twin deliveries leads to reduced female postreproductive survival through accelerated immunosenescence in humans. To test this prediction, we first compare the postreproductive survival of 18th- and 19th-century Finnish women who produced at least one set of twins versus those who produced only singletons. We also investigate whether the number of offspring born was related to female long-term survival, controlling for other measures of maternal reproductive effort (i.e., ages at first and last reproduction) and potentially confounding effects of amongindividual variation in wealth, as well as temporal and spatial variation in the associations studied. Second, we examine

We found that mothers delivering twins had reduced postreproductive survival after age 65. This effect arose because mothers of twins had a higher probability of succumbing to an infectious disease (mainly tuberculosis) than mothers delivering singletons.



AMERICAN JOURNAL OF PHYSICAL ANTHROPOLOGY 132:632-641 (2007)

The Impact of Reproduction on Gambian Women: **Does Controlling for Phenotypic Quality Reveal Costs of Reproduction?**

Rebecca Sear*

Department of Social Policy, London School of Economics, London, UK

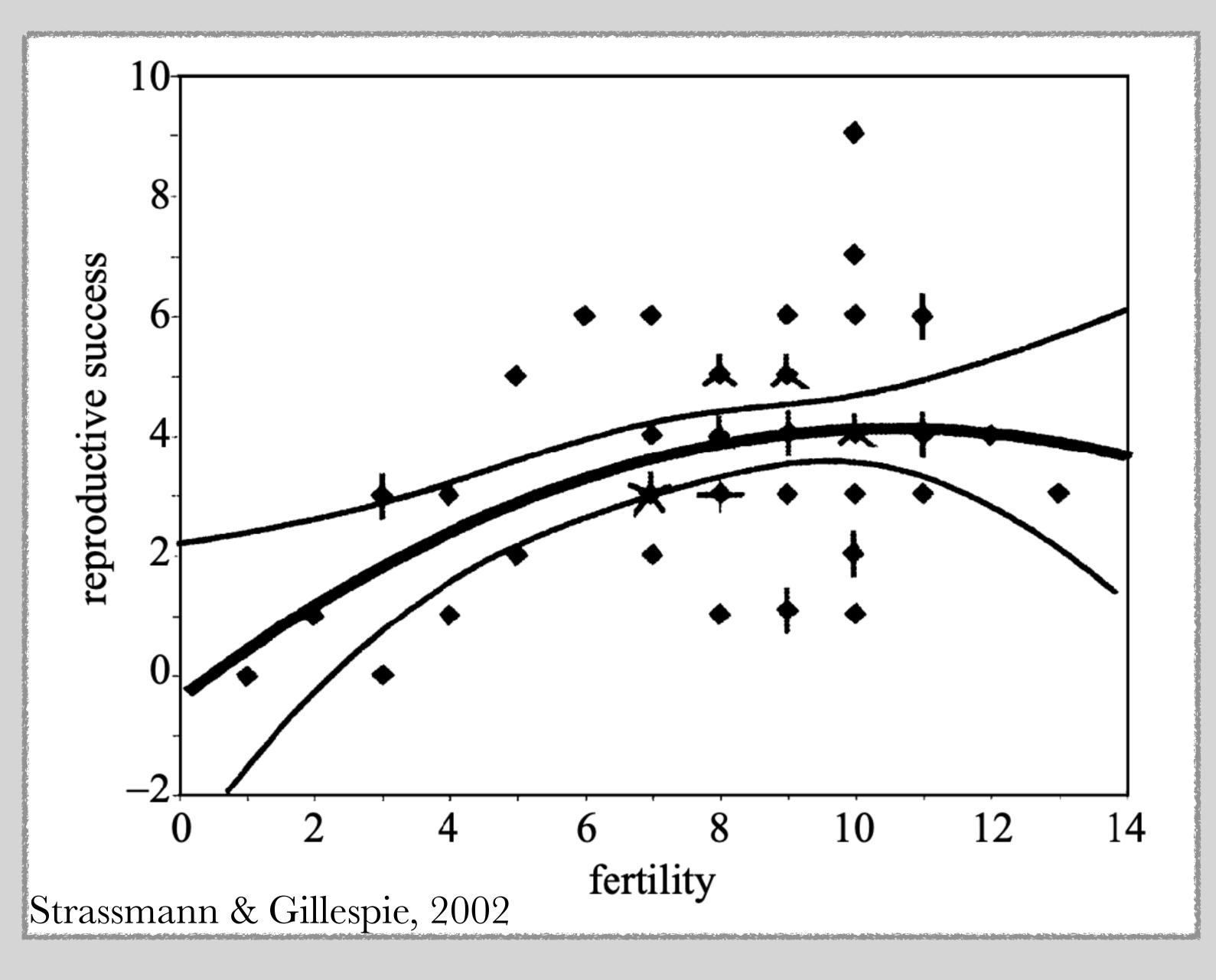
KEY WORDS life history; mortality; sub-Saharan Africa

ABSTRACT Life history theory predicts that where re-reproduction is that women who have given birth to twins sources are limited, investment in reproduction will cause a decline in body condition and ultimately may lower survival rates. We investigate the relationship between reproduction and mortality in women in rural Gambia. We use a number of different measures of reproductive investment: the timing of reproduction, intensity of reproduction, and cumulative reproductive investment (parity). Though giving birth is clearly a risk factor for increased mortality, we find limited evidence that the timing, intensity, or cumulative effects of reproduction have a survival cost. Instead, there is some evidence that women who ing with health in our models (height, BMI, and hemoglohave invested heavily in reproduction have higher sur- bin). Even when controlling for health, the positive correvival than women with lower reproductive investment: lation between investment in reproduction and survival both high parity and late age at last reproduction are assoremains unchanged. Am J Phys Anthropol 132:632-641, nated with high survival. The only evidence for any cost of 2007. 02007 Wiley-Liss, Inc.

(considered a marker of heavy investment in reproduction) have higher mortality rates than other women, after the age of 50 years. A potential confounding factor may be dif-ferences in health between women: particularly healthy women may be able to invest substantially in both reproduction and their own survival, leading to the positive correlations between survival and both parity and age at last birth we observe. To control for differences in health between women, we reanalyze the relationship between reproduction and mortality but include variables correlat-

The only evidence for any cost of reproduction is that women who have given birth to twins(considered a marker of heavy investment in reproduction) have higher mortality rates than other women, after the age of 50 years.

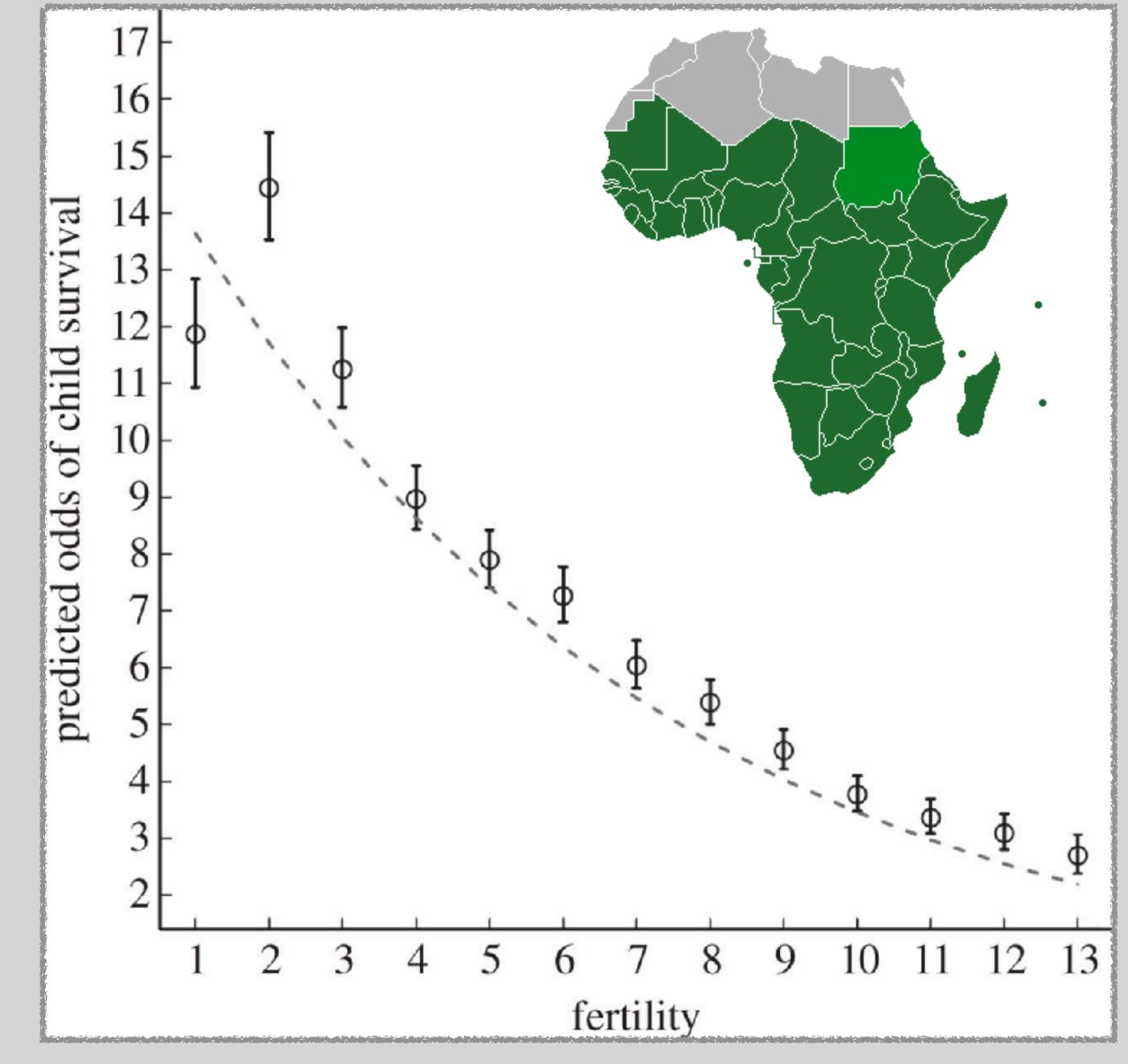
Quantity~Quality



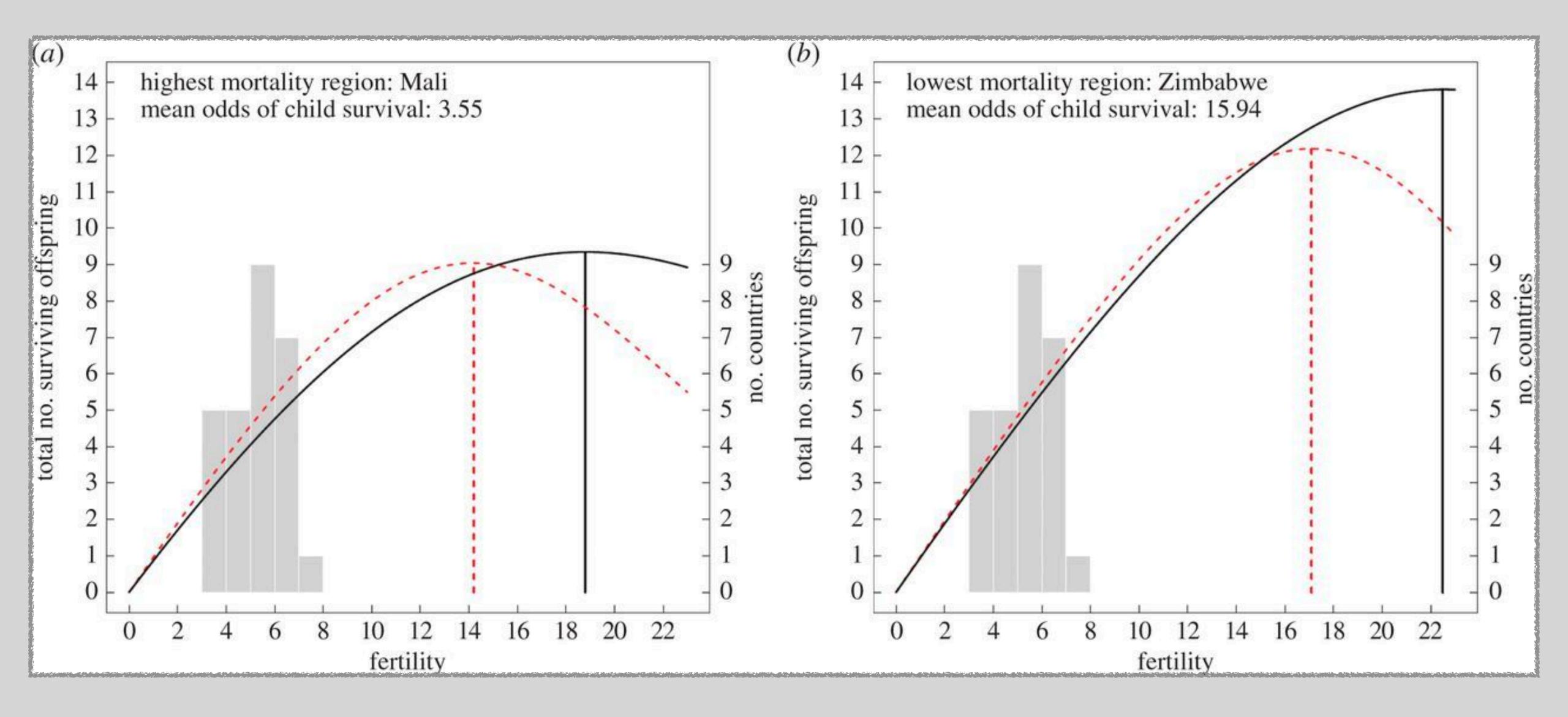


Dogon of Mali West Africa

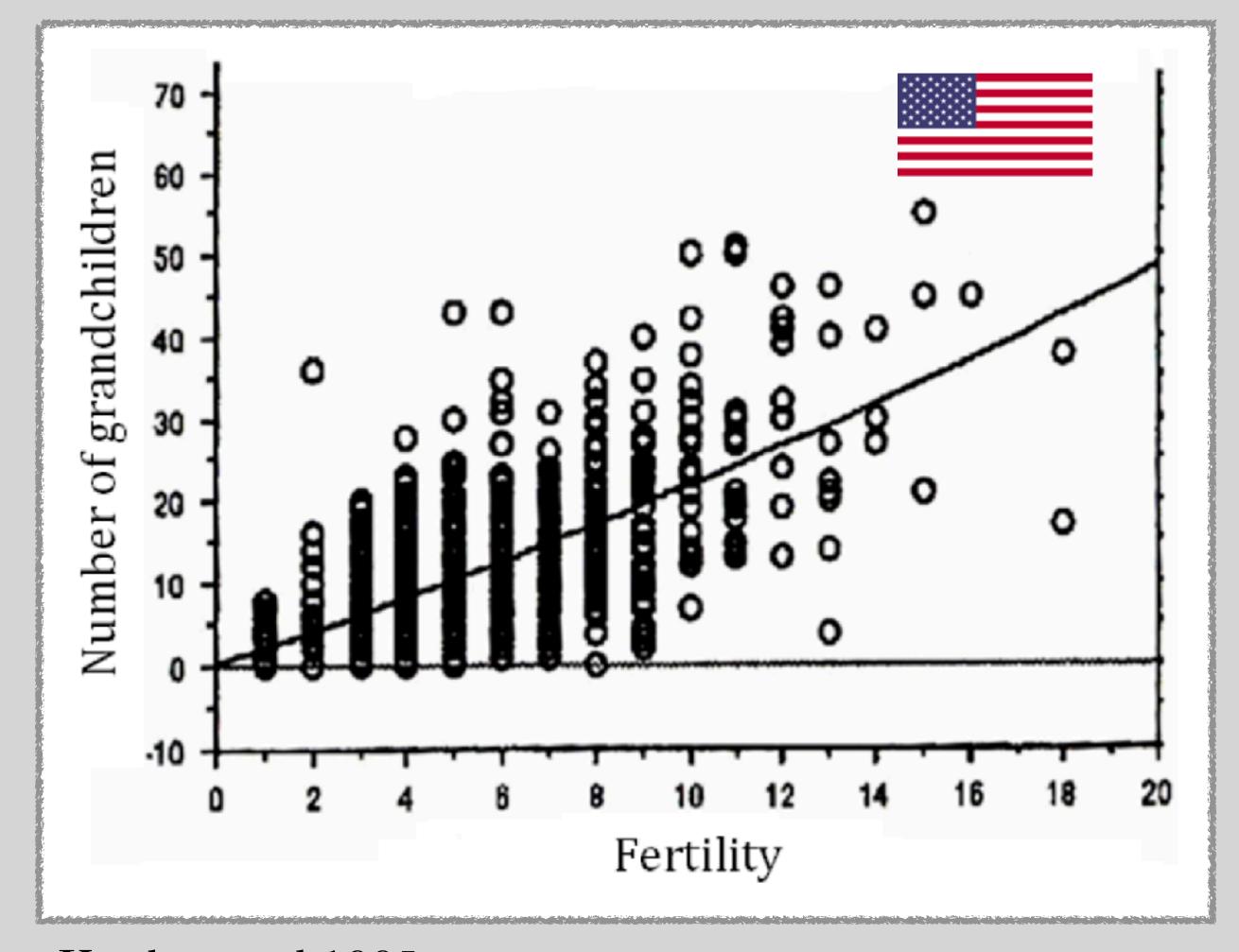
Quantity~Quality

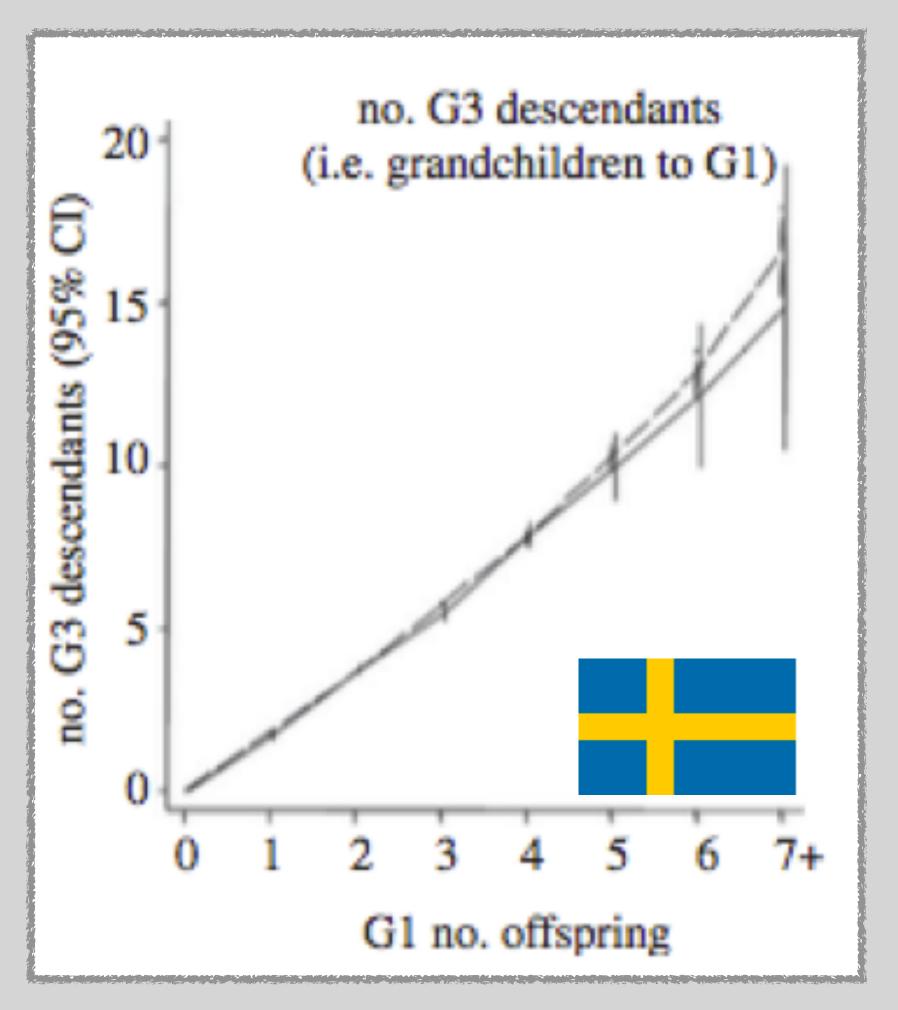


Fitness Maximisation?



Fitness Maximisation?

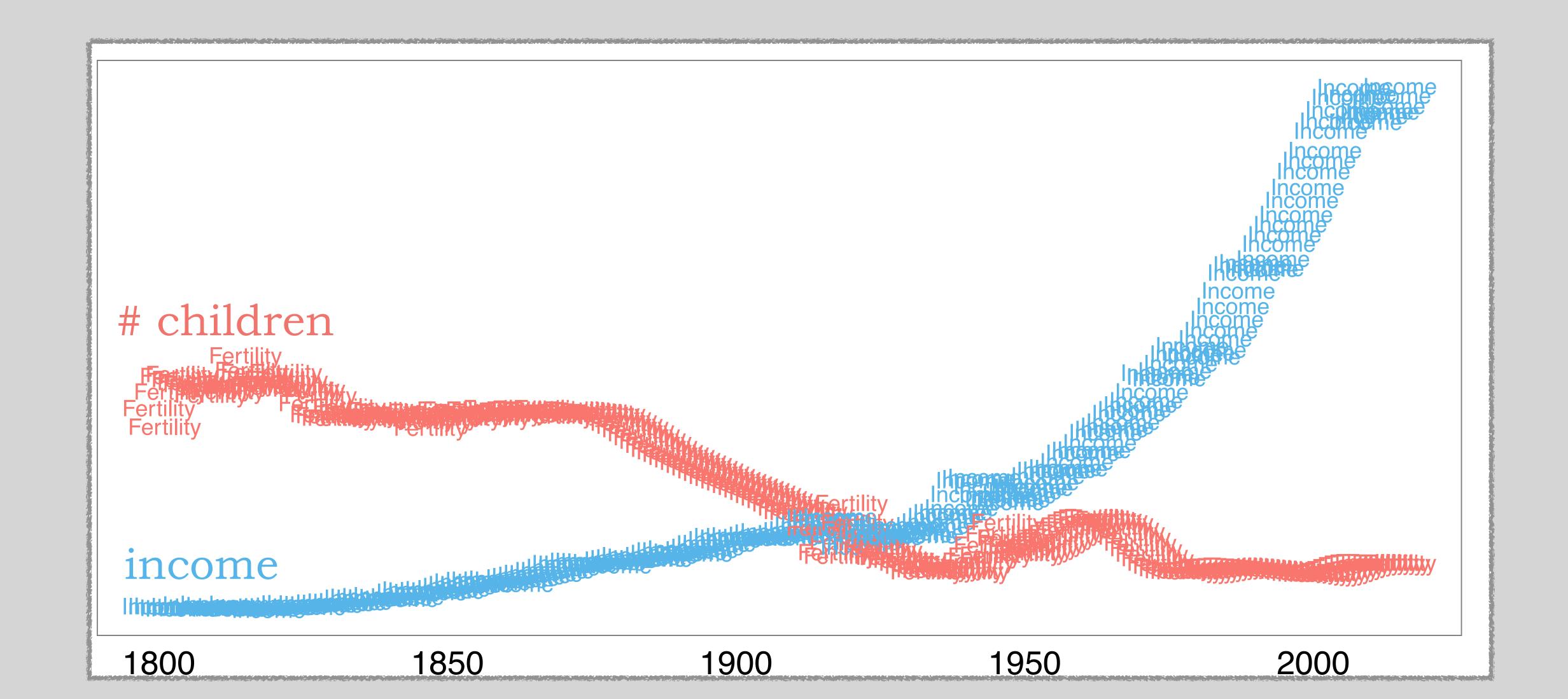




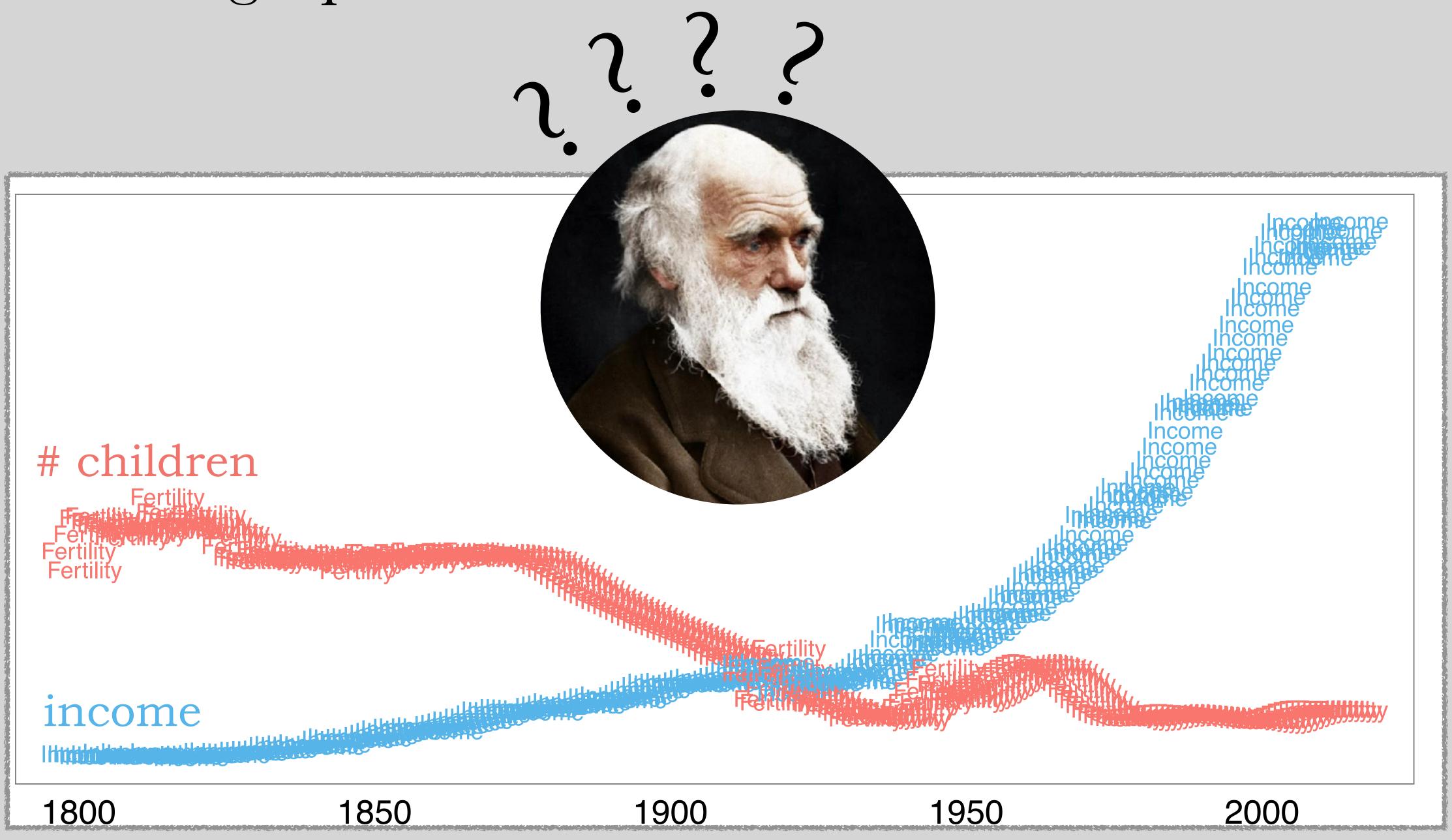
Kaplan et al 1995

Goodman et al 2012

The Demographic Transition



The Demographic Transition



This Talk

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Life History Theory

"fitness is maximised by natural selection over the lifespan of an animal"

Growth ~ Reproduction ~ Maintenance

Across species

Across populations

Within populations















HARSH & UNPREDICTABLE ENVIRONMENTS

Favours a "faster" life:

early maturity
many offspring
little parental investment
prioritise investment in present over future

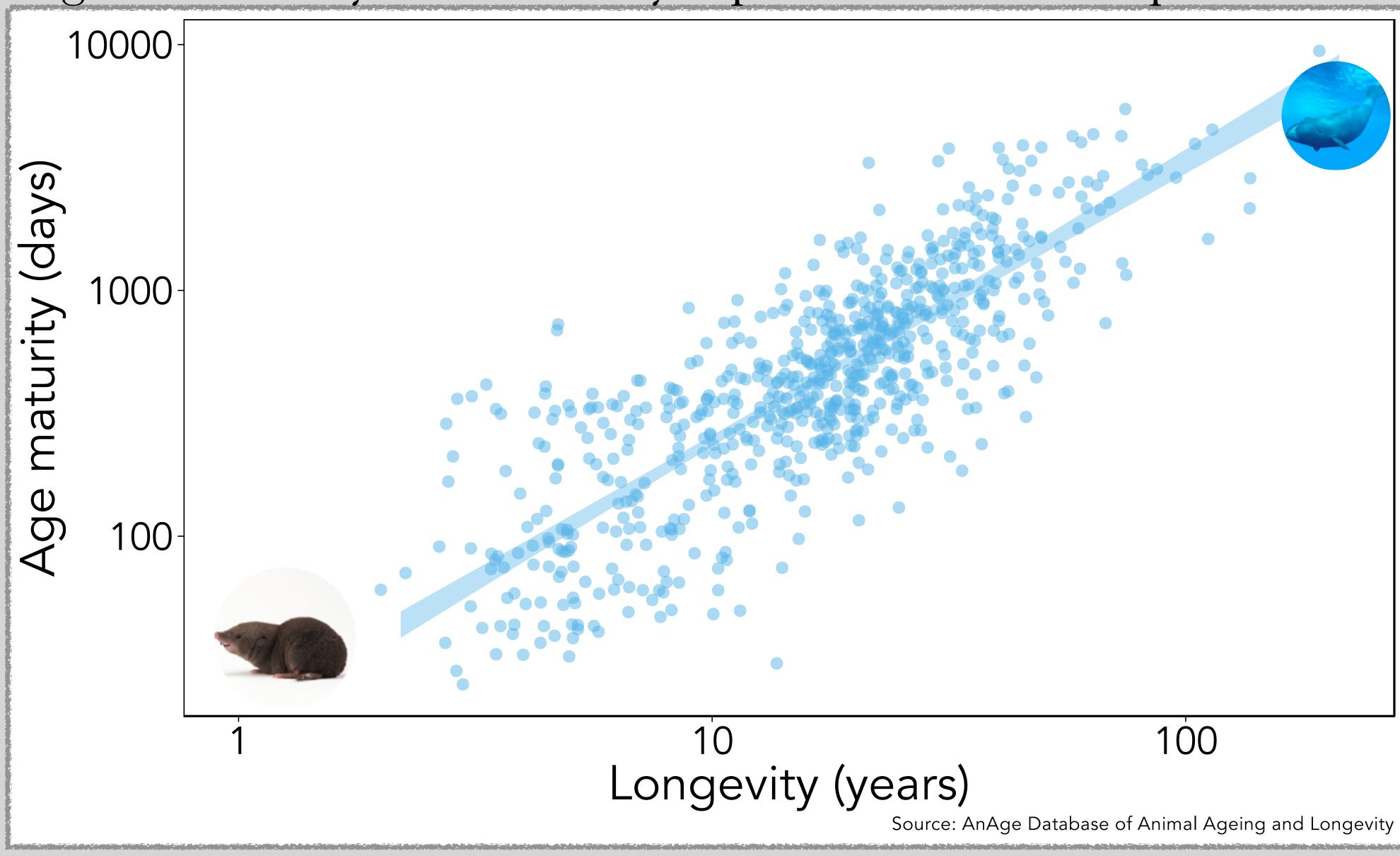


BENIGN & PREDICTABLE ENVIRONMENTS

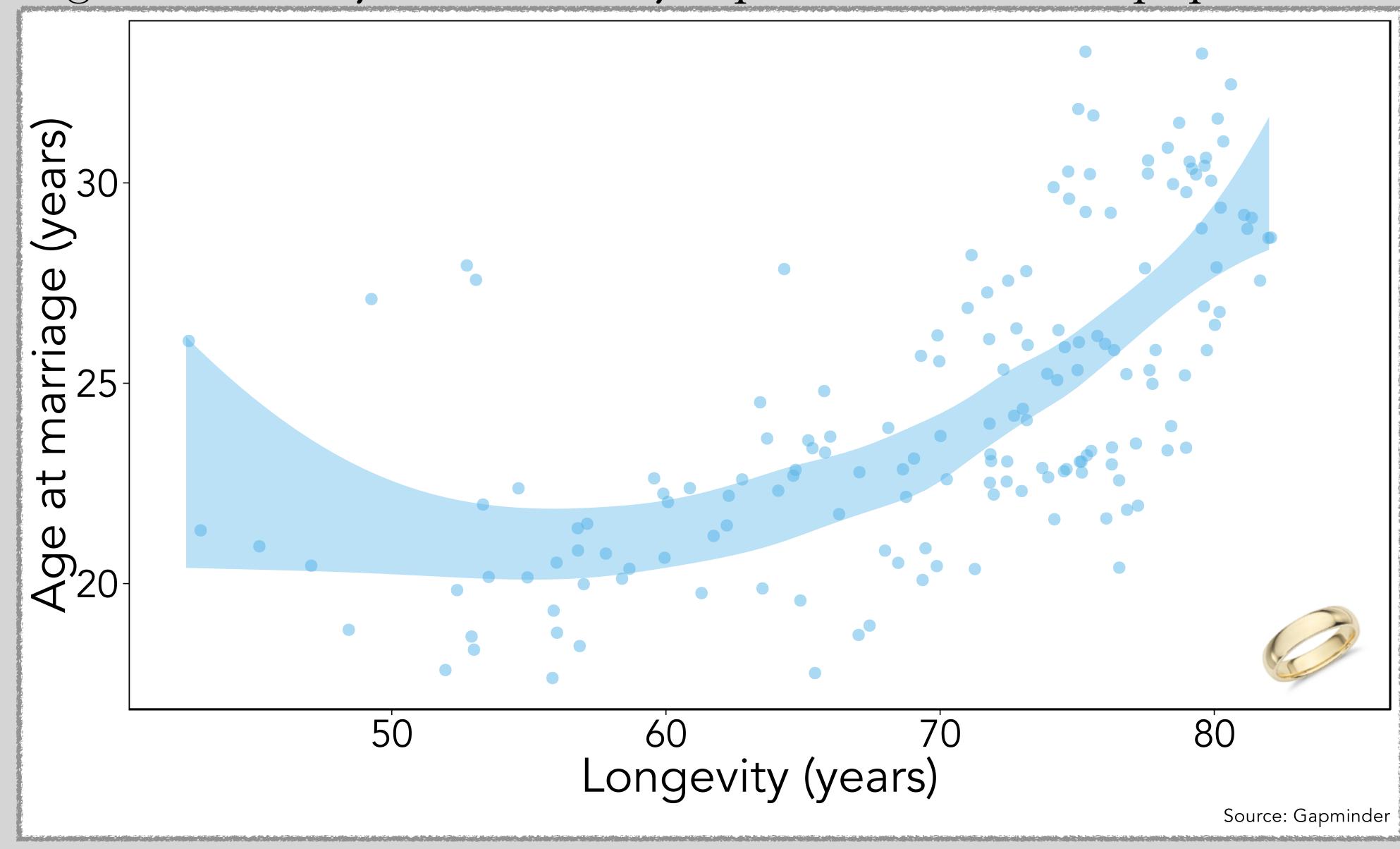
Favours a "slower" life:

late maturity
fewer offspring
high parental investment
long-term fitness goals

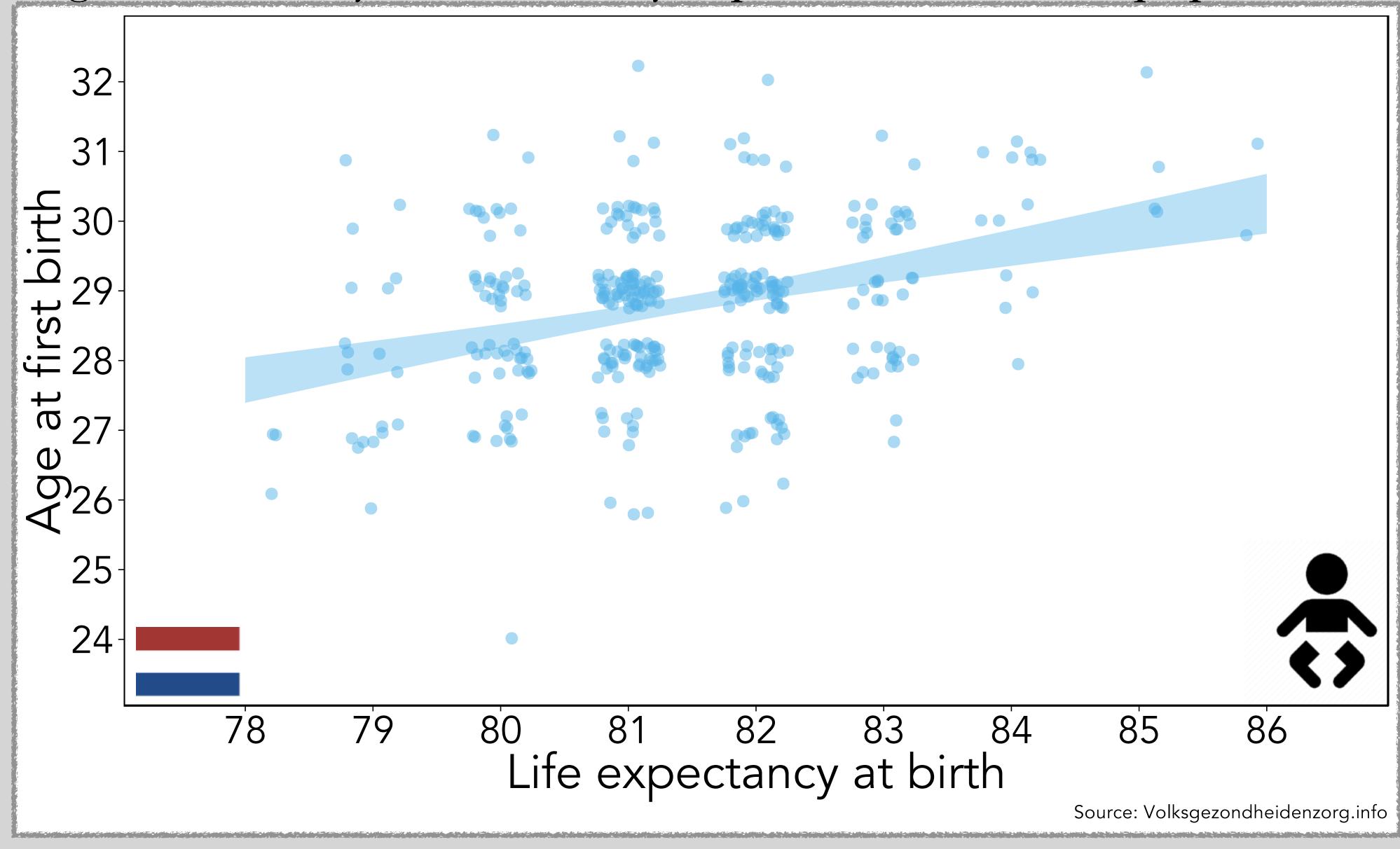
Higher mortality leads to early reproduction across species



Higher mortality leads to early reproduction across populations



Higher mortality leads to early reproduction within populations





Current Debates

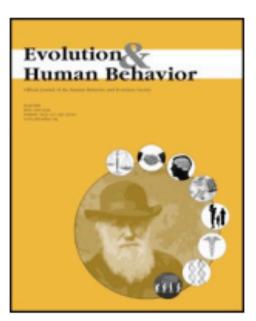
Evolution and Human Behavior 41 (2020) 469–473



Contents lists available at ScienceDirect

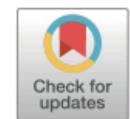
Evolution and Human Behavior

journal homepage: www.elsevier.com/locate/ens



Current debates in human life history research

Willem E. Frankenhuis^{a,b,*}, Daniel Nettle^c



^a Department of Psychology, Utrecht University, the Netherlands

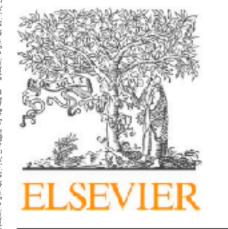
^b Behavioural Science Institute, Radboud University, the Netherlands

^c Population Health Sciences Institute, Newcastle University, UK

Current Debates

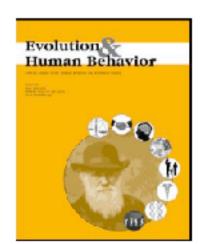
Evolution and Human Behavior 41 (2020) 474-485

Contents lists available at ScienceDirect



Evolution and Human Behavior

journal homepage: www.elsevier.com/locate/ens



On the use of "life history theory" in evolutionary psychology



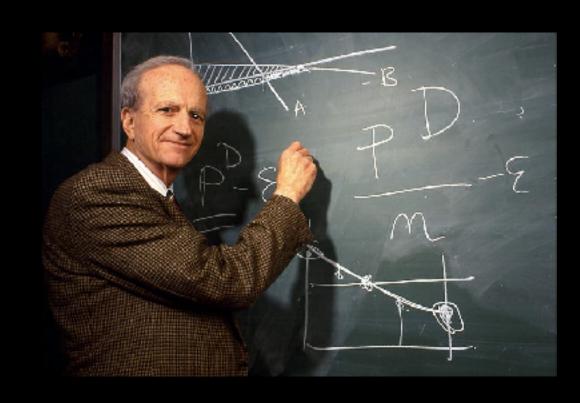
Stephen C. Stearns^{a,*}, António M.M. Rodrigues^{a,b}

First, concerning plasticity, should we expect the effects of plasticity on the developmental response of a trait to mirror the effects of selection on the mean of that trait? **We conclude that we should not**. Do only plastic responses to harsh or unpredictable environments accelerate maturation, or are there plausible alternatives, such as nutrition? In many situations better nutrition is a plausible alternative.

^{*} Department of Ecology and Evolutionary Biology, Yale University, Box 208106, New Haven, CT 06520-8106, USA

^b Department of Zoology, University of Cambridge, Downing Street, Cambridge CB2 3EJ, UK

ECONOMISTS

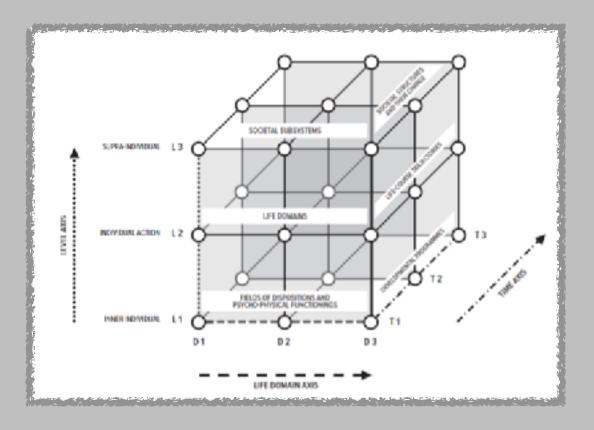


"Home economics"

Quantity versus Quality

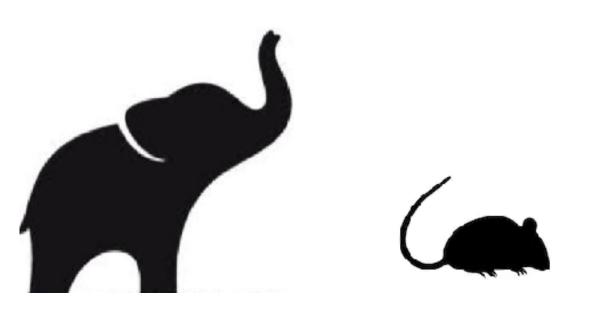
Maximise utility/income

SOCIOLOGISTS



CENTRAL THESIS
Interdependence
"Shadows of the past/future"
Maximise wellbeing

BIOLOGISTS



CENTRAL THESIS
Principles of energy allocation
Trade-offs
Maximise fitness

This Talk

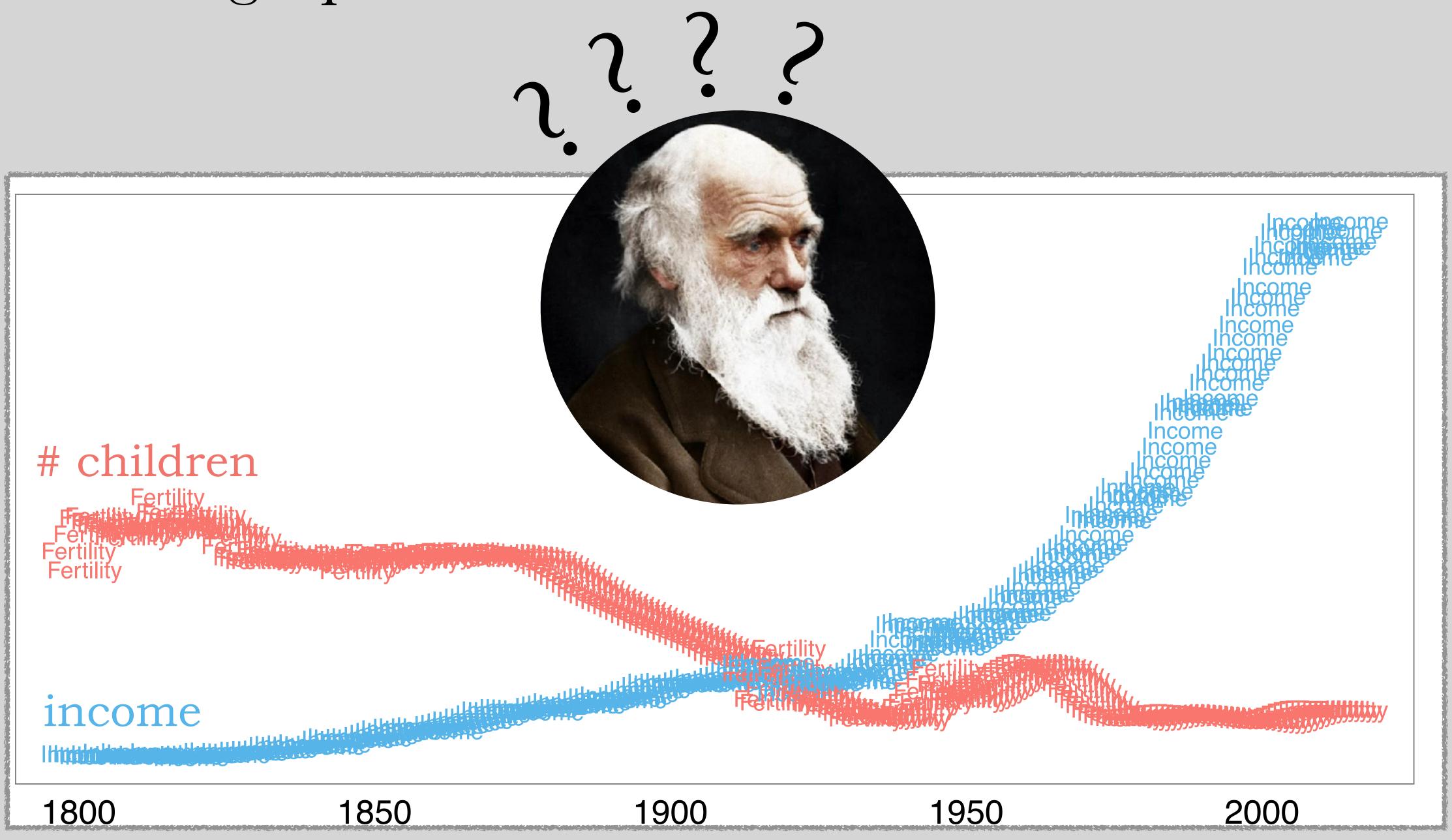
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BEHAVIOURAL ECOLOGISTS

Behavioural ecologists with interest in humans

CENTRAL THESIS
humans are evolved to
flexibly deal with their
environments in ways
that maximise fitness

WAY OF WORKING studying human behaviour in their ecology/environment

CULTURAL EVOLUTIONISTS

Mathematicians with interest in humans

CENTRAL THESIS
social learning has led to
humans' success, but it can
lead to maladaptive
behaviour

WAY OF WORKING mathematical models and experiments on social learning

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WAY OF WORKING experiments on perceptions and preferences

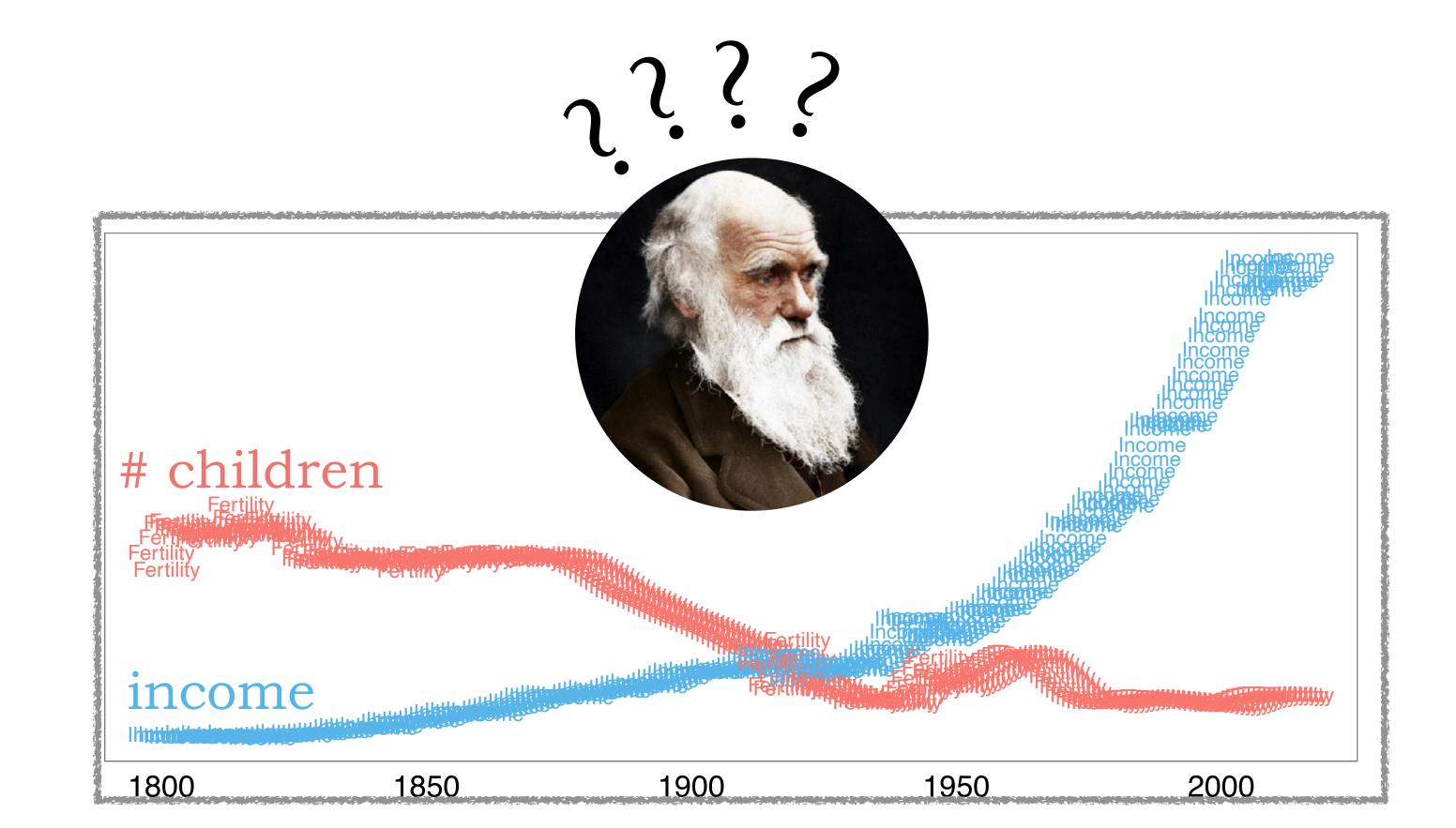
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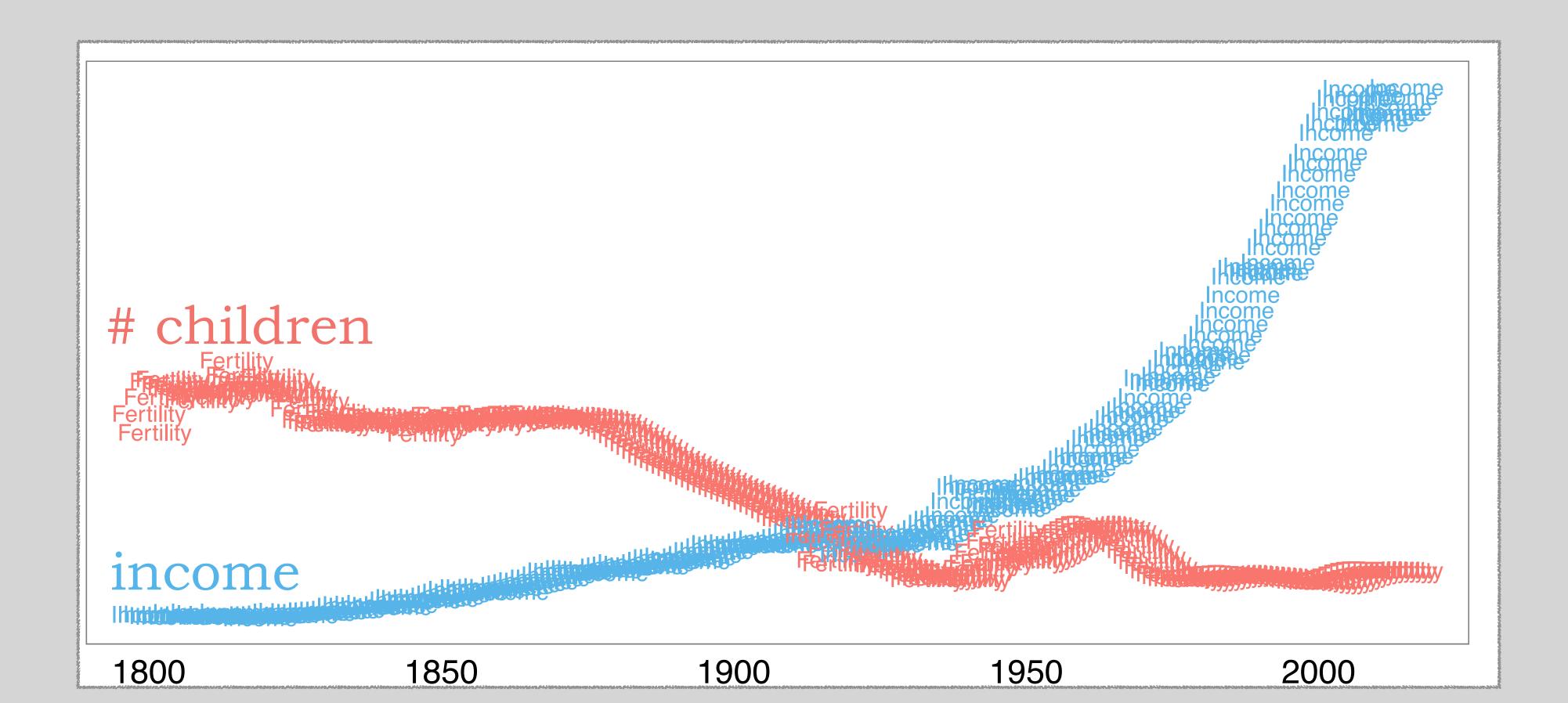
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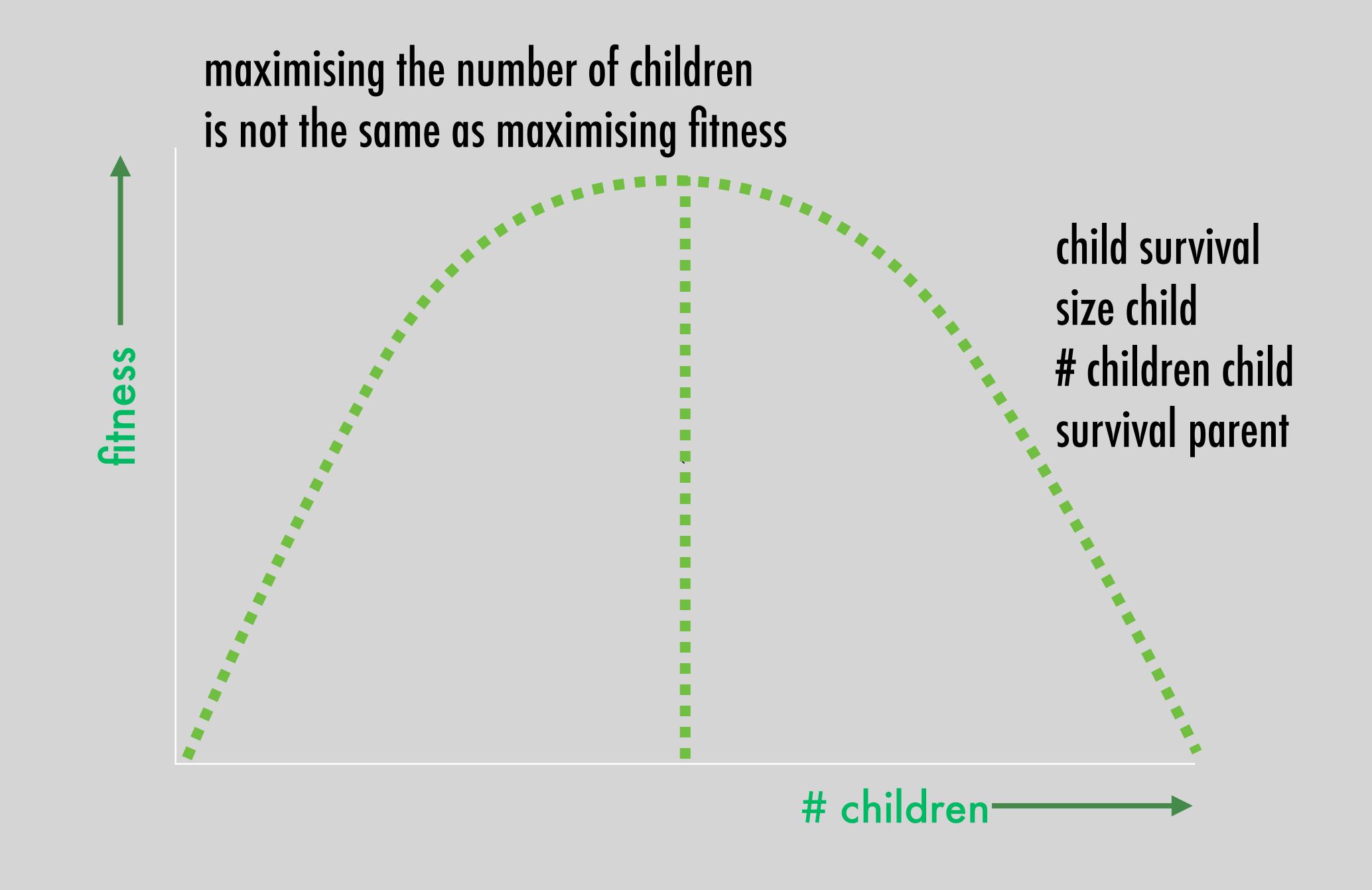
WAY OF WORKING studying human behaviour in their ecology/environment

HOW WOULD BEHAVIOURAL ECOLOGISTS LOOK AT THIS?



The cost of raising a child from birth to age 18 for a middle-income, two-parent family averaged \$226,920 last year (not including college)





Reducing Fertility is Adaptive



More Status or More Children? Social Status, Fertility Reduction, and Long-Term Fitness

James L. Boone and Karen L. Kessler

Human Evolutionary Ecology Program, Anthropology Department, University of
New Mexico, Albuquerque, New Mexico



The coevolution of human fertility and wealth inheritance strategies

Ruth Mace

Department of Anthropology, University College London, Gower Street, London WC1E 6BT, UK (r.nace@ucl.ac.uk)

Evolutionary Economics of Human Reproduction

Alan R. Rogers
Department of Anthropology, Salt Lake City, Utah

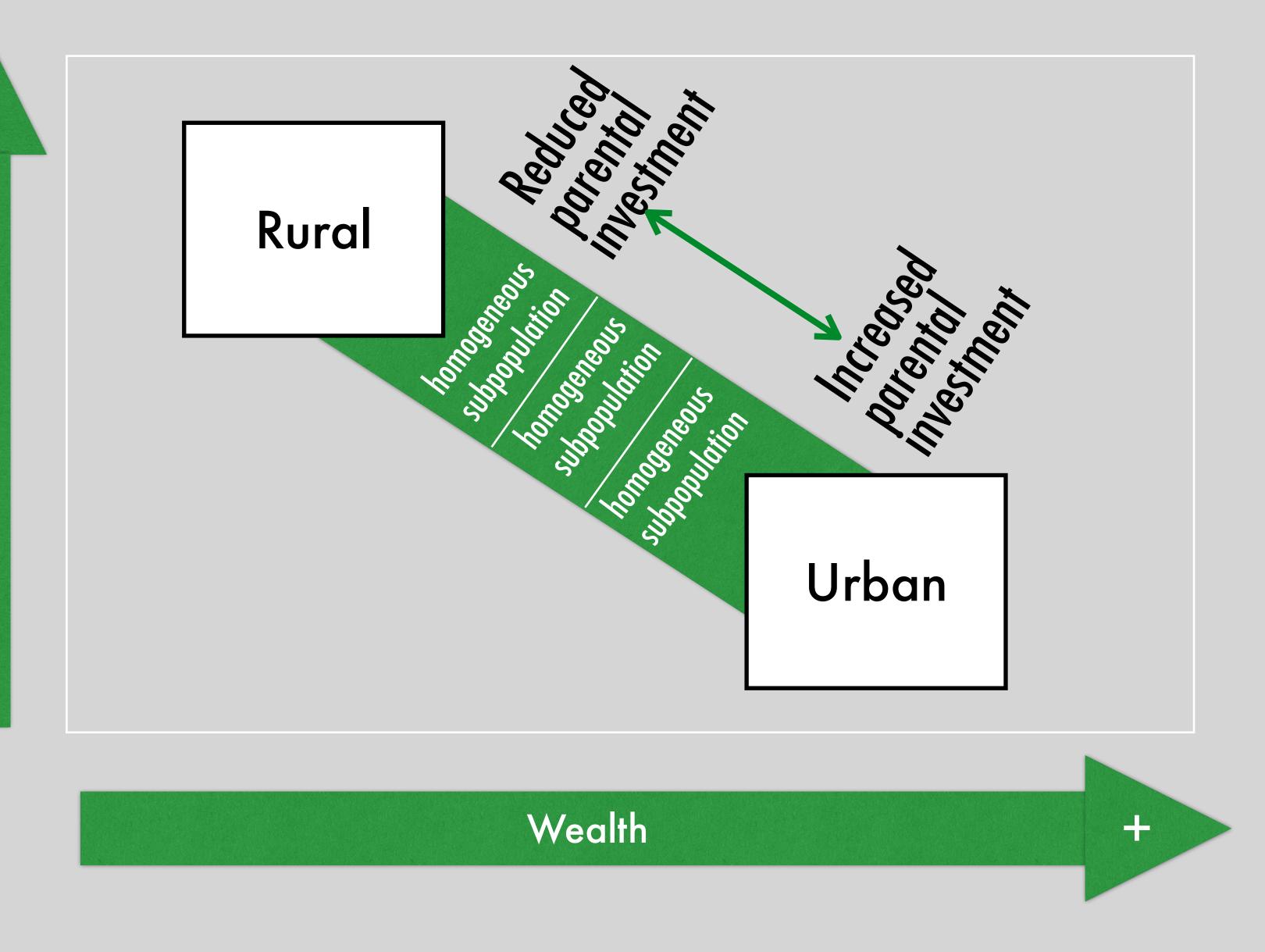
Behavioral Ecology doi:10.1093/beheco/ari001 Advance Access publication 3 November 2004

Low fertility in humans as the evolutionary outcome of snowballing resource games

Sarah E. Hill^a and H. Kern Reeve^b

^aDepartment of Psychology, University of Texas at Austin, 1 University Station A8000, Austin, TX 78712, USA, and ^bDepartment of Neurobiology and Behavior, Cornell University, Ithaca, NY 14653, USA

+



Mace 2008



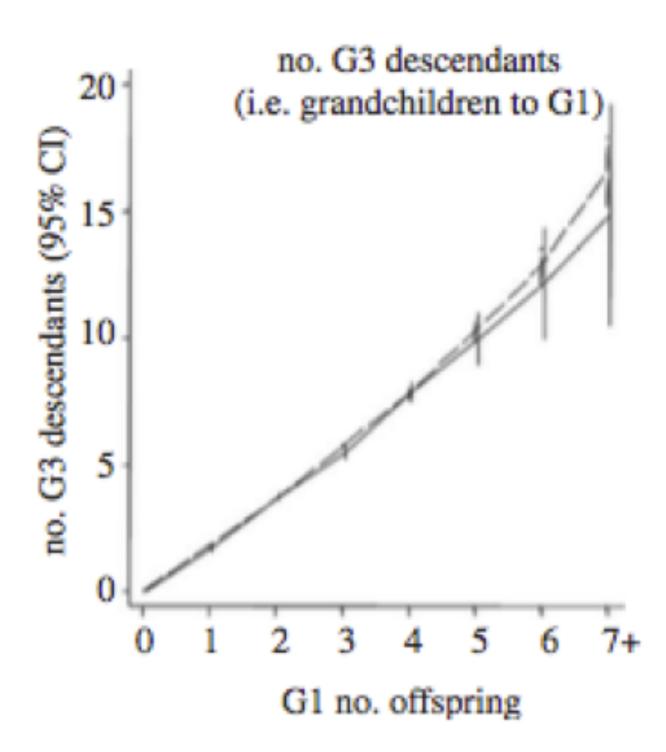




Proc. R. Soc. B doi:10.1098/rspb.2012.1415 Published online

Low fertility increases descendant socioeconomic position but reduces long-term fitness in a modern post-industrial society

Anna Goodman^{1,2,*}, Ilona Koupil² and David W. Lawson³





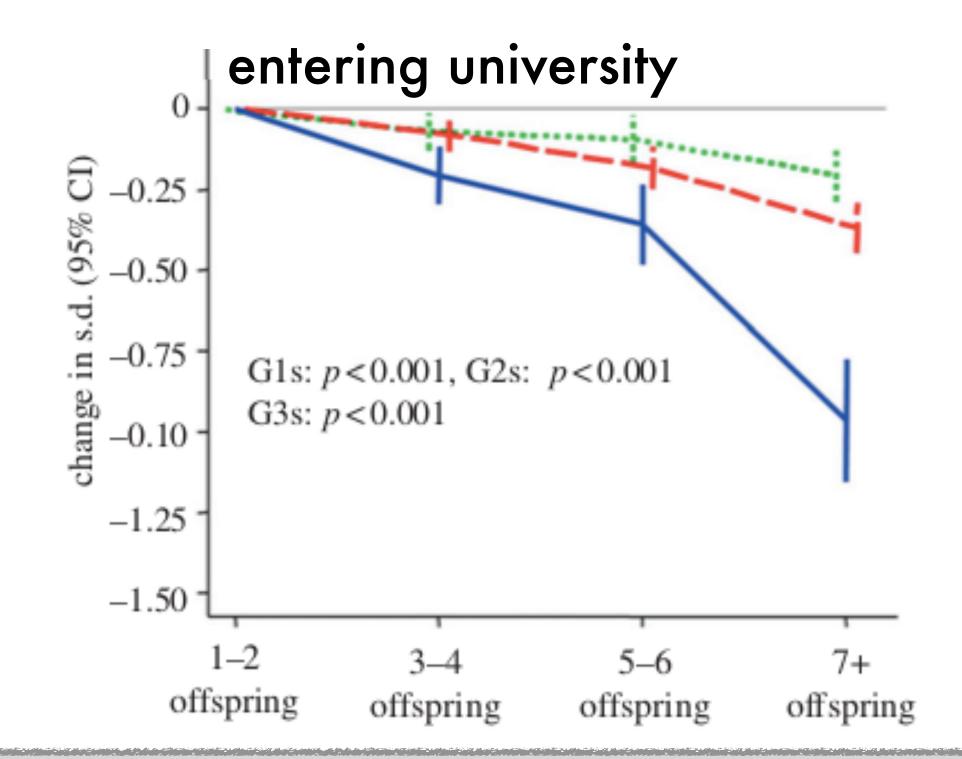


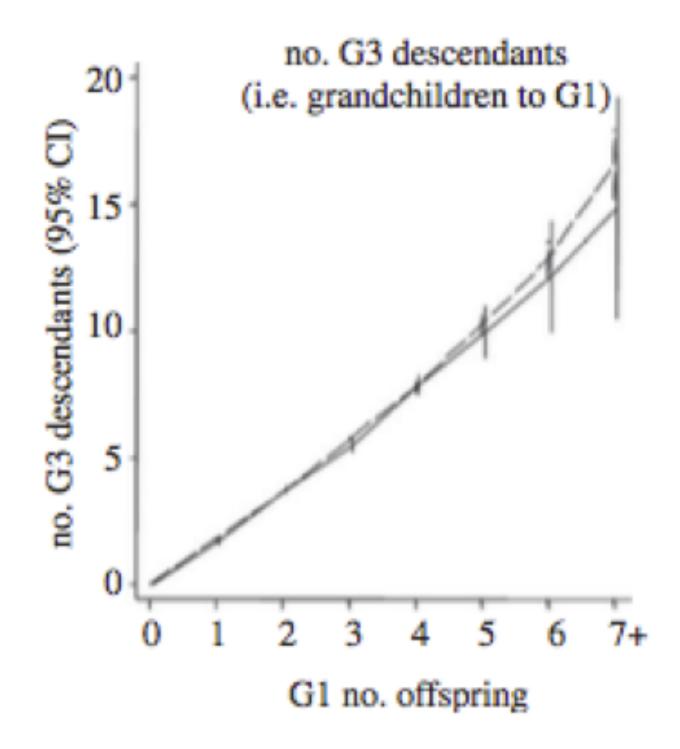


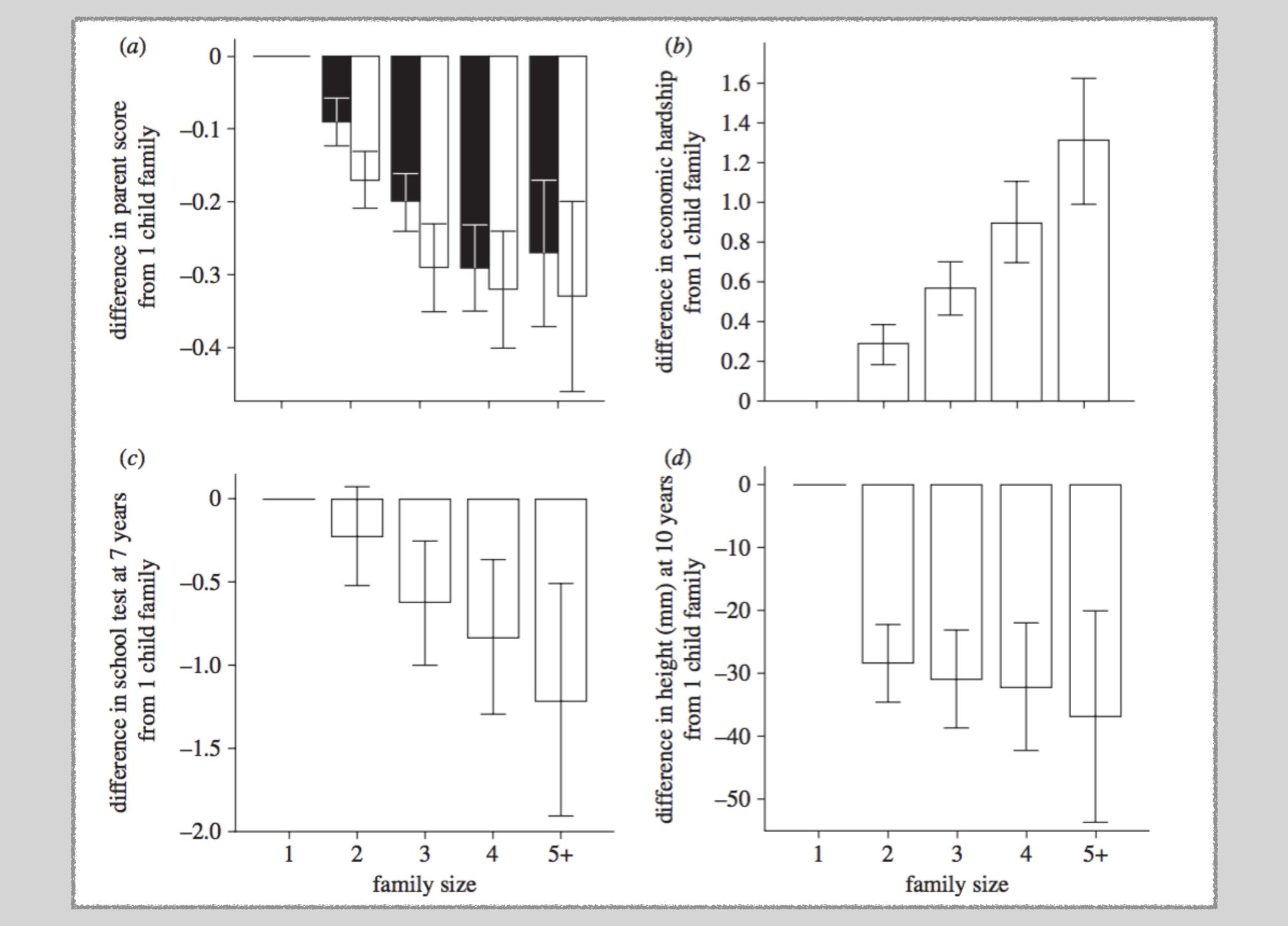
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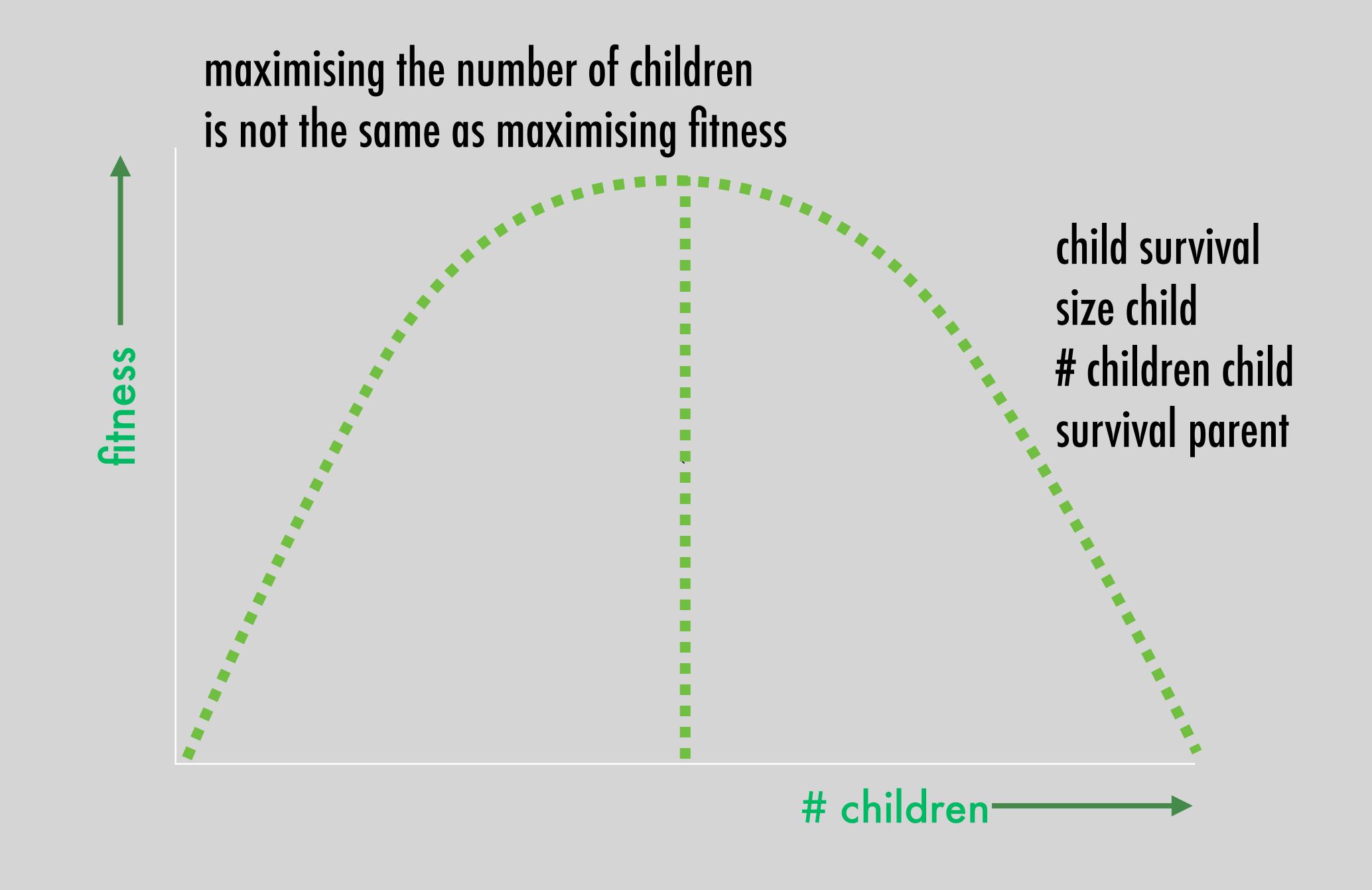
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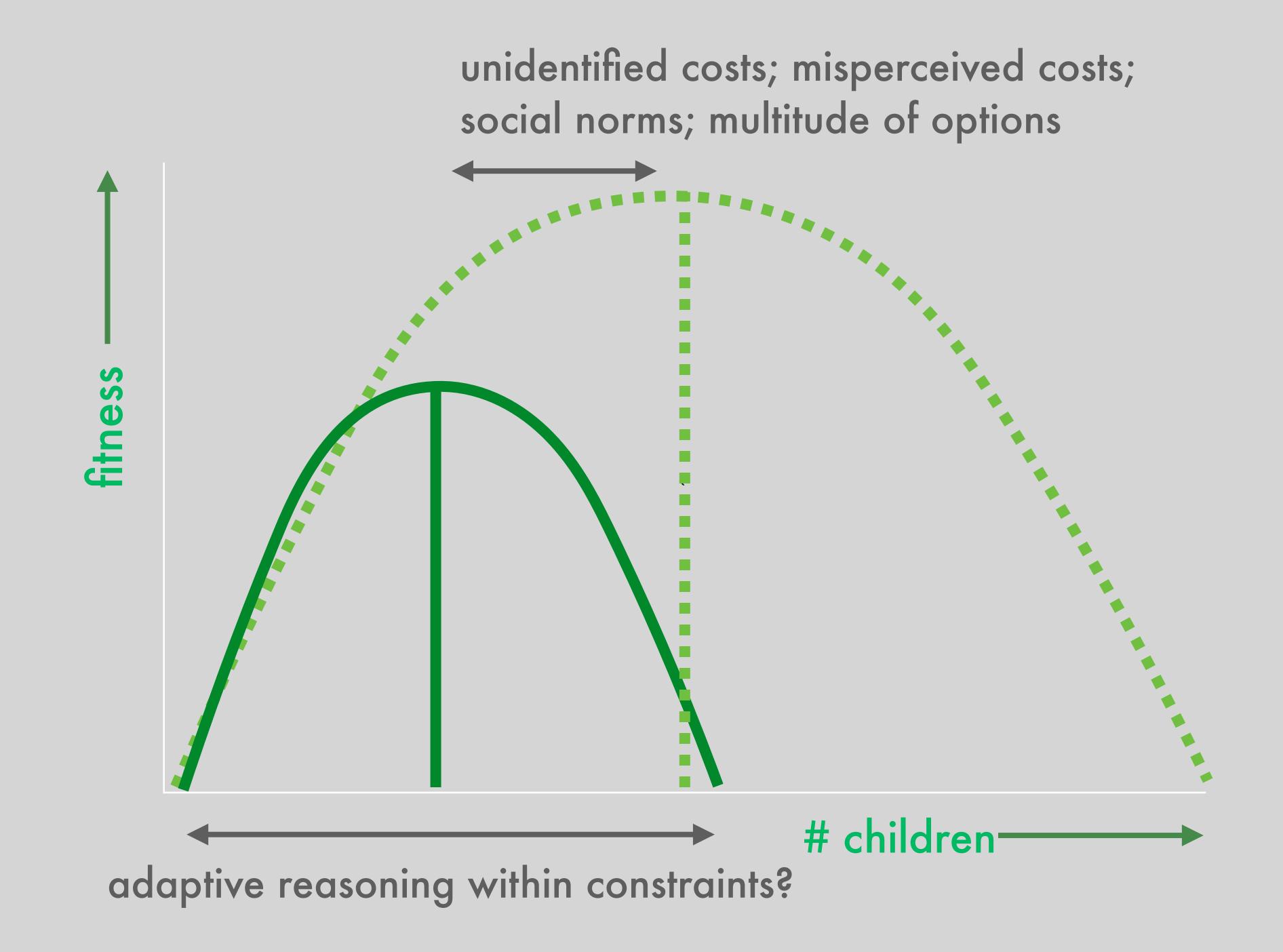






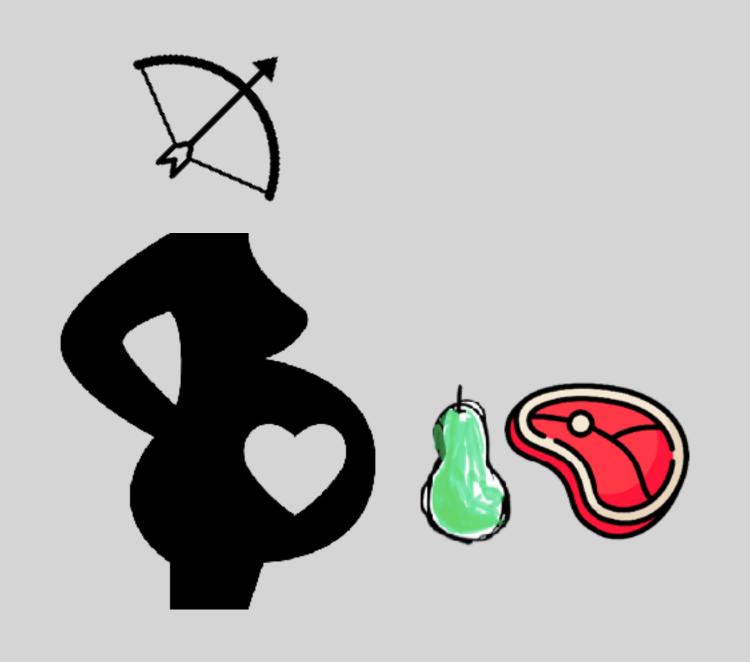
Lawson & Mace 2011

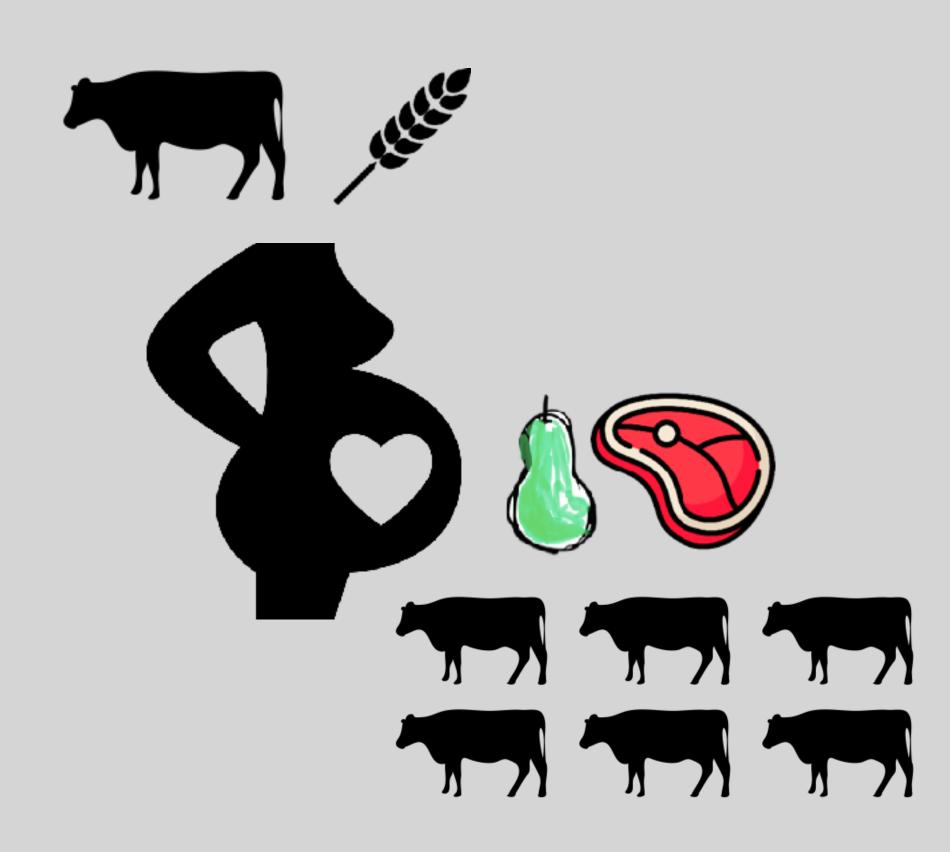


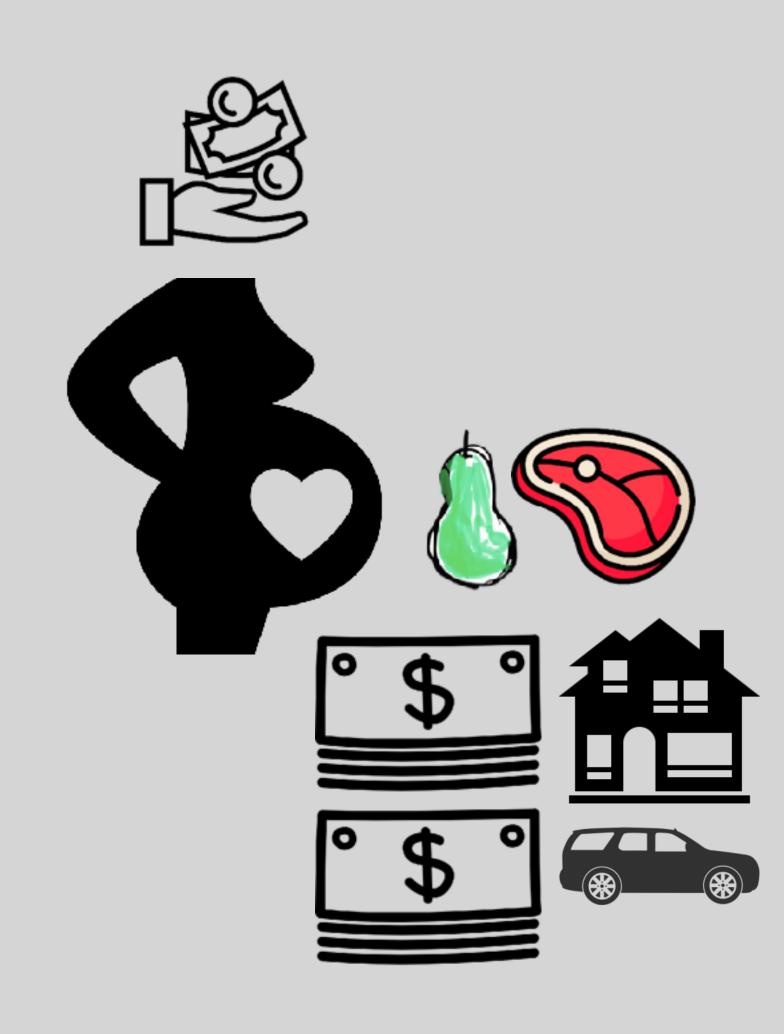


Where Did We Go Wrong?

Extra-somatic wealth







BEHAVIOURAL ECOLOGISTS

Behavioural ecologists with interest in humans

CENTRAL THESIS

hun as are evolve to
flexit declaratheir
envire ats in ways
the maximise fitness

WAY OF WORKING studying human behaviour in their ecology/environment

(x) people do not maximise fitness

studying actual behaviour in ecology

where deviations from predictions are also insightful

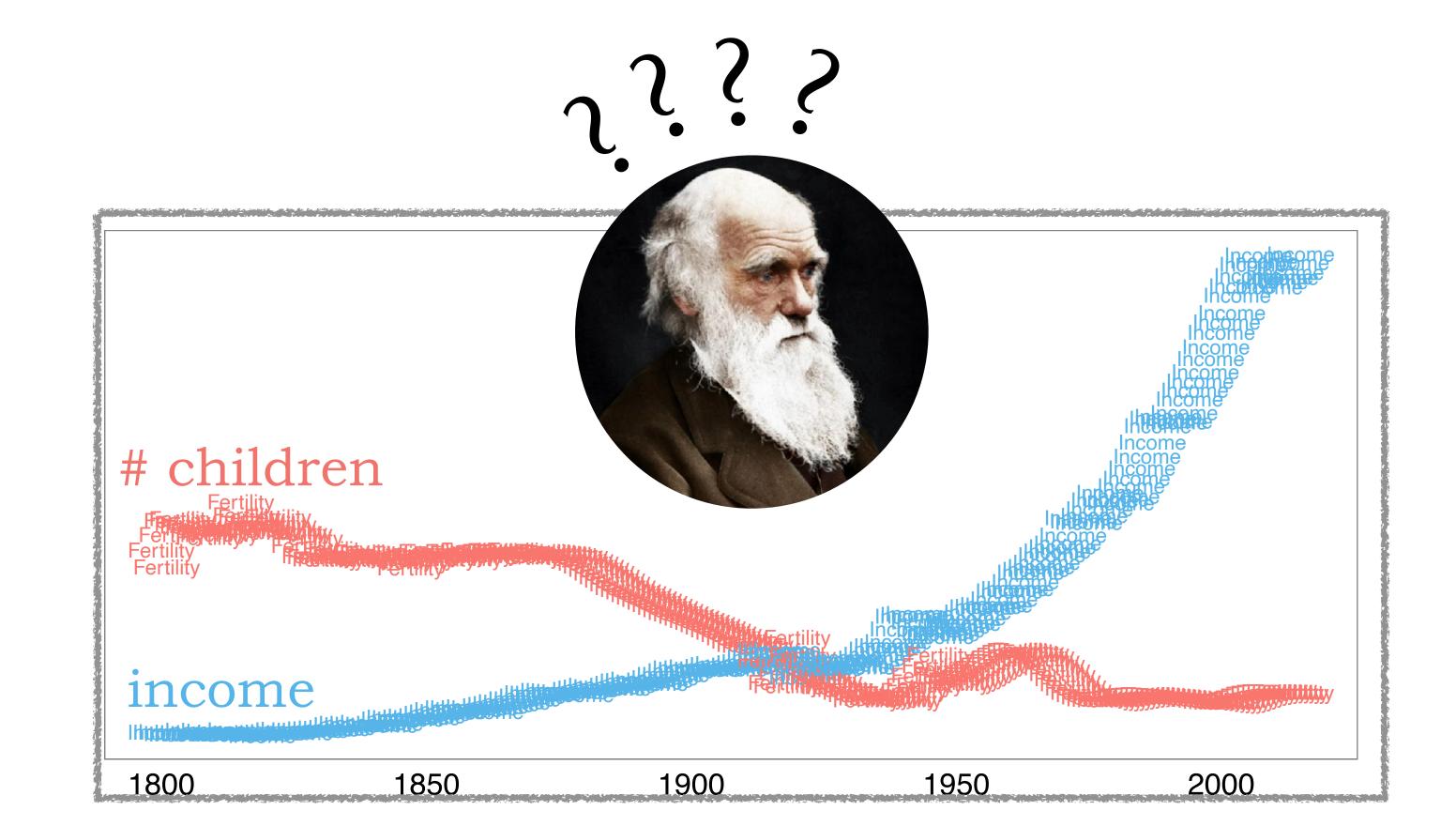
CULTURAL EVOLUTIONISTS

Mathematicians with interest in humans

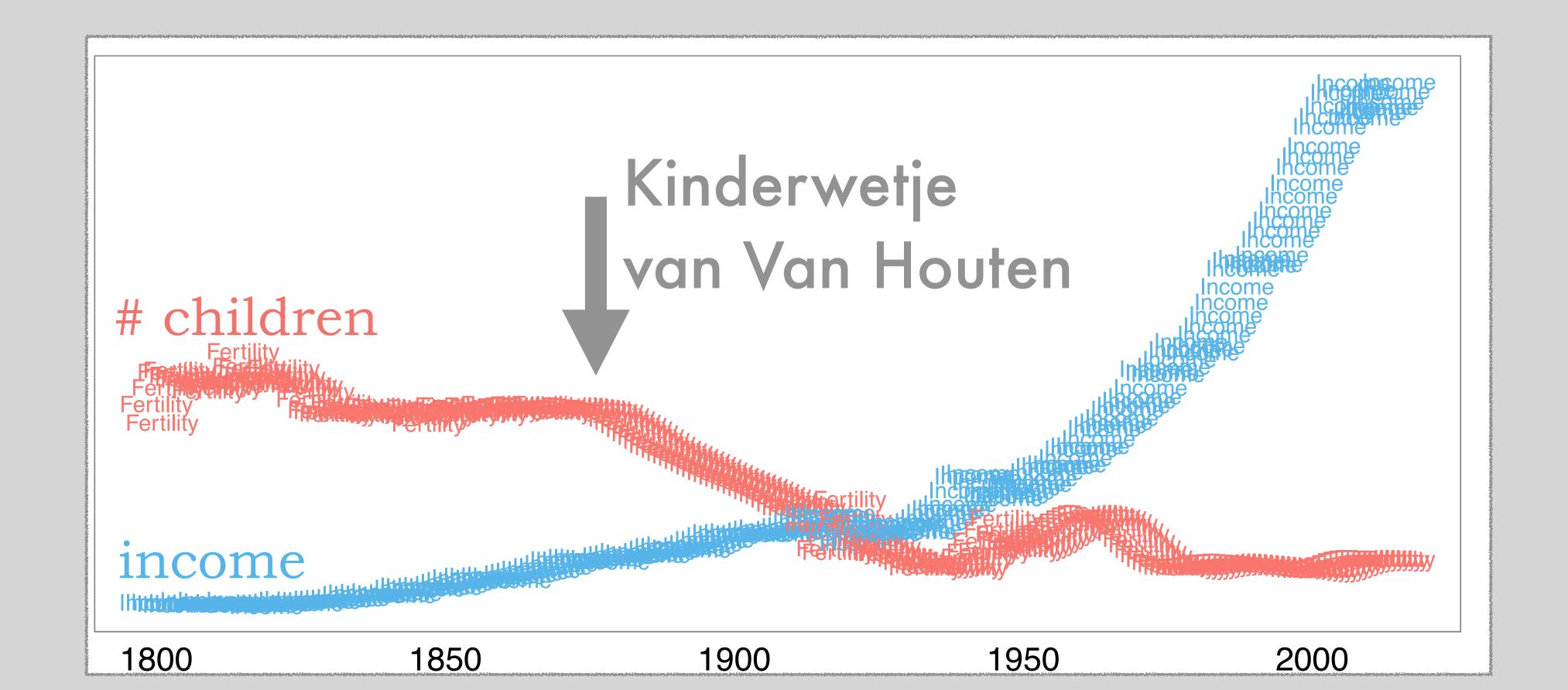
CENTRAL THESIS
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lead to maladaptive
behaviour

WAY OF WORKING mathematical models and experiments on social learning

HOW WOULD CULTURAL EVOLUTIONISTS LOOK AT THIS?

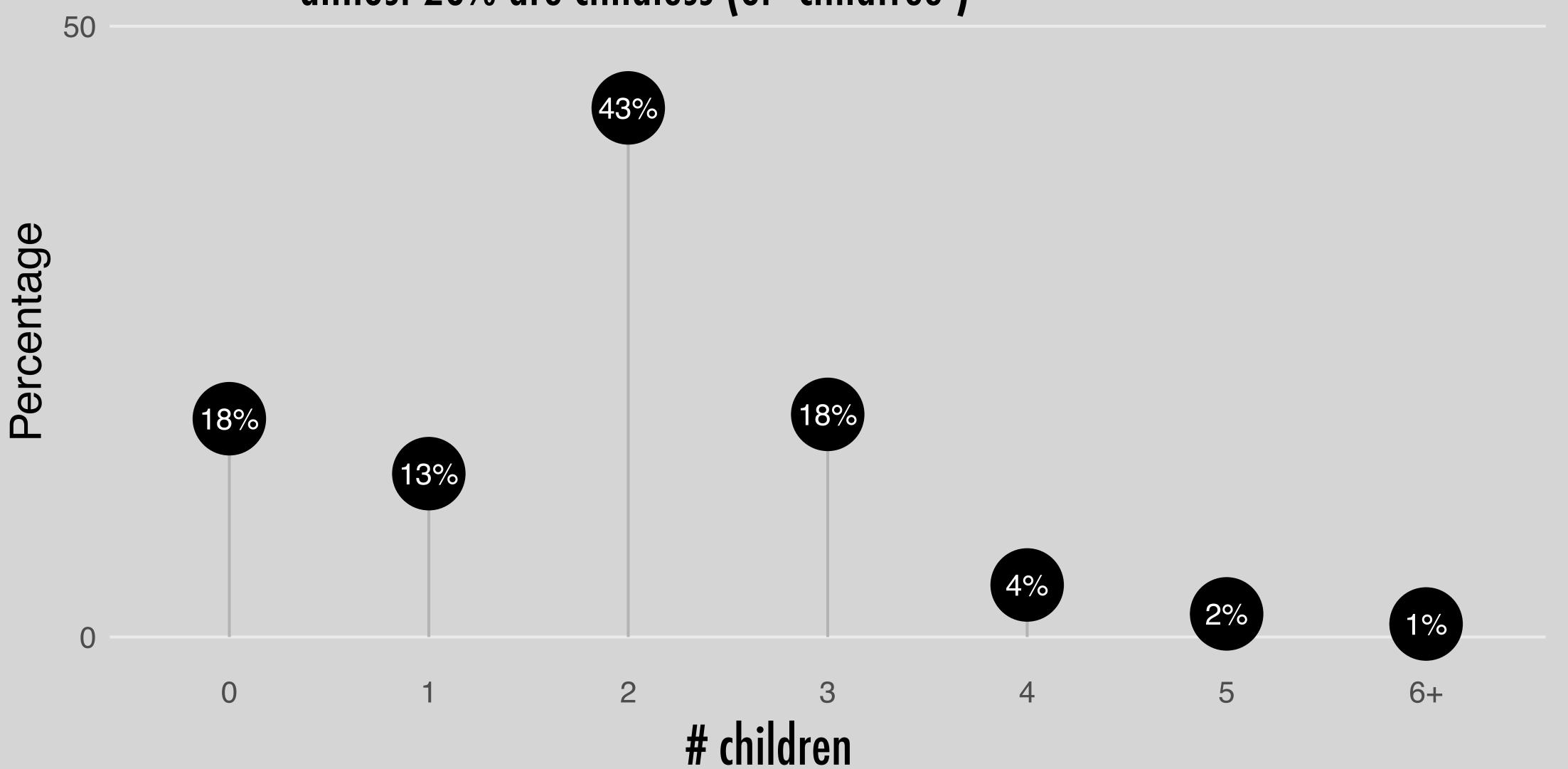


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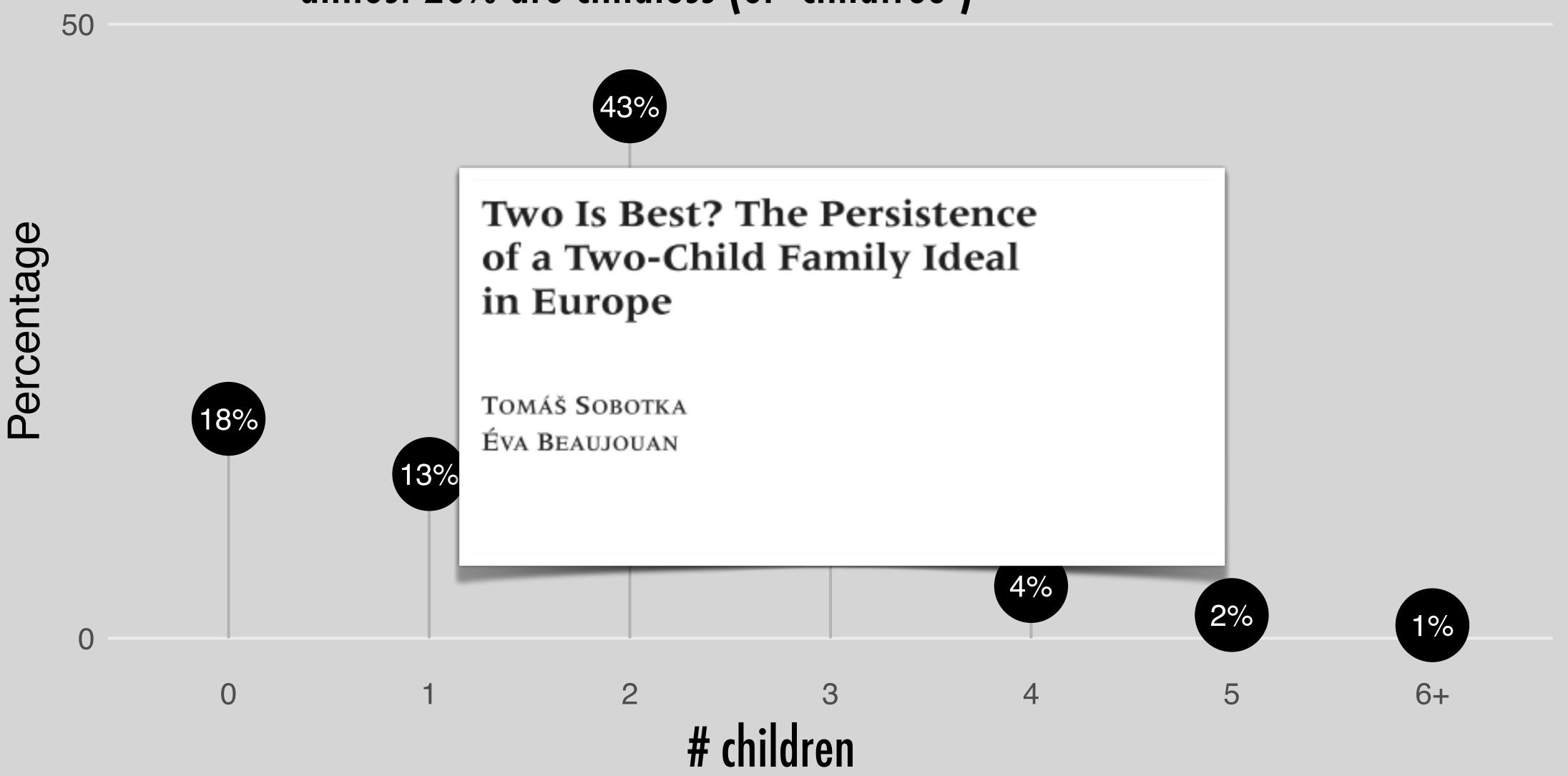




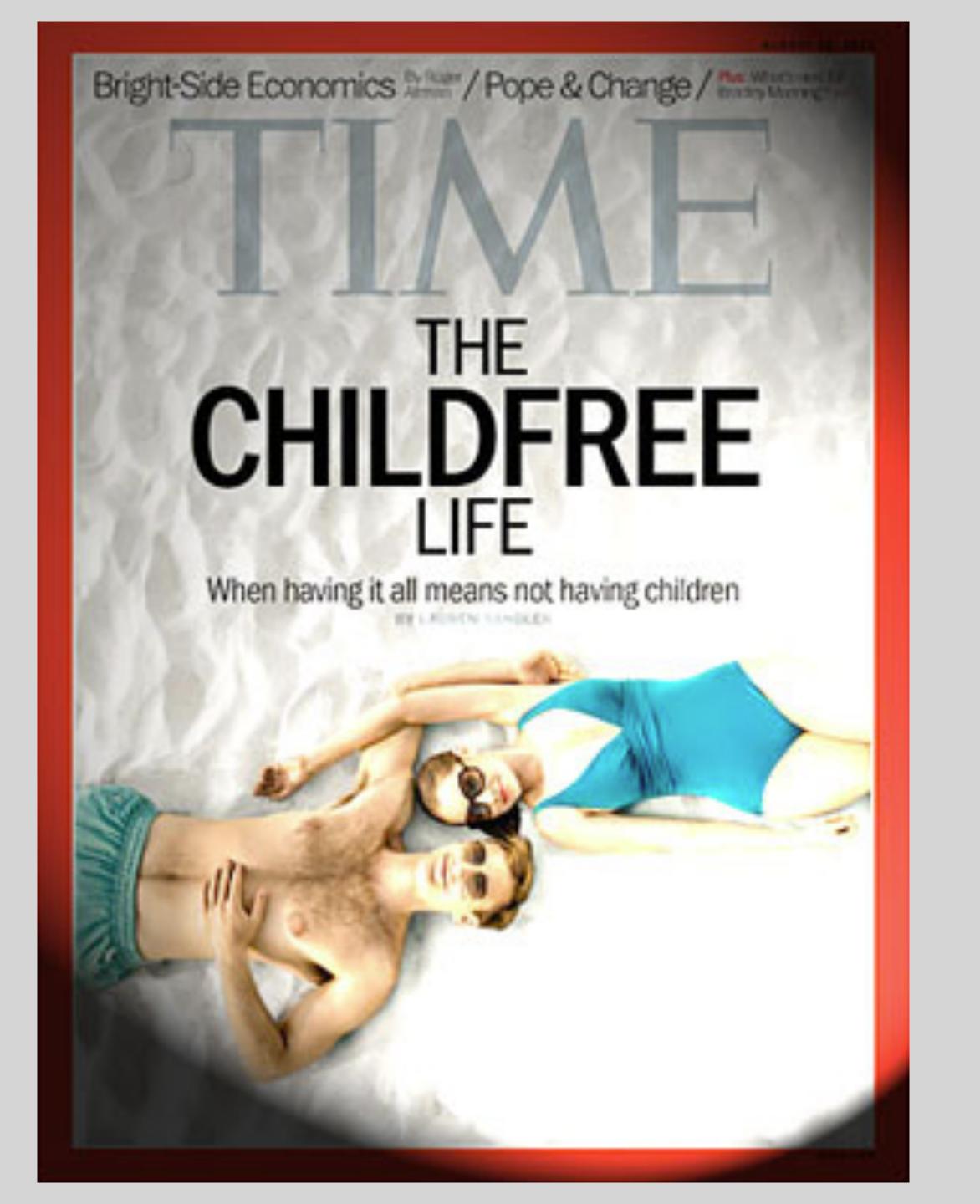












CULTURAL EVOLUTIONISTS

Mathematicians with interest in humans

CENTRAL THESIS
social learning has led to
humans' success, but it can
lead to maladaptive
behaviour

WAY OF WORKING mathematical models and experiments on social learning

taking into account constraints and history

(X) chicken-and-egg problem

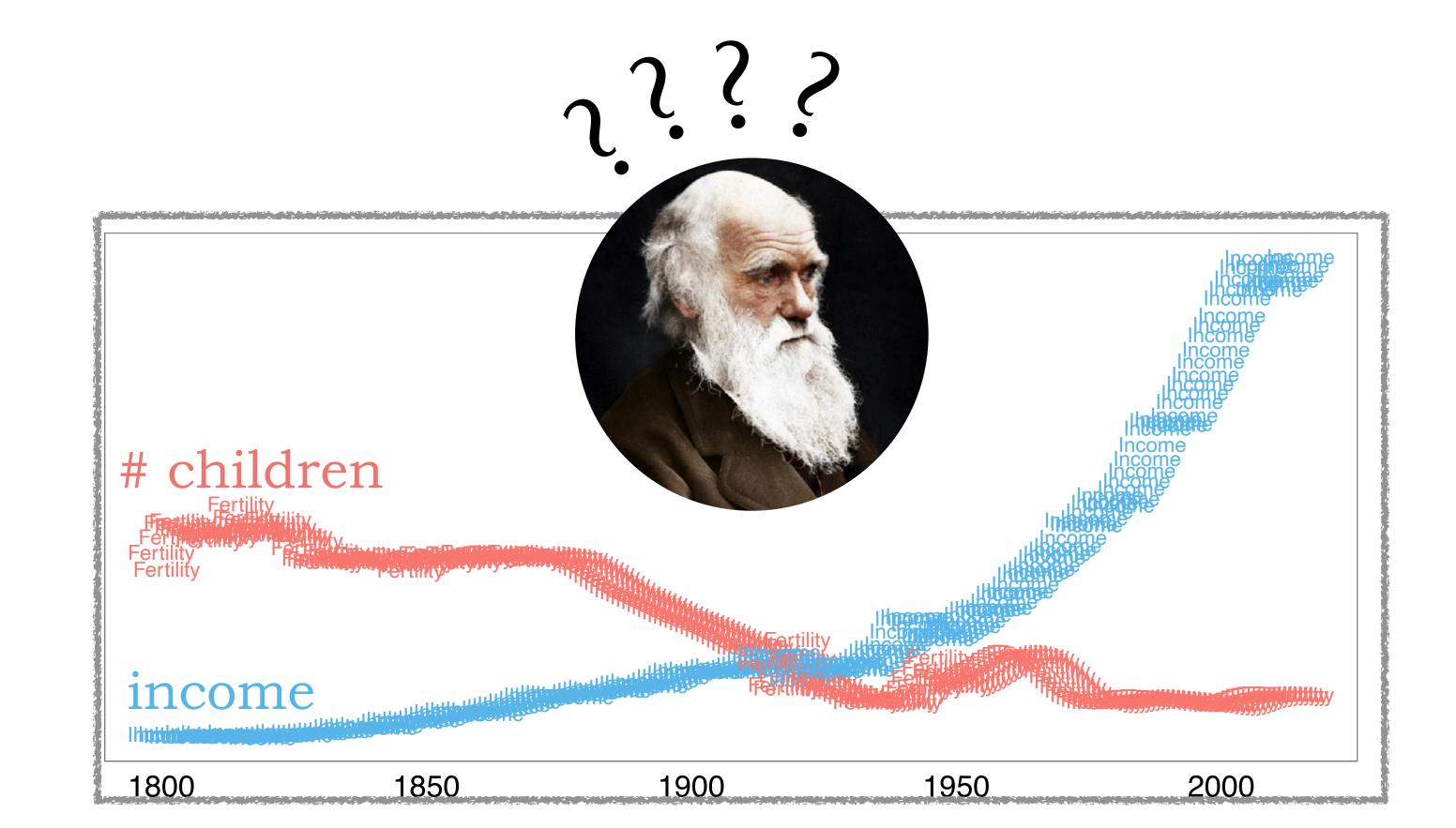
EVOLUTIONARY PSYCHOLOGISTS

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the brain is adapted to
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WAY OF WORKING experiments on perceptions and preferences

HOW WOULD EVOLUTIONARY PSYCHOLOGISTS LOOK AT THIS?

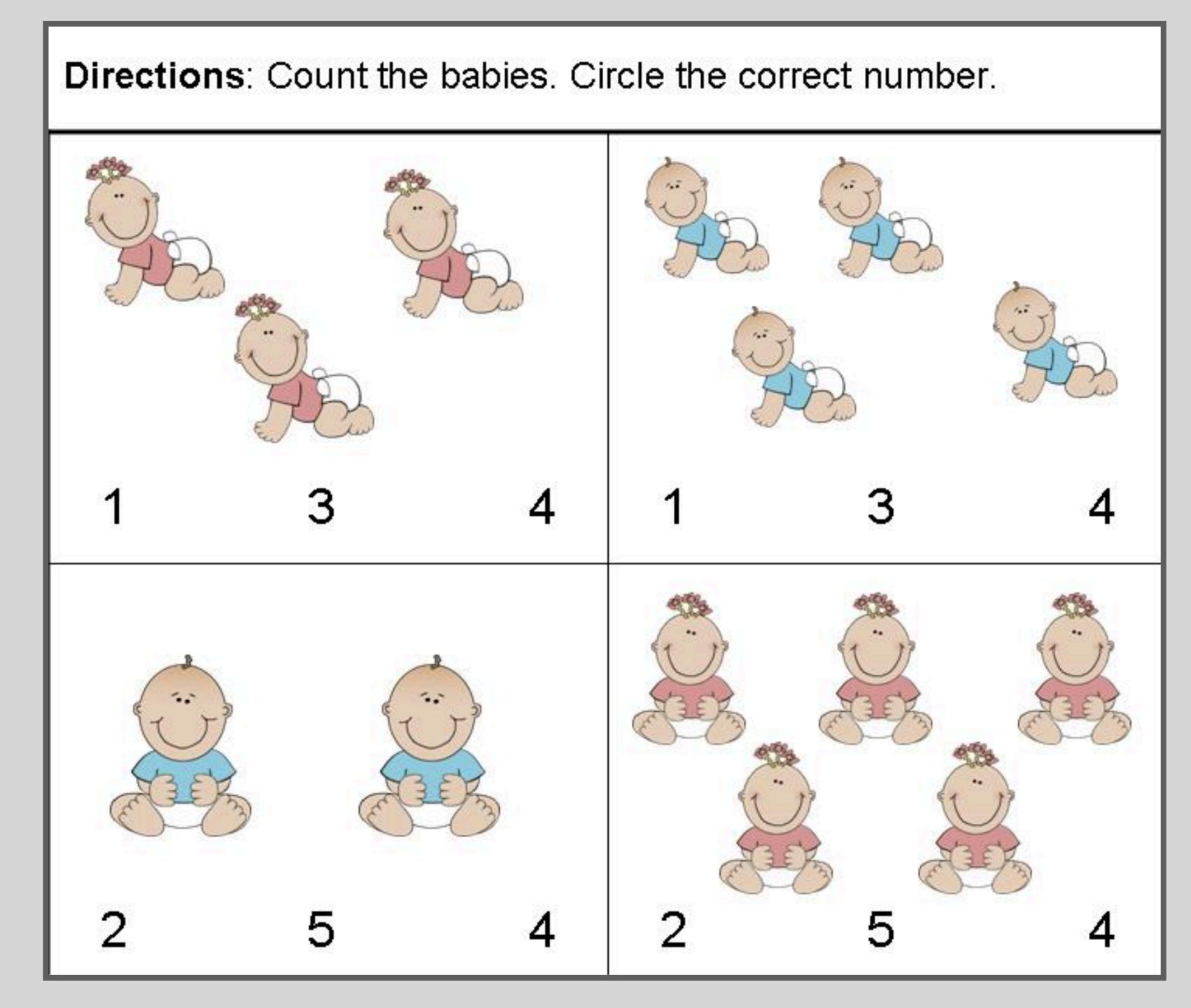


People in the modern world fail to maximize fitness in innumerable ways, and there are innumerable differences between modern and natural environments

Symons, 1986

"Counting babies"

Crawford 2000



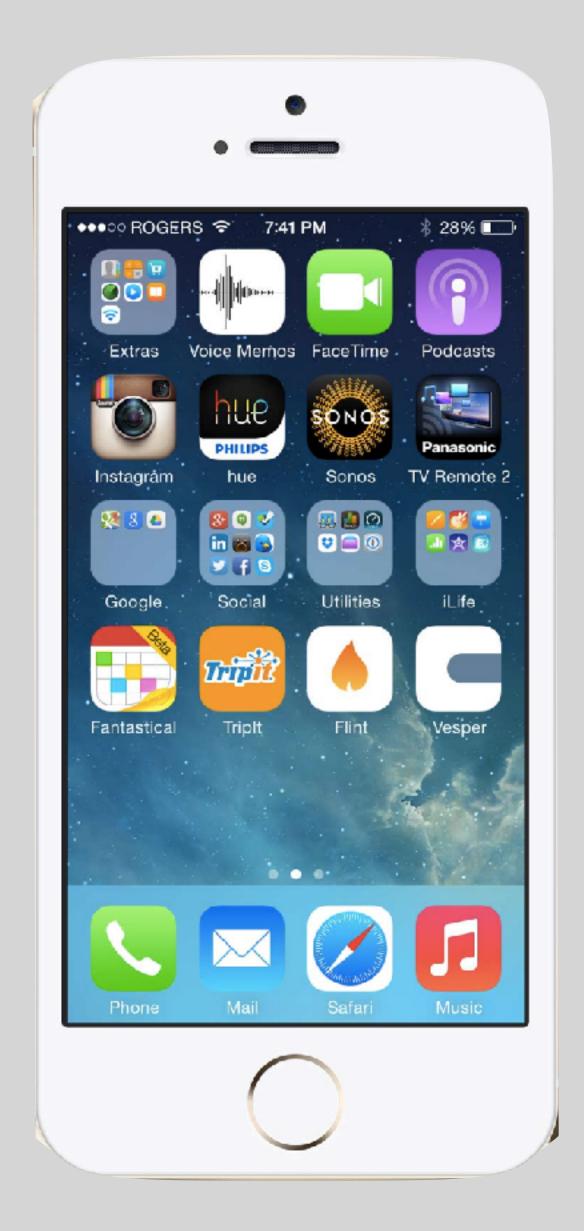
... a surprising lapse in many excellent evolutionary researchers' thought...

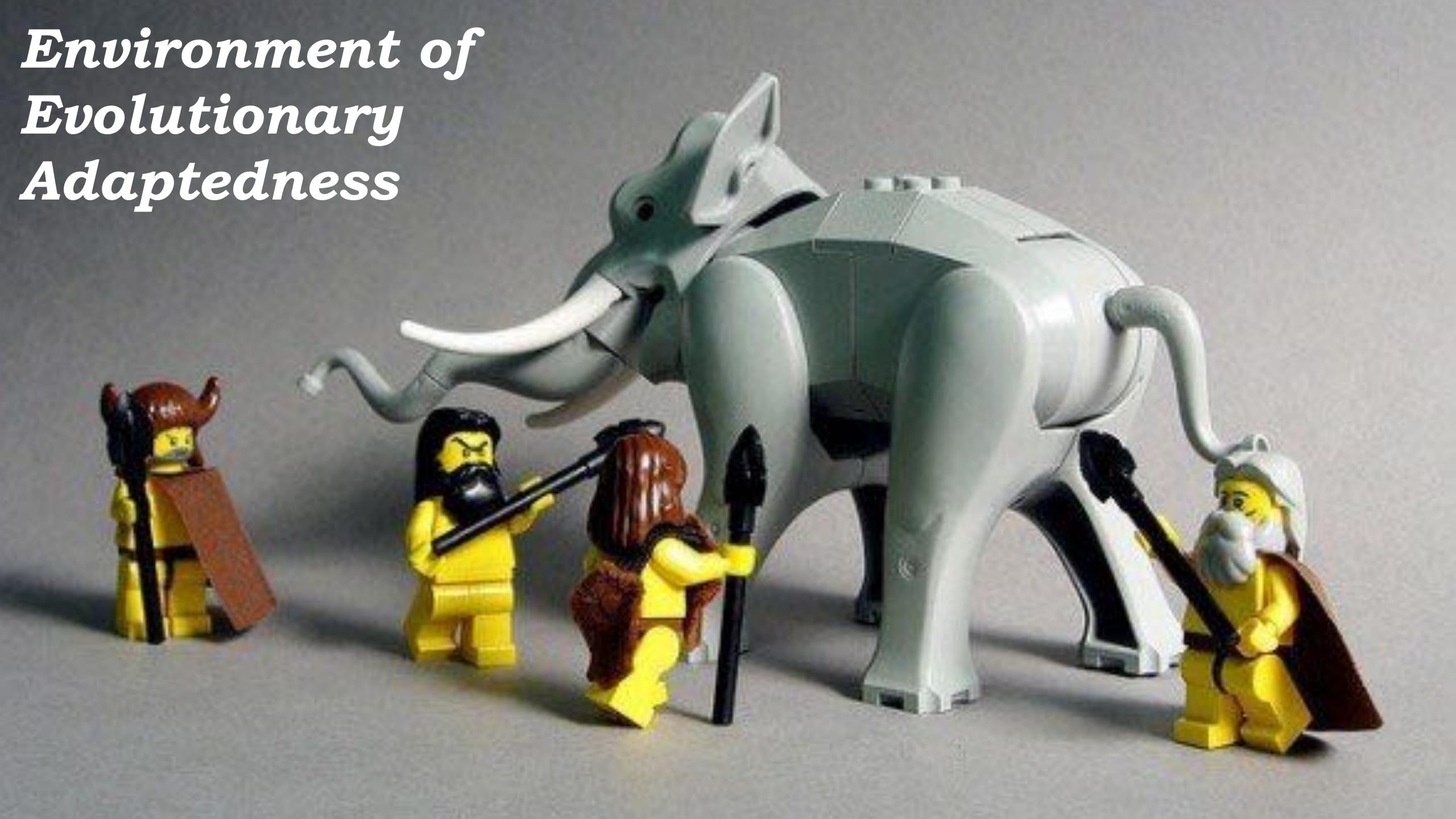
Cosmides & Tooby, 1997

The study of adaptiveness merely draws metaphorical inspiration from Darwinism, whereas the study of adaptation is Darwinian

Tooby, quoted in Symons, 1990

The brain is an organ evolved to solve adaptive recurring problems



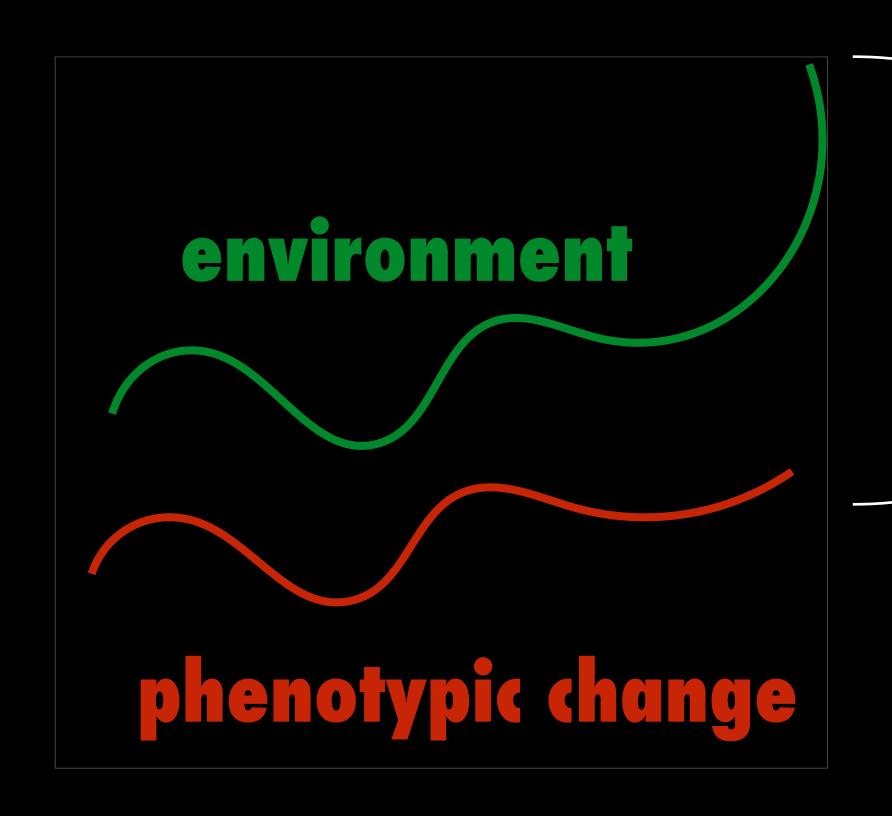


reflects completed rather than ongoing selection

Our modern skull houses a stone-age mind

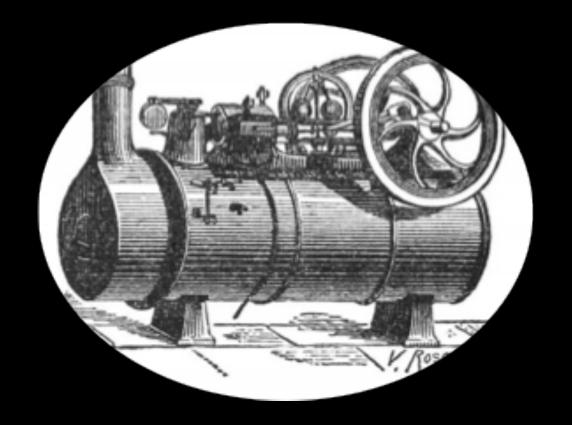




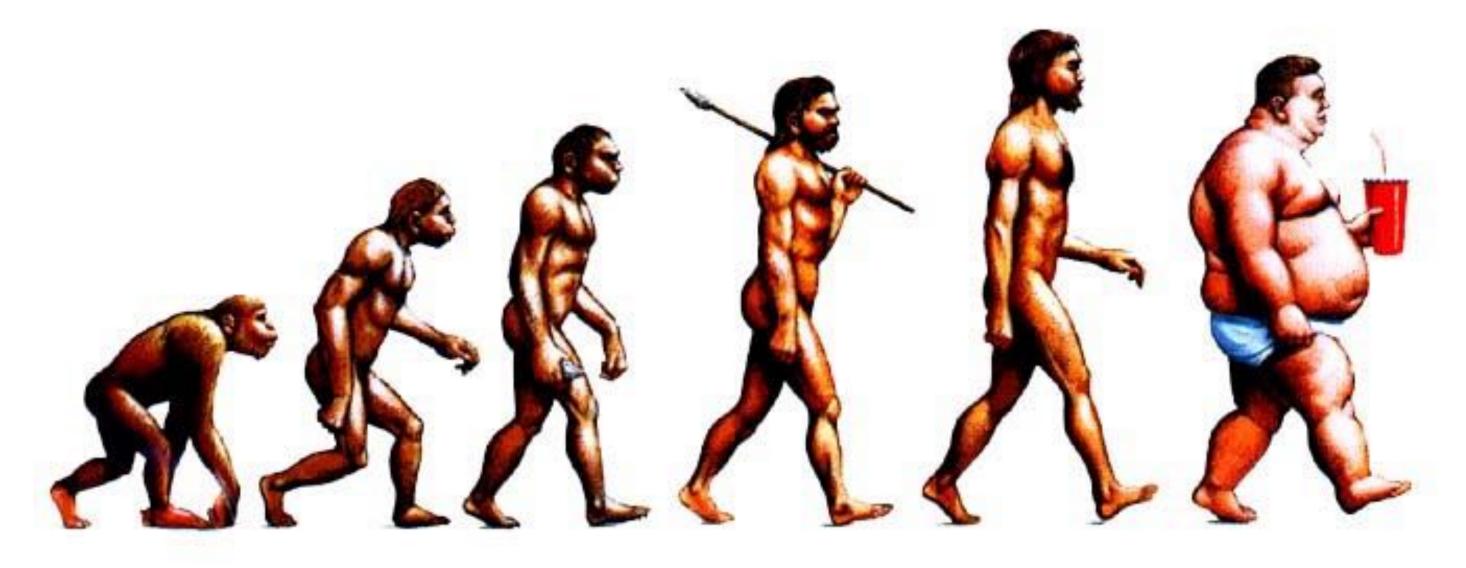


- MISMATCH



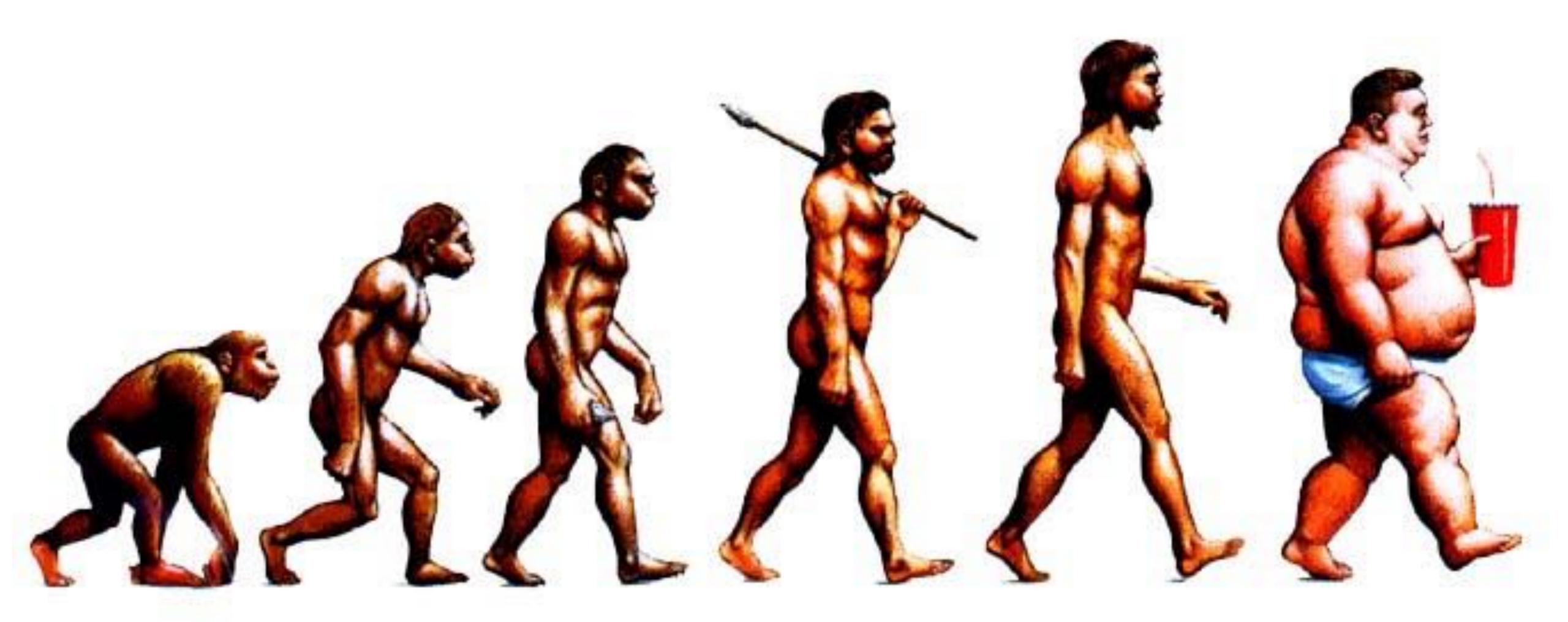


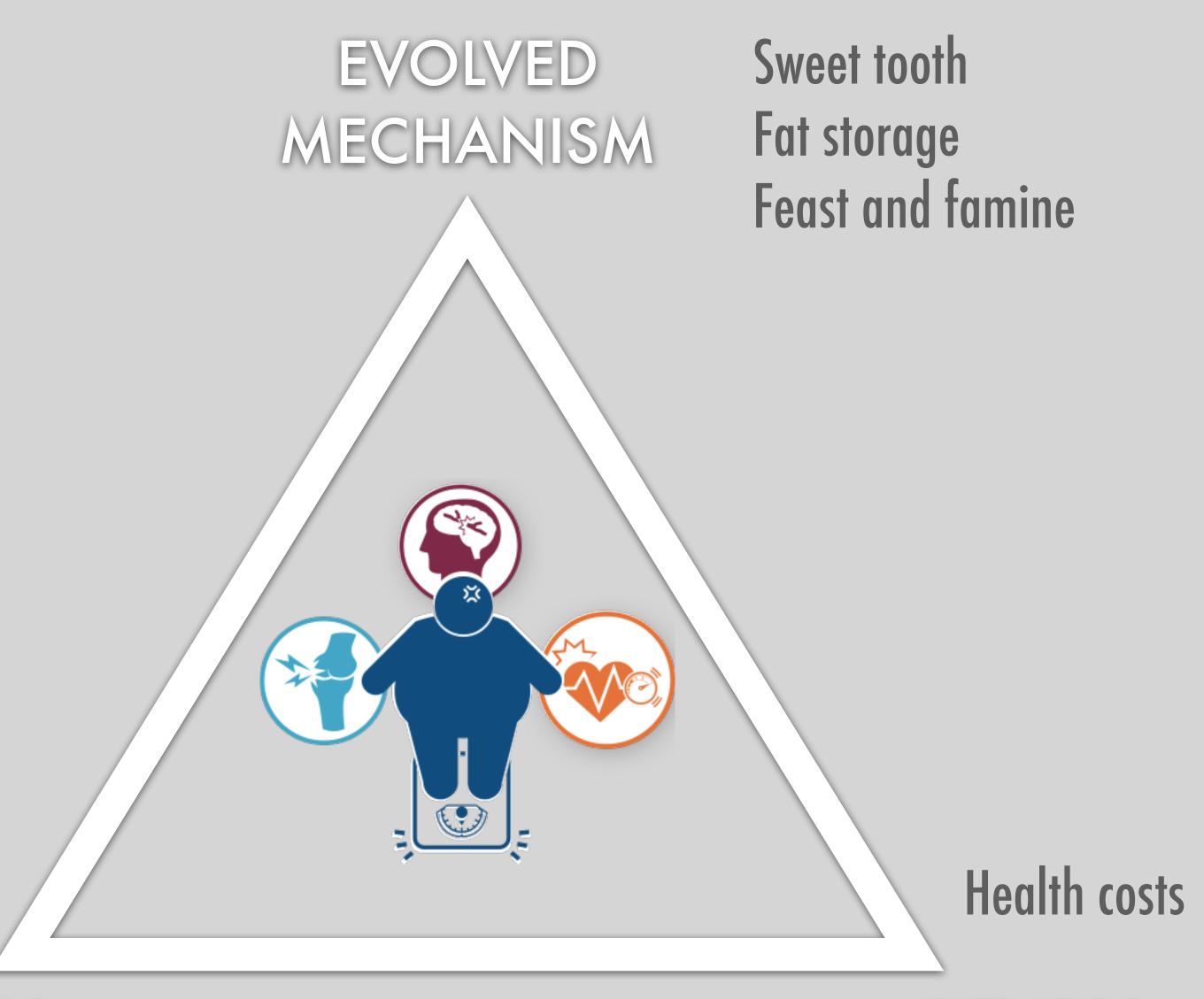






Obesity



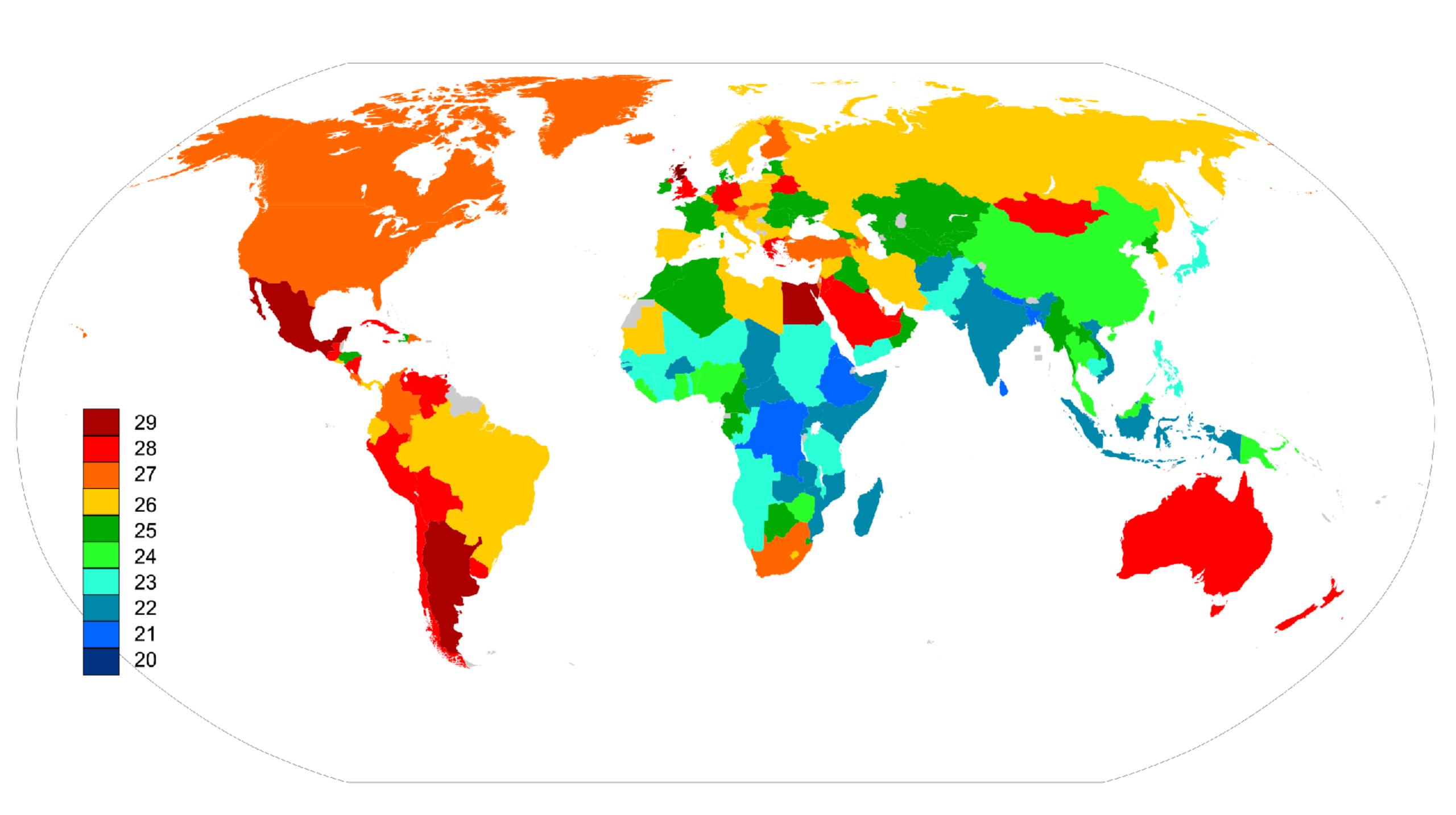


More sweet, high calorie food

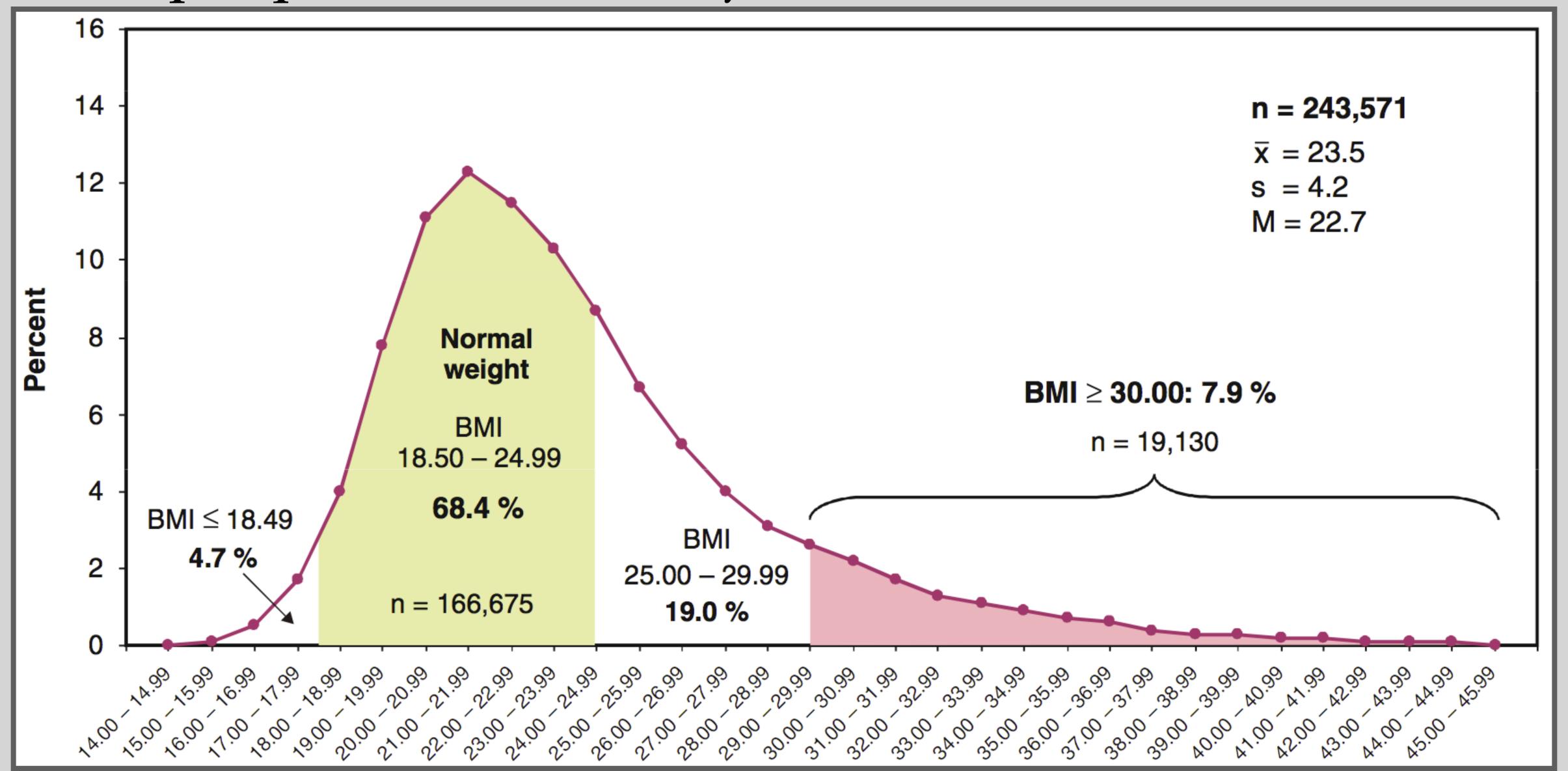
CUES FROM
ENVIROMENT

FITNESS (COSTS)

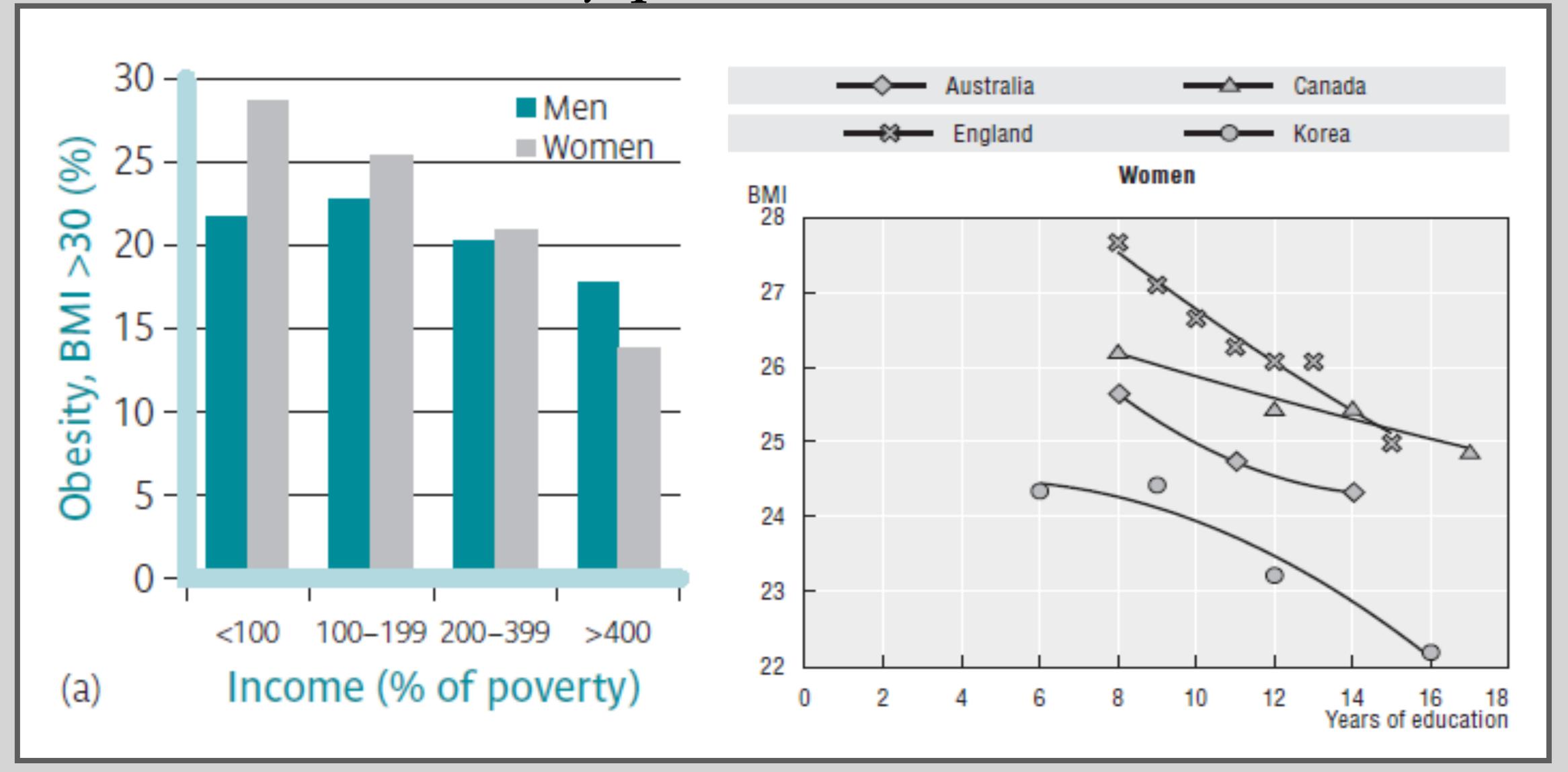




most people have 'healthy' BMI



BMI constrained by possibilities





Childhood obesity today seems to be largely confined to those whose same-sex parents are obese, and the link does not seem to be genetic

Perez-Pastor, 2009

Evolutionary Relevant Health Problems?

Barry I. Graubard, PhD

Association of All-Cause Mortality
With Overweight and Obesity
Using Standard Body Mass Index Categories

A Systematic Review and Meta-analysis

Katherine M. Flegal, PhD

Brian K. Kit, MD

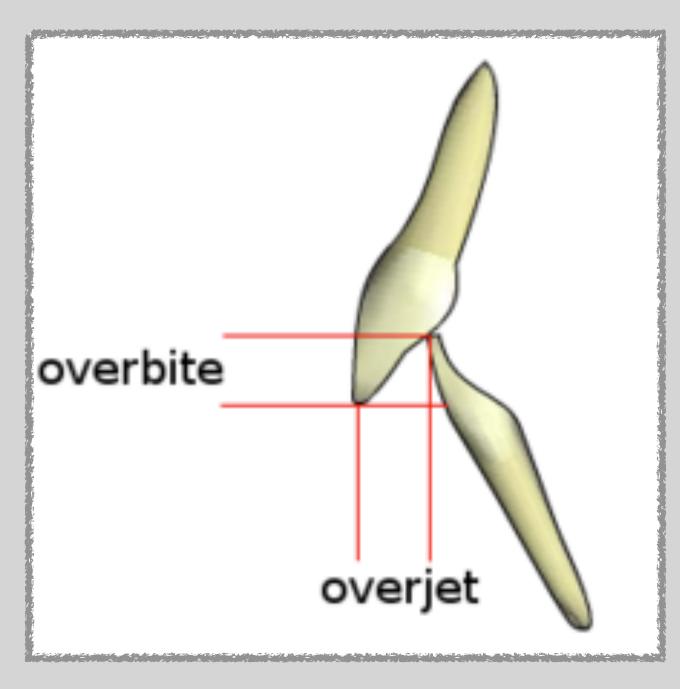
Heather Orpana, PhD

To the land PhD

To the la

Grade 1 obesity [BMI: 30-35] overall was not associated with higher mortality, and overweight [BMI: 25-30] was associated with significantly lower all-cause mortality.

Mismatch?





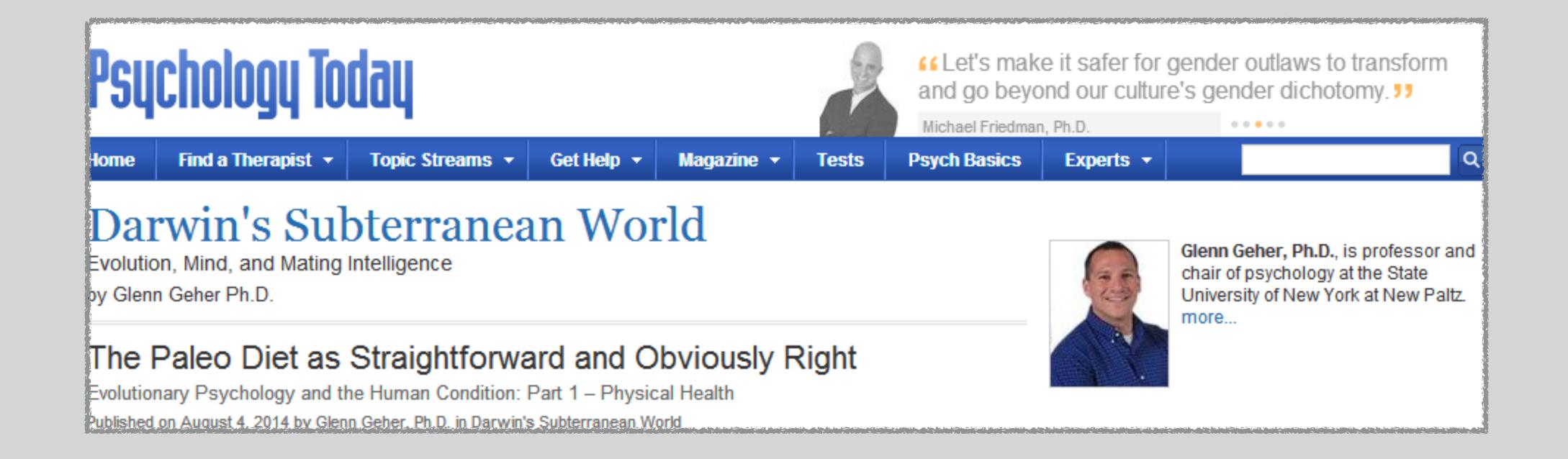
MISMATCH

The brain/body contains evolved mechanisms that potentially work maladaptively in the modern world

BUT:

1. Evolutionary costs rarely quantified

#GoPaleo

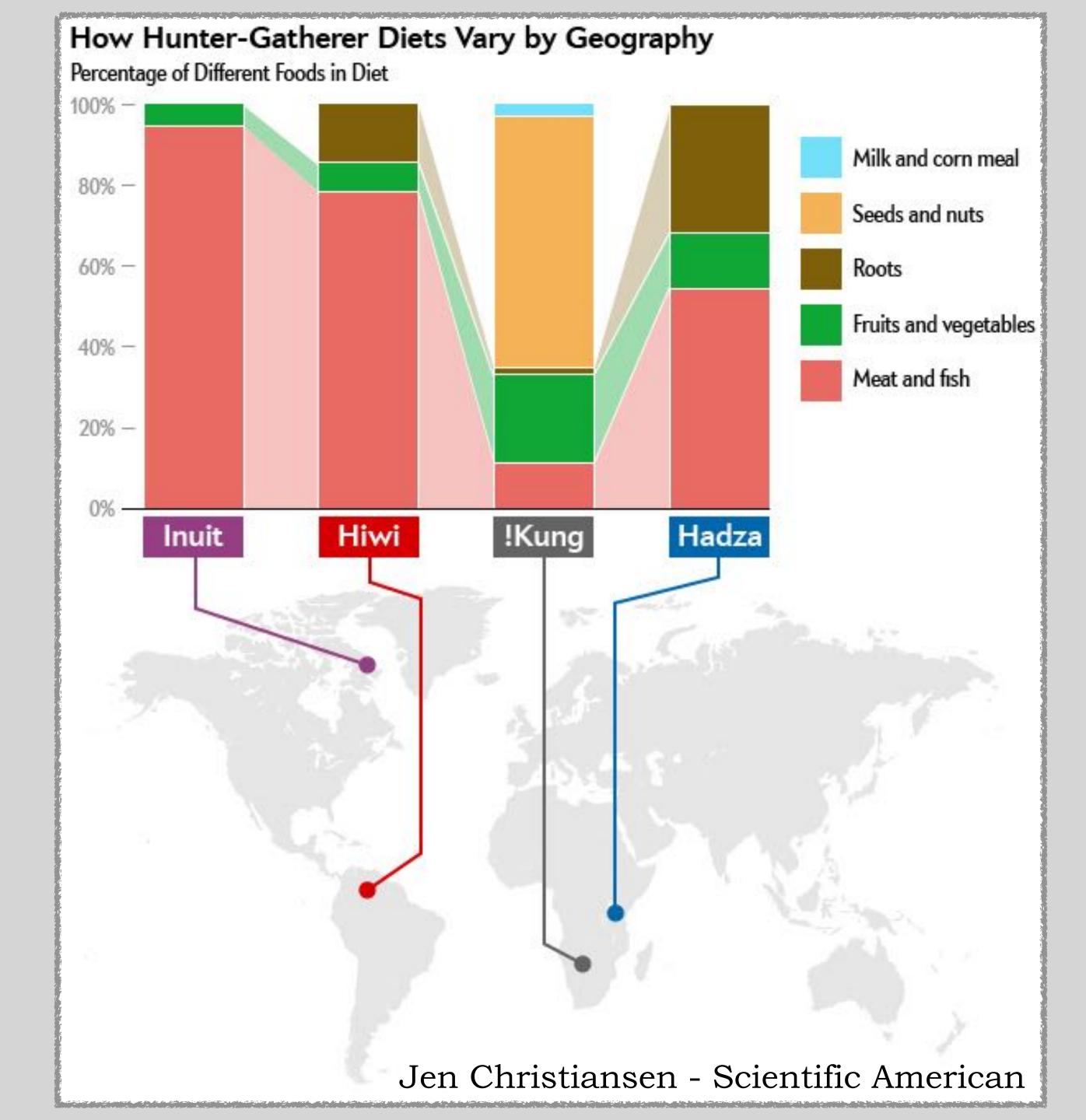


[If Americans] all ate Paleo diets and did CrossFit, mental and physical health would soar

#GoPaleo

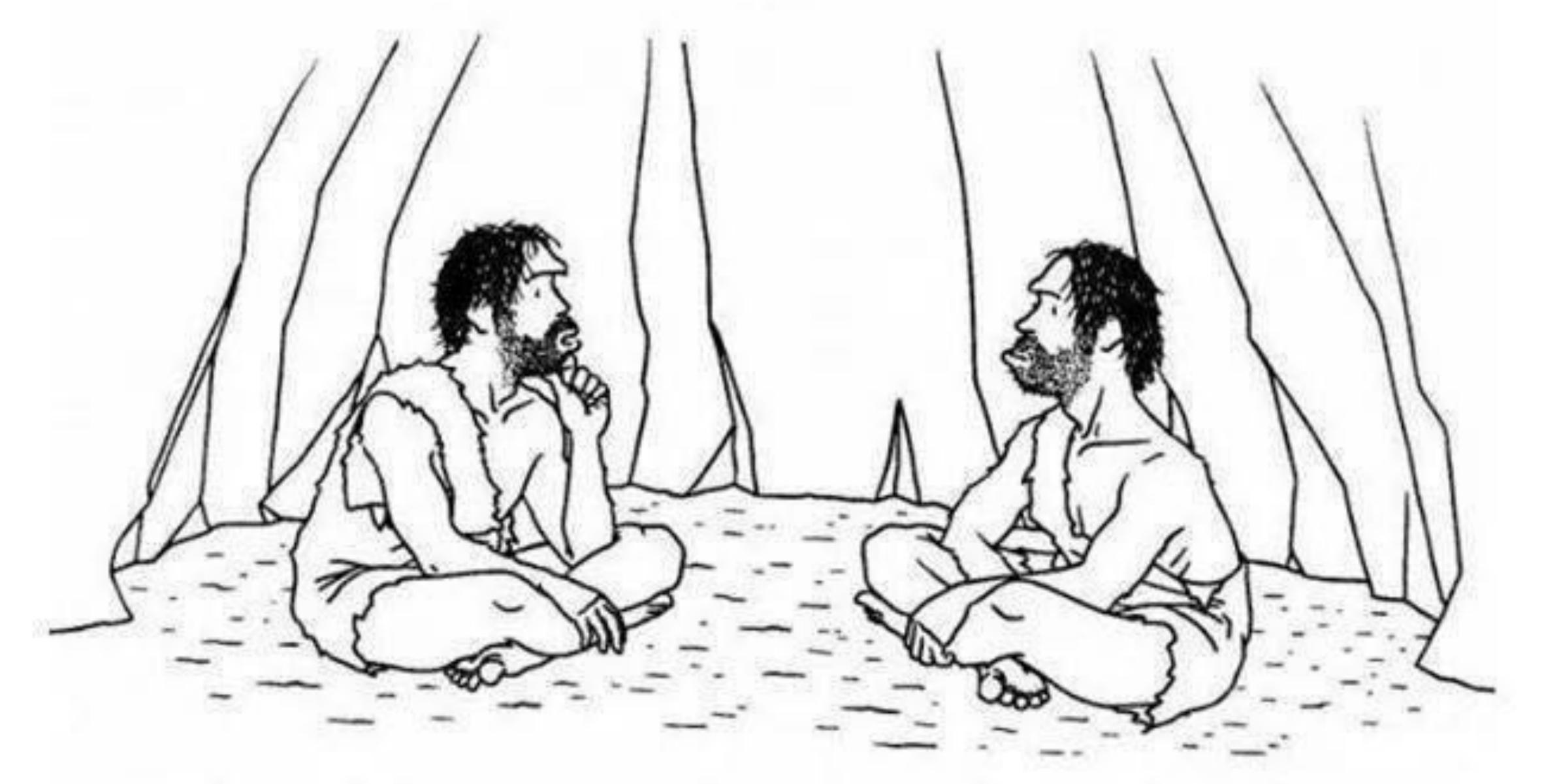


#GoPaleo??





FAST AND



"I'm thinking of converting to the 20th Century Diet.

I heard they can live up to 100".



Going global by adapting local: A

Skin pigmentation

High altitude

review of recent human adaptation Shaohua Fan, ** Matthew E. B. Hansen, ** Yancy Lo, *1,2* Sarah A. Tishkoff*, ** SLC24A5 FADS loci EGLN1 LRP5 THADA SLC45A2 TYR PRKG1 > MC1R Polygenic VAV3 ARNT2 THRB EGLN1 APOL1 CISH мсм6 DOCK3 STAT5 CREBRF HESX1 G6PD POU1F1 AS3MT **GYPA** GYPB GYPC Key Thick hair Starchy food High-fat diet Lactase persistence Height Arctic environment

Trypanosome resistance

Increased BMI

Toxic arsenic-rich environments

LETTERS

Transfer of carbohydrate-active enzymes from marine bacteria to Japanese gut microbiota

Jan-Hendrik Hehemann^{1,2}†, Gaëlle Correc^{1,2}, Tristan Barbeyron^{1,2}, William Helbert^{1,2}, Mirjam Czjzek^{1,2} & Gurvan Michel^{1,2}

Host-microbiome mutualism holds great relevance to the field of human evolution as it vastly propels the genetic landscape for adaptation well beyond somatic potential



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Pete Evans paleo for kids cookbook put on hold amid health concerns

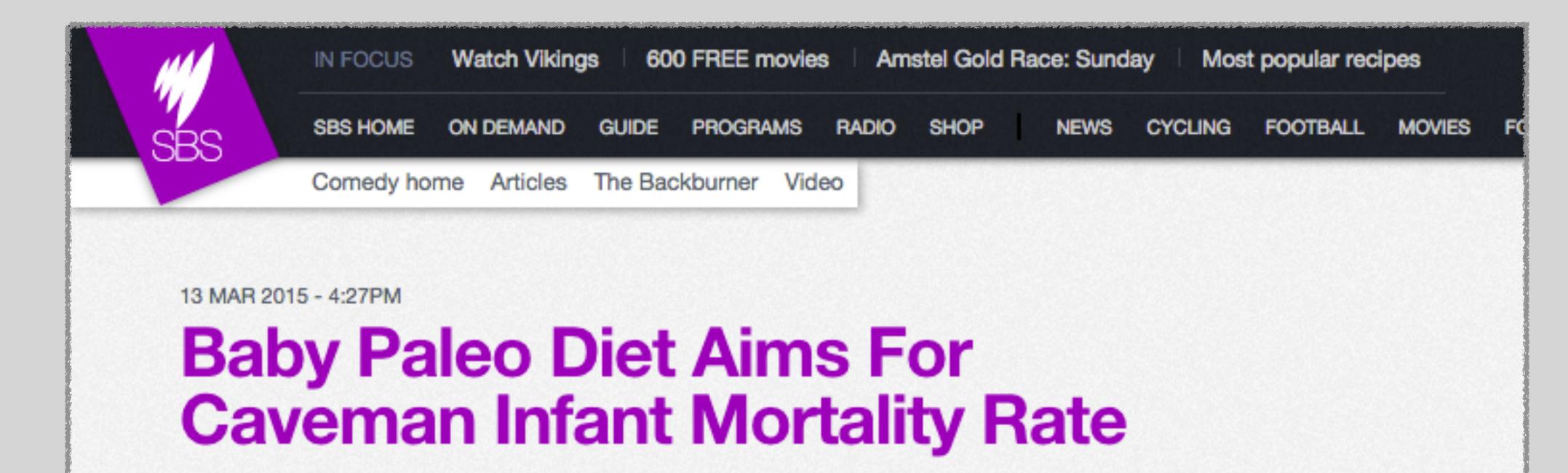
Public Health Association president says recipe in book co-authored by celebrity chef has 10 times safe daily intake of vitamin A for babies



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Pete Evans paleo for kids cookbook put on hold amid health concerns

Public Health Association president says recipe in book co-authored by celebrity chef has 10 times safe daily intake of vitamin A for babies



PALEOFANTASY

WHAT EVOLUTION REALLY TELLS US ABOUT SEX, DIET, and HOW WE LIVE

MARLENE ZUK















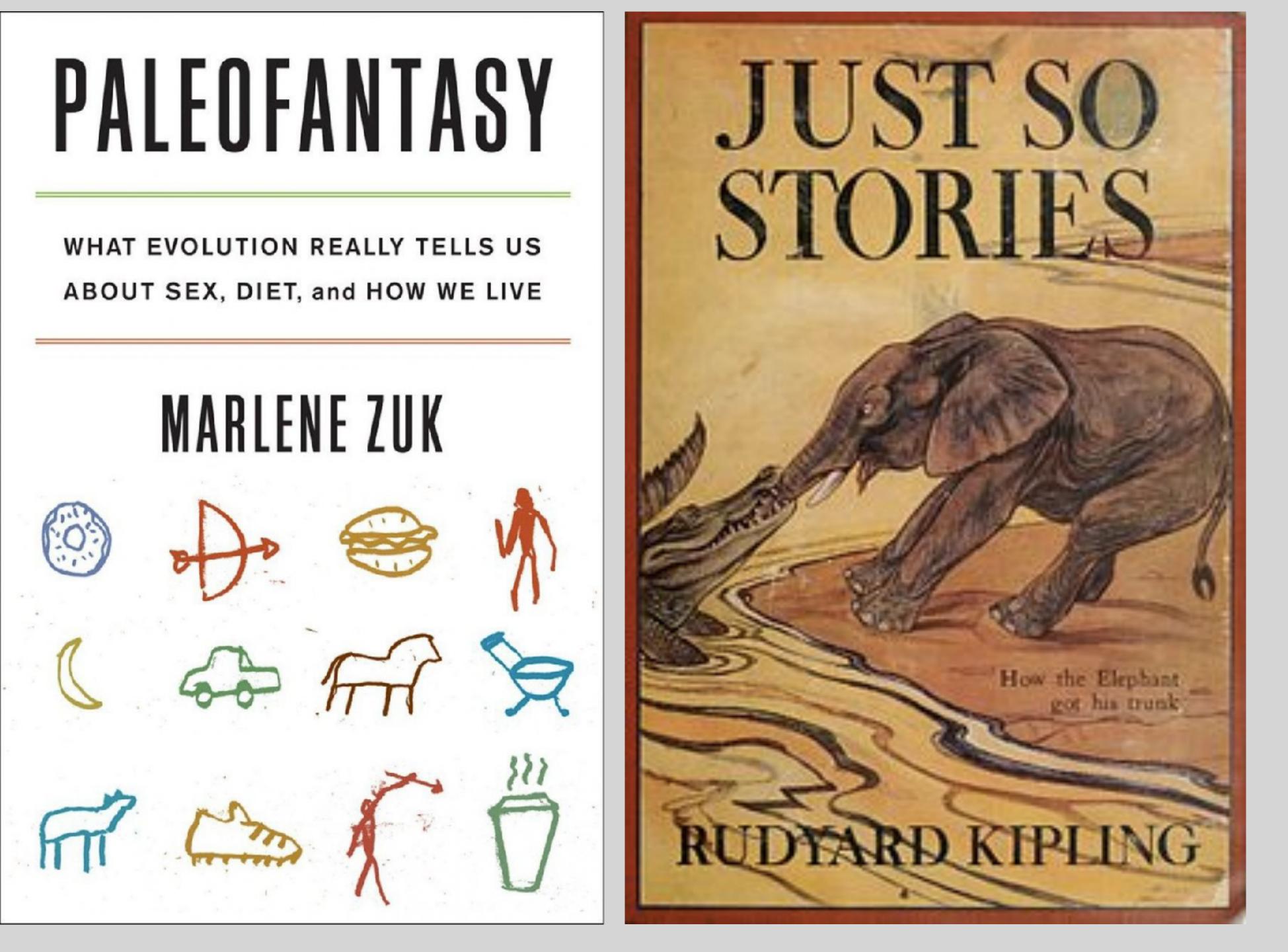












MISMATCH

The brain/body contains evolved mechanisms that potentially work maladaptively in the modern world

BUT:

- 1. Evolutionary costs rarely quantified
- 2. The evolutionary optimal situation is unknown and can lead to speculation ("paleofantasy")

RONALD GIPHART MARK VAN VUGT



HOE WE DAGELIJKS WORDEN MISLEID DOOR ONS OEROUDE BREIN

the same of the sa



Mark Van Vugt @markvanvugt1 · 15 aug.

Natuurlijk gedrag uit de oertijd geeft #mismatch - Uw Hersenen



Natuurlijk gedrag uit de oertijd geeft mismatch - U...

Ons brein is niet opgewassen tegen de moderne maatschappij. Dat komt omdat wij voor een belangrijk deel nog net zo geprogrammeerd zijn als onze prehisto...

uwhersenen.nl



£7



...





Mark Van Vugt @markvanvugt1





Is #eu mismatch? Pleased that we are talking to publisher @littlebrown about the book rights of #Mismatch @ronaldgiphart @uitg_podium

Vertaling bekijken

RETWEETS

VIND-IK-LEUKS







03:59 - 25 jun. 2016









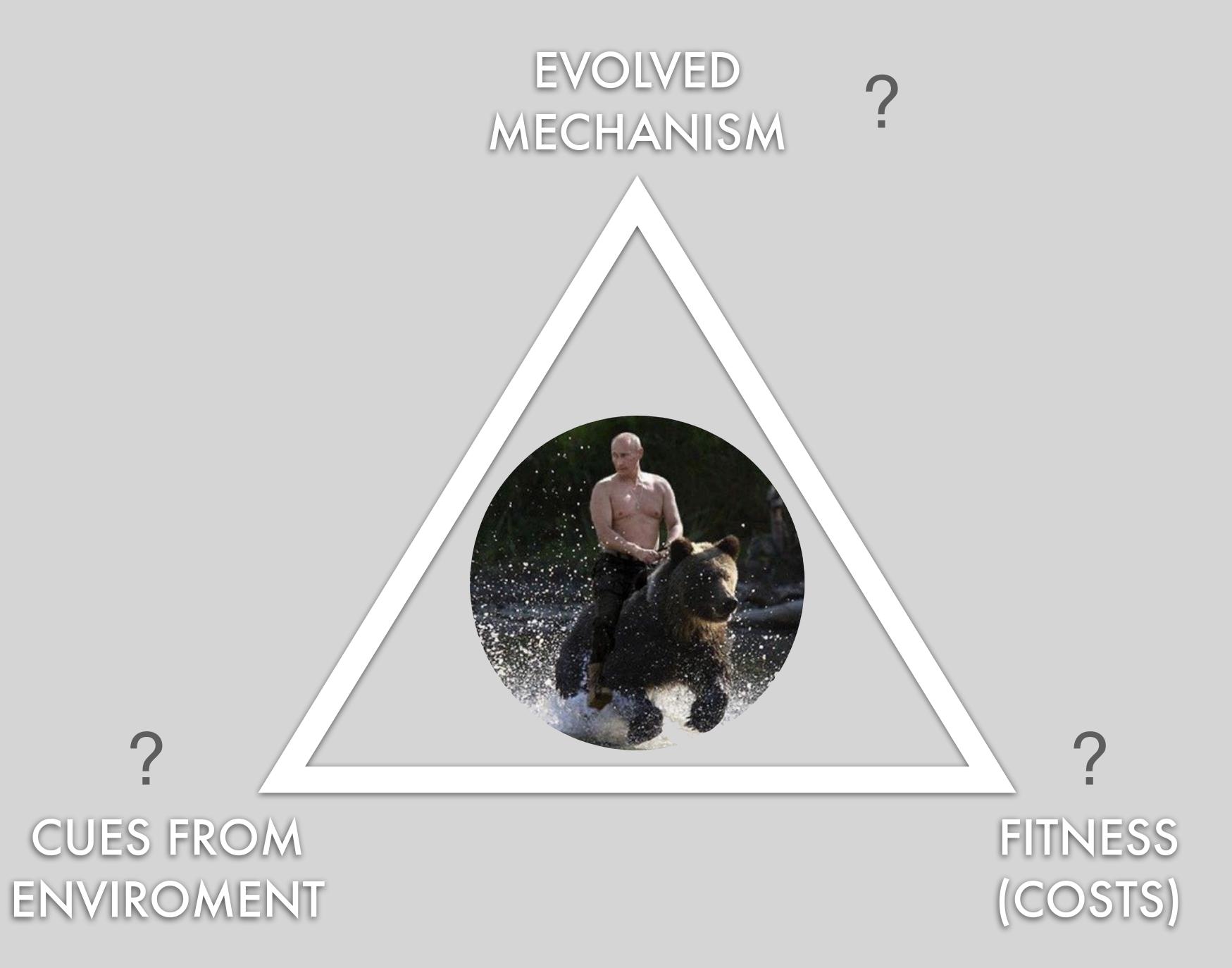




MISMATCH



our evolved followership mechanisms often [...] use cues reliably associated with good leadership in ancestral times. [...] the selection of leaders on these bases has been predicted to result in suboptimal outcomes for modern organizations



MISMATCH

The brain/body contains evolved mechanisms that potentially work maladaptively in the modern world

BUT:

- 1. Evolutionary costs rarely quantified
- 2. The evolutionary optimal situation is unknown and can lead to speculation ("paleofantasy")
- 3. A mismatch is much harder to establish for psychological traits

reflects completed rather than ongoing selection

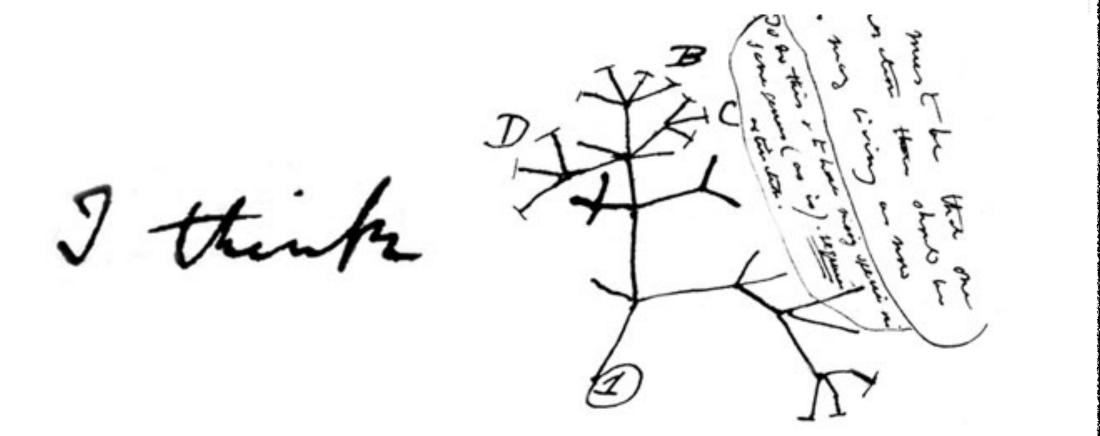
Tooby & Cosmides 1990

Sir David Attenborough: Humans have stopped evolving

Human beings have stopped evolving after becoming the only species to "put halt to natural selection of its own free will", Sir David Attenborough has said, as he predicts the "cultural evolution" of the future.



Sir David Attenborough at home in Richmond Photo: EDDIE MULHOLLAND



Sir David Attenborough: Humans have stopped evolving

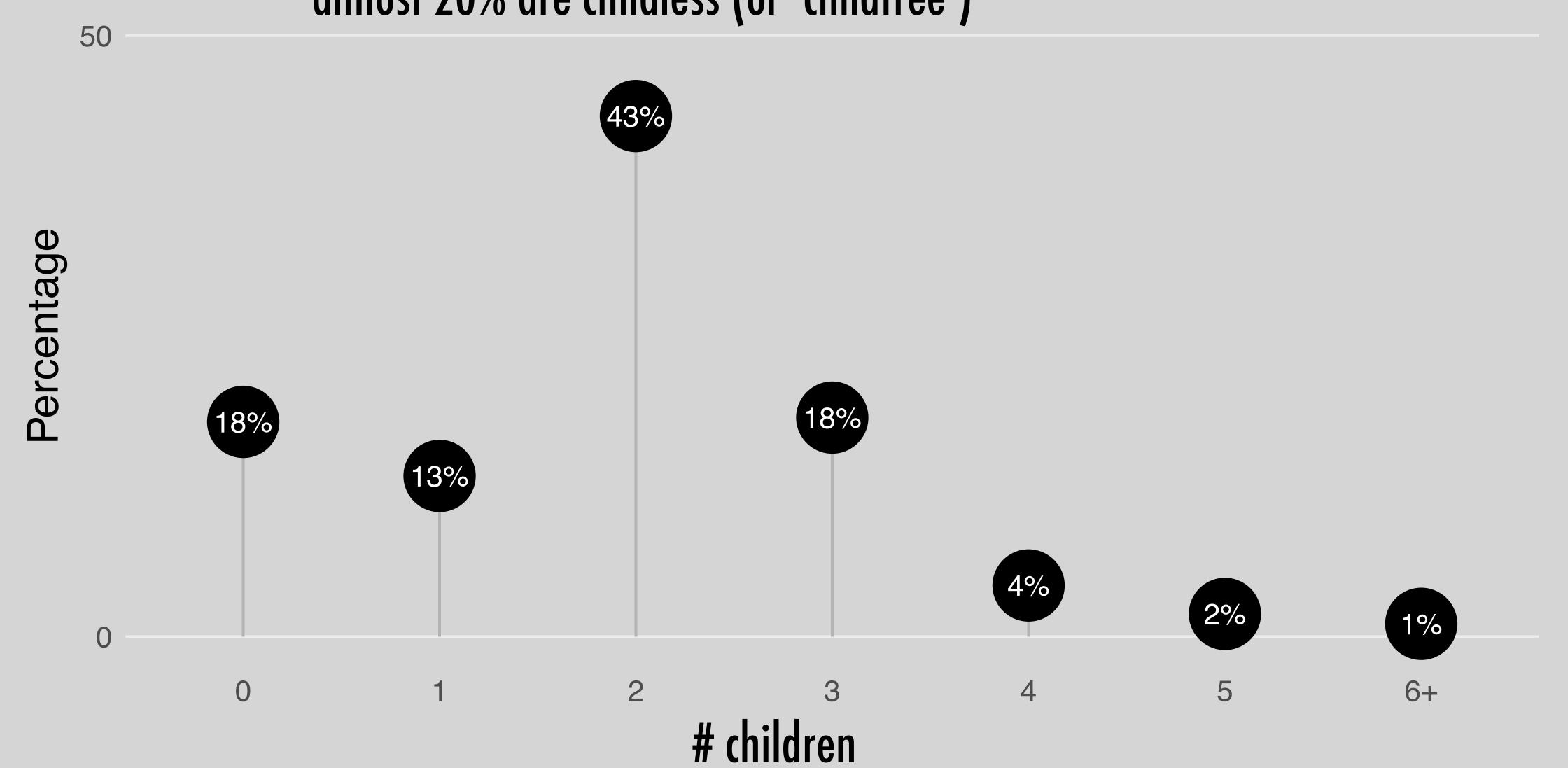
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Sir David Attenborough at home in Richmond Photo: EDDIE MULHOLLAND

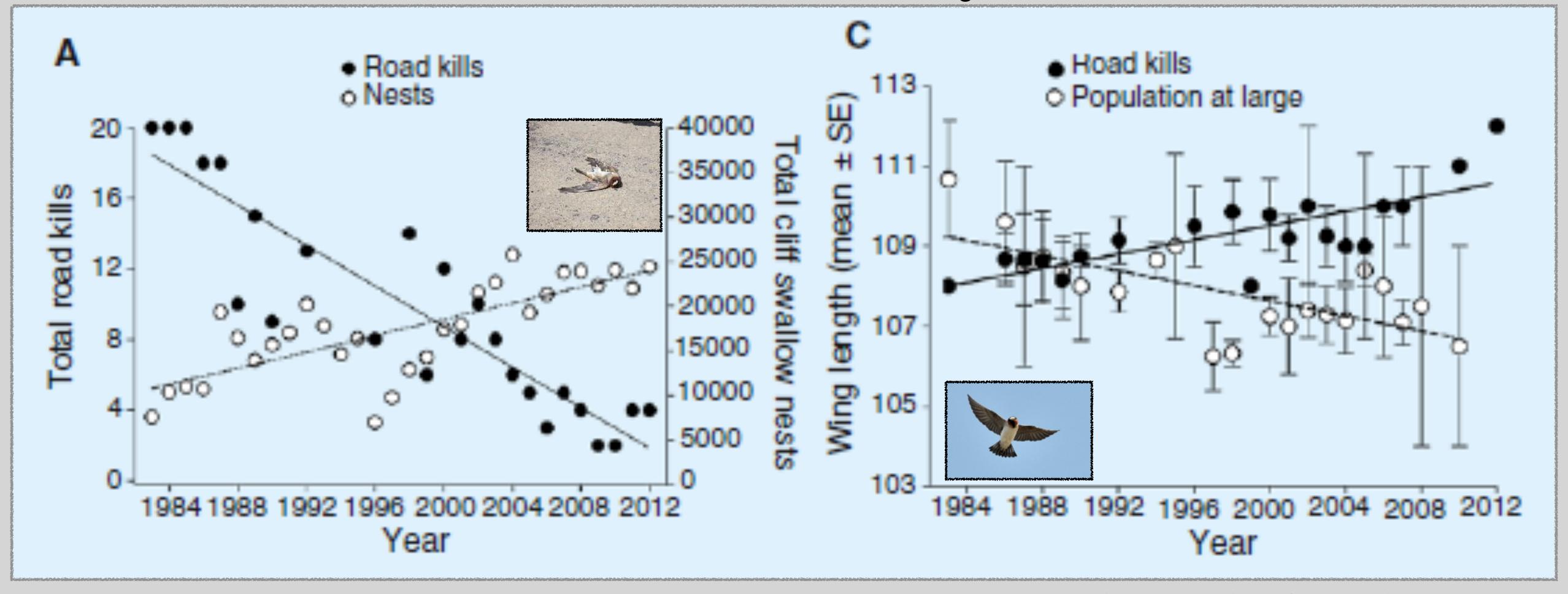
I think not





Slow selection?

Where did all the "roadkill" go?



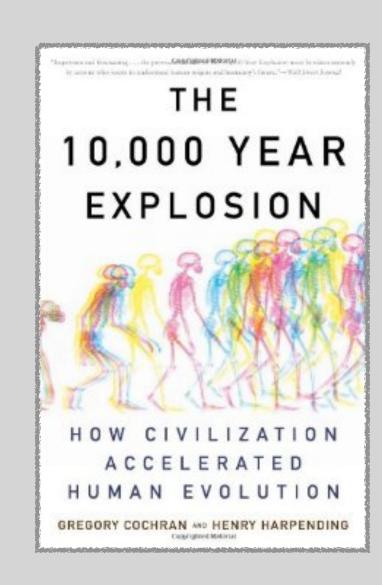
Recent acceleration of human adaptive evolution

John Hawks*[†], Eric T. Wang[‡], Gregory M. Cochran[§], Henry C. Harpending^{†§}, and Robert K. Moyzis^{†¶}

*Department of Anthropology, University of Wisconsin, Madison, WI 53706; [‡]Department of Algorithm Development and Data Analysis, Affymetrix, Inc., Santa Clara, CA 95051; [§]Department of Anthropology, University of Utah, Salt Lake City, UT 84112; and [¶]Department of Biological Chemistry and Institute of Genomics and Bioinformatics, University of California, Irvine, CA 92697

Contributed by Henry C. Harpending, August 13, 2007 (sent for review May 24, 2007)

Genomic surveys in humans identify a large amount of recent positive selection. Using the 3.9-million HapMap SNP dataset, we found that selection has accelerated greatly during the last 40,000 years. We tested the null hypothesis that the observed age distriHuman genetic variation appears consistent with a recent acceleration of positive selection. A new advantageous mutation that escapes genetic drift will rapidly increase in frequency, more quickly than recombination can shuffle it with other genetic variants (11).



Natural selection in a contemporary human population

Sean G. Byars^a, Douglas Ewbank^b, Didd

^aDepartment of Ecology and Evolutionary Biology, Philadelphia, PA 19104-6299; and ^cDepartment of

Edited by Peter T. Ellison, Harvard University, Caml

Our aims were to demonstrate that natural on contemporary humans, predict future every

Evidence of directional and stabilizing selection in contemporary humans

Jaleal S. Sanjak^{a,b}, Julia Sidorenko^{c,q}

^aDepartment of Ecology and Evolutionary Bio of California, Irvine, CA 92697; ^cQueensland B Biosciences, The University of Queensland, Bri 1010, Switzerland

Edited by Aravinda Chakravarti, Johns Hopkin 2017)



RESEARCH ARTICLE

Human Fertility, Molecular Genetics, and Natural Selection in Modern Societies

Felix C. Tropf¹*, Gert Stulp², Nicola Barban³, Peter M. Visscher^{4,5}, Jian Yang^{4,5}, Harold Snieder⁶, Melinda C. Mills³

Slow selection?

Recent acceleration of h

John Hawks*[†], Eric T. Wang[‡], Gregory M. Cochran[§], H

*Department of Anthropology, University of Wisconsin, Madison, WI Santa Clara, CA 95051; §Department of Anthropology, University of U of Genomics and Bioinformatics, University of California, Irvine, CA 92

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^aDepartment of Ecology ar of California, Irvine, CA 920 Biosciences, The University 1010, Switzerland

Edited by Aravinda Chakra



Menno Schilthuizen • 4 januari 2024

THE 10,000 YEAR EXPLOSION ACCELERATED HUMAN EVOLUTION GREGORY COCHRAN 440 HENRY HARPENDING

Molecular Genetics, and gaat sneller dan ooit n in Modern Societies

ola Barban³, Peter M. Visscher^{4,5}, Jian Yang^{4,5},

EVOLUTIONARY PSYCHOLOGISTS

Cognitive psychologists with interest in humans

CENTRAL THESIS
the brain is adapted to
environments that no longer
exist, and 'mismatched' to
the modern world

WAY OF WORKING experiments on perceptions and preferences

- mismatch is an important idea, particularly for humans
- (x) speculation rife (paleofantasy)
- there is no such thing as "completed selection"

you are the result of 3.8 billion years of evolutionary success.

act like it.